THE Sun

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Truly Bradley deeply

COOPER 'WEDS GIGI'

FULL STORY: SEE PAGE 3

BURNHAM 'BETRAYAL' FURY

Cops vow legal fight to block early release of PC Harper's killers

Devoted . . . tragic cop Andrew and bride Lissie

SEE YOU IN COURT, PM

FULL STORY: SEE PAGES 4 & 5

By RYAN SABEY and PAUL SIMS

PM Andy Burnham faces being taken to court by furious cops for failing to halt the early release of two of hero PC Andrew Harper's killers.

A Police Federation chief revealed they are poised to take legal action unless Mr Burnham, *left*, reverses the decision.

Thames Valley chair Aileen O'Connor called the ruling "an insult to Andrew's family, friends and colleagues".

PC Harper's family are understood to be backing the move. A petition to stop his killers being let out passed 120,000 verified signatures last night.

TORY 'COMMON SENSE' PLEDGE

ANTI-WOKE PLAN TO FREE UP POLICE

Badenoch . . . yesterday

By TOM SCOTSON
Political Correspondent

MILLIONS of police hours will be saved by scrapping woke liaison officers, Tory plans say.

They include using AI and scaling back equality, diversity and inclusion (EDI) roles to free up 3,800 bobbies on the beat.

Kemi Badenoch's party will remove all woke jobs from the police force and reallocate those workers to the front line, which alone will save 500,000 hours of police time per year.

Taxpayers are continuing to foot the bill for hundreds of EDI officers across the service.

Race action plans to smooth relations with ethnic minority communities will also be slashed and stripped of cash.

And cops who want to form identity groups on their race or gender are free to do so in their own time, but must foot the bill themselves. Mrs Badenoch said her "common sense" proposals meant more police officers could be on the streets fighting crime.

She said: "We have spoken to officers and developed a plan that will mean less time spent on paperwork and more spent on keeping people safe."

The Tories are keen on cutting out the need for cops to fill out the lengthy forms demanded by Government lawyers after every single case.

Officers spend 23 minutes doing paperwork every time they get handcuffs out.

Scrapping this will cut 425,000 forms and save 163,000 hours of police time a year.

New plans would only make police officers fill out paperwork when force is used.

Tory Shadow Home Secretary Chris Philp said: "The more time officers spend filling out forms and box ticking is time they are not on the streets or solving crimes."

tom.scotson@thesun.co.uk

'Millions of hours saved'

Greens' diversity cop call

By TOM SCOTSON

GREENS boss Zack Polanski has been accused of virtue signalling over plans for extra equality and diversity lessons for cops.

He wants taxpayers' cash spent on educating police on LGBTQ, refugees and minorities, a Green Party document reveals.

The Greens also want to implement the full Stephen Lawrence inquiry recommendations, including anti-racism training for cops and greater transparency over stop and search.

The report accused Britain's police forces of being institutionally racist.

Shadow Home Secretary Chris Philp said Greens "never tire of finding ways to waste taxpayers' money on virtue signalling".

TRUMP-JIBE MILI HITS DC

By TOM SCOTSON

ED Miliband is in Washington DC to meet senior Republicans today despite once calling US President Donald Trump "racist" and "misogynistic".

The Foreign Secretary, *right*, met his counterpart Marco Rubio in the US capital for crunch talks on the wars in Ukraine and Iran.

In 2017 Mr Miliband accused Mr Trump of lowering "the bar for idiocy".

In 2016 he argued the US leader was a "racist, misogynistic, self-confessed groper".

Shadow Foreign Secretary Dame Priti Patel said Miliband had done "enormous damage" to Britain's relationship with the US and the visit was "hardly likely to improve things".

Reform's Danny Kruger said Mr Miliband "was unlikely to make friends across the pond".

The Sun Says — Page 10

BP: PM MUST OK DRILLING

By RYAN SABEY

THE boss of BP has urged Andy Burnham to ramp up North Sea oil and gas drilling and think twice about tax hikes on the sector.

The PM is facing pressure to further exploit domestic energy supplies after the industry hit out at their windfall tax.

BP's latest quarterly profits soared to £4.26billion, its highest since the start of the Ukraine war in 2022, as prices rose due to the Middle East conflict.

The energy giant's chief Meg O'Neill, *below*, last week announced it was selling its North Sea operations after 60 years.

She said: "We still see growth potential. We would love to see exploration in the North Sea."

US President Donald Trump said the UK was "sitting on top of gold" but "don't do anything with it".

TRACKS OF WIND

By ED SOUTHGATE

A "FREAK" dust devil throws tables and chairs into the air after ripping across an athletics track during a kids' competition.

The small whirlwind lasted for 90 seconds on an otherwise calm, sunny day at Central Park Athletics Club in Dartford, Kent.

Bounce goes flat

THE "Burnham bounce" has officially flatlined as Labour trails Nigel Farage's party by one point in the latest YouGov opinion polling.

It has Reform UK on 23 per cent, Labour on 22 per cent and the Tories third on 19 per cent.

Andy Burnham is struggling to convince the public to back his party.

But the Prime Minister remains the most popular leader, while Mr Farage's approval ratings continue to nosedive as he fights the Clacton by-election.

Ex-Nazi's Tory 'yes'

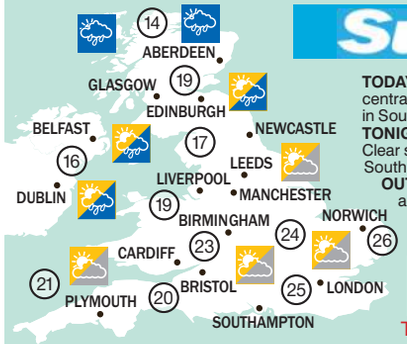
KEMI Badenoch backed her party's decision to select a former neo-Nazi to stand as a councillor.

Joshua Bonehill-Paine, 34, spent three years in jail for posting antisemitic hate, and was convicted of racially harassing ex-MP Luciana Berger.

The Tory candidate for the new Somerset council rejects his past extremism and now campaigns against antisemitism.

Ms Badenoch said he showed "contrition" and she believes in giving people a second chance.

Sun WEATHER



TODAY: Rain in North-West England, mostly cloudy in central regions. Sunny intervals in West Midlands, dry in Southern England.

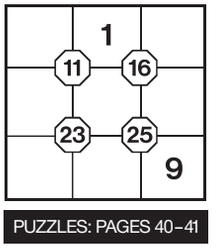
TONIGHT: Cloudy with rain in North-West England. Clear skies in London and South-East. Partly cloudy in South-West and East Midlands.

OUTLOOK: Thursday sees mostly cloudy skies across England with warm temperatures. Friday turns sunnier, particularly in the South.

THU	FRI	SAT	SUN
23°	24°	26°	27°

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.



PUZZLES: PAGES 40–41

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TODAY'S BIRTHDAYS

ACTORS **MARK STRONG**, **63**, *left*, **ANTONY COTTON**, **51**, and **KARA TOINTON**, **43**, *right*, singer **YUNGBLUD**, **29**, ex-Chelsea player **WAYNE BRIDGE**, **46**, film director **JAMES GUNN**, **60**, and telly's **LOUIS WALSH**, **74**.

●**Tuesday EuroMillions: 25, 30, 34, 46, 50. Lucky Stars: 1, 12. Health Lottery: 13, 25, 26, 43, 47. Bonus ball: 18.**

STARS IN 'SECRET SERVICE'

Romantic stroll . . couple wear wedding bands in Paris

Hadid the wedding go, Brad?

A-LIST PAIR'S RINGS CLUE

EXCLUSIVE by ELLIE HENMAN

HOLLYWOOD star Bradley Cooper has married supermodel Gigi Hadid in a secret ceremony in New York, insiders claim.

The couple, who have been dating for three years, were photographed in Paris this week wearing matching gold bands on their ring fingers.

Insiders told The Sun it was believed Bradley, 51, and Gigi, 31, *left*, tied the knot last month.

A source said: "There was a dinner celebration with Bradley and Gigi in New York last week and there's a lot of talk that it was to do with a wedding.

"Now they have been seen out with wedding bands on, it seems like they quietly got married. They make a lovely couple."

Bradley is in Paris shooting the prequel to 2001 heist movie Ocean's Eleven, which also stars Margot Robbie. He and Gigi were seen with their wedding rings outside a gym in the French capital.

They were later photographed with the matching bands as they ate dinner at celebrity hotspot Loulou. The couple were last pictured together at Taylor Swift's Big Apple wedding on July 3.

Last year, Gigi spoke about her relationship with Oscar-nominated Bradley, and said: "Getting to the point where knowing what you want and deserve in a relationship is essential. And then to find someone that is in a place in their life where they know what they want and deserve.

"And you both do work separately to come together and be the best partner that you can be."

The pair regularly spend time together with their children – Bradley's daughter Lea De Seine with model Irina Shayk, and Gigi's daughter Khai, from her relationship with former One Direction star Zayn Malik.

They were first linked in October 2023 after they were spotted on a date at Via Carota in New York. Weeks later, Gigi introduced Bradley to her pals, including Taylor, model Cara Delevingne and actress Sophie Turner at a party.

In January, Gigi joined Bradley and his mum Gloria for dinner after the Golden Globes. Since then, they have made low-key appearances all over the world.

They went Instagram official with their romance in May 2025, after Gigi celebrated her 30th birthday. The Sun contacted their representatives for comment.

ellie.henman@the-sun.co.uk

Marriage rumours . . Gigi and Bradley

Grief-stricken Kelly's fury at ex Pages 12 & 13

SOFT JUSTICE OUTRAGE

Lack of spaces . . . in prisons

Follow our plan to solve jail crisis

By **KEMI BADENOCH**
Tory Party Leader

LAST week I held a press conference with a group of women who had suffered horrific sexual violence and had received a letter saying that the Government was going to release their rapists and abusers early.

It was a powerful moment and one that really brought home the horror of Labour's early release scheme.

So, while I welcome Andy Burnham's U-turn, it's disgraceful it took the victims and the Conservative Party raising the issue to force the new Prime Minister's hand.

But it's still not enough. Killers, including two of the men involved in the death of PC Andrew Harper, are still eligible for release.

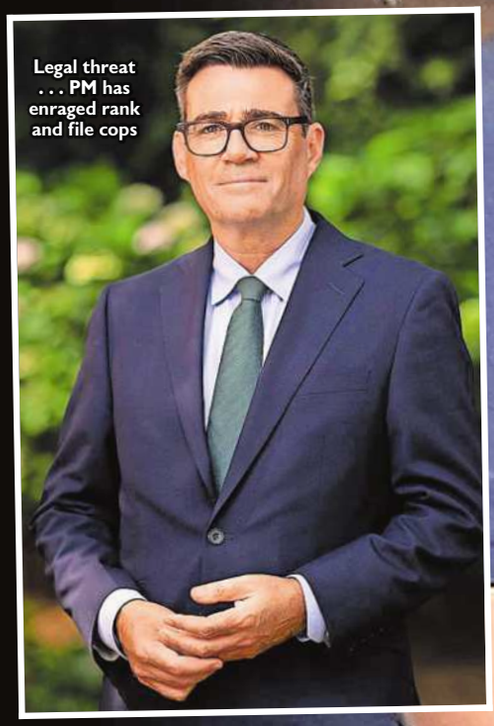
It doesn't have to be like this. In 14 years of Conservative government, we never let rapists, paedophiles and killers out early. In fact, we made sure any early release was after two-thirds of a sentence. Labour have lowered that to just one third!

Britain's prisons are overcrowded. But the Government needs to look at our plan to build, rent, remove. Build more prisons, rent jail spaces abroad and remove foreign criminals back to their home countries.

The Conservative Party is the party of common sense. That means keeping the most dangerous and disgusting criminals behind bars and the law-abiding public safe.

WE'LL TAKE PM TO COURT, VOW FURIOUS POLICE

KILLERS' EARLY RELEASE 'INSULT TO COP'S FAMILY'



Legal threat . . . PM has enraged rank and file cops

Tragedy . . . PC Harper, and with wife Lissie, below. Right, The Sun yesterday

THE Police Federation boss for PC Andrew Harper's colleagues vowed they "will not stop" in taking legal action over the early release of his killers.

By RYAN SABEY and PAUL SIMS

Aileen O'Connor added: "Andy Burnham may be on his holidays but we won't rest on this."

The Government has given the green light for thousands of killers and domestic abusers to leave jail. It means two of PC Harper's killers – Albert Bowers and Jessie Cole – will be eligible for release within months.

Mr Burnham had raised hopes he could block the move but decided prisons are too full to exclude manslaughter from the scheme.

Ms O'Connor, *left*, of Thames Valley Police Federation, said the decision was a betrayal of PC Harper's legacy. He died trying to stop then-teen quad bike thieves Bowers, Cole and Henry Long in Berkshire on August 15, 2019.

Writing in today's Sun, she challenges the PM and Justice Secretary Alex Norris to stand before PC Harper's widow Lissie and his family "and explain why those responsible for killing a police officer should be eligible for early release".

She adds: "Try telling the officers who attended the scene where Andrew died and witnessed the horrific consequences of that crime."

She also told LBC News: "I will throw everything I can at this through a proper legal challenge from KCs, barristers, you name it. I will do what I have to do to protect Andrew Harper's legacy and further victims who don't have a platform to come on national radio or TV to put across their point.

"There are silent victims here in the families of individuals who have been killed who will also be outraged at this."

A petition launched by Ms O'Connor passed 120,000 verified signatures last night. It demands Mr Burnham and Mr Norris "explain why those responsible" for the killing should be eligible for release. After 100,000 signatures,

The tastiest things in

OVER PC HARPER THUGS

Killers . . . Henry Long, Jessie Cole, Albert Bowers

We're bitterly disappointed.. Andrew deserves better than this and so do we

– DEBBIE ADLAM, ANDREW'S MUM

Andy Burnham may be on his holidays but we won't rest on this

– AILEEN O'CONNOR, THAMES VALLEY POLICE FEDERATION

petitions are considered for debate in Parliament. Ms O'Connor added online: "This decision pours salt into wounds that have never healed. It is an insult to Andrew's family, his friends, his colleagues and the entire policing family."

Mr Norris made a personal call to PC Harper's mum Debbie Adlam explaining that the decision was made due to prison overcrowding.

But Ms Adlam said her family were "bitterly disappointed".

She added: "I don't feel like we should be in this position. It's not somewhere we would expect to be.

"We really feel we should have more support than this and, you know, Andrew deserves better than this and so do we."

The Sentencing Act was passed in January. It means offenders on standard fixed sentences and due to be released after half their term will now leave after a third.

But violent offenders who would have been freed at two thirds of a sentence will now be out after half.

Mr Norris told Sky News: "Were we not to make these changes, then we would run out of prison places in October or November. I know that's difficult. I know that's created harm, and it's not Lissie Harper's fault, and I'm sorry that she's been put into this situation as a result."

The Prison Governors' Association said the late changes to policy had put "huge pressure" on staff which could make mistakes "more likely".

Last night, the Daily Mail reported that 9,300 domestic abusers will be released within three years under the Labour scheme.

Ministers are also under pressure to send back more than 10,000 foreign criminals. Tory Shadow Justice Secretary Nick Timothy urged the repeal of human rights laws that prevent them being returned.

The Sun Says — Page Ten

Minister forced to defend PM hols

By TOM SCOTSON

A CABINET Minister was yesterday forced to defend Andy Burnham for taking a holiday just 15 days into his premiership.

And the new PM was warned by a senior Labour backbencher that he was making a "mistake".

Justice Secretary Alex Norris insisted the Premier – whose location is being kept secret by No10 – will be "in constant contact with his office".

He said: "I've spoken to him virtually every day since I joined the Cabinet. I suspect that won't change."

No10 had said Mr Burnham would be taking time off to be with his wife and family, but refused to say where they were going.

Louise Haigh – who quit under ex-PM Sir Keir Starmer over a fraud conviction – is in charge as Mr Burnham's deputy while he is away.

It is common for Prime Ministers to go on holiday in August when Parliament is not sitting.

But Mr Burnham has worked far fewer days than any of his predecessors before taking a break.

Theresa May is the only recent PM to have come close – jetting off after just four weeks in the job.

By comparison, Rishi Sunak worked non-stop for nine months after becoming Prime Minister before taking a break.

Labour MP Graham Stringer hit out at Mr Burnham's decision to take a holiday so soon after entering Downing Street.

Speaking on Talk Drivetime with Kevin O'Sullivan, Mr Stringer described the timing as "a mistake" and added: "He will come to regret it."

The Sun Says — Page Ten

ABUSERS OUT EARLY

By TOM SCOTSON

ANDY Burnham faces a backlash from Labour MPs over domestic abusers being left eligible for the Government's early release scheme.

Female backbenchers are warning that women and children are being put at risk because of the reforms.

Rotherham MP Sarah Champion blasted the decision, saying: "With patchy rehabilitation in prisons and less time served, there is no reassurance that these manipulative aggressors will have changed."

She wrote to the Prime Minister warning that victims across the country "remain in a state of fear".

The controversial decision threatens to undermine Labour's pledge to halve violence against women and girls within a decade.

'THE FINAL BETRAYAL' — SEE PAGE 10

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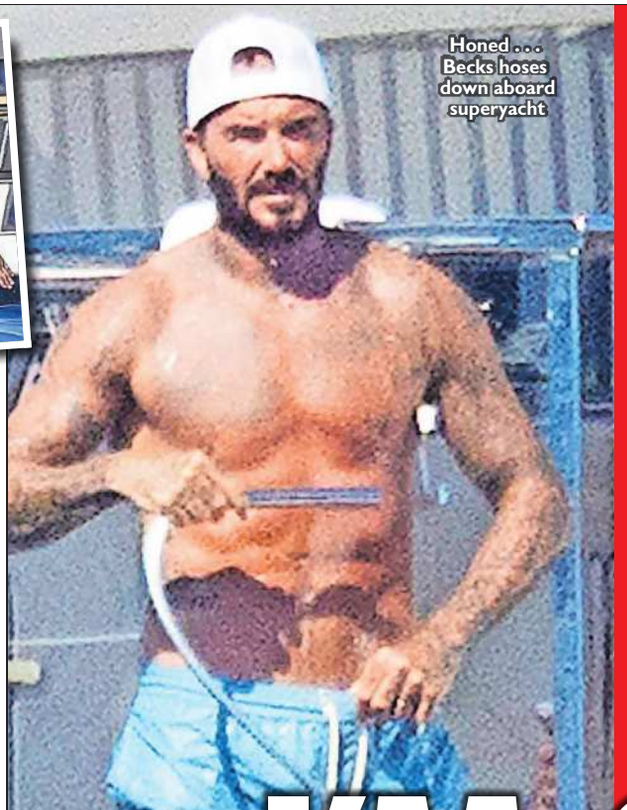
AS SON POSES WITH ELTON CLAN..

Taking a dip . . . Sir David



Honed . . . Becks hoses down aboard superyacht

Toned . . . Vic in black bikini and sunglasses

I'M STILL OUTSTANDING

Posh, 52, & Becks, 51, look ripped on yacht

By ELLIE HENMAN

VICTORIA and Sir David Beckham are Posh and Pecks — as they show off their honed gym bodies.

The couple, who work out together for an hour every day, were spotted cooling off on their superyacht Seven in the South of France.

It came as estranged son Brooklyn posted an online photo of his own holiday with his pop superstar godfather Sir Elton John – amid the continuing public feud with his parents.

Elton's husband David Furnish and their sons Elijah and Zachary were also in the group picture, alongside Brooklyn's wife Nicola Peltz and other friends.

A source said: "Elton is the showbiz equivalent of Switzerland. He just wants everyone to be happy.

"There is no side-taking as such – he simply adores his godson, and really has a laugh with Nicola, who he thinks has a great sense of humour.

"Elton wants to look after them in his role as spiritual adviser as a godfather. It's a role he takes seriously."

Victoria, 52, and Sir David, 51, arrived in St Tropez just two days after Brooklyn and Nicola visited there.

They were photographed just a short distance from where Brooklyn had been 48 hours earlier.

Brooklyn and Nicola, who live in Los Angeles, were seen grabbing ice creams with Sir Elton and David's son Elijah in the resort.

In the latest snaps, Victoria swapped her trademark swimsuits for a black bikini and sunglasses. As she sunbathed on deck, Sir David was seen hosing himself down after a dip.

Brooklyn cut off his entire family at the end of last year following the feud. It culminated in a blistering online statement in January, with Brooklyn saying he no longer wanted contact with them.

He has since blocked his family on social media.

Insiders said they no longer communicate – unless it is through lawyers.

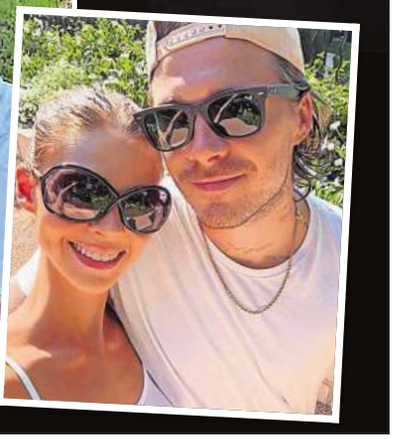
Despite the rift with his parents, Brooklyn has stayed close to their pal Sir Elton.

Friends told The Sun the veteran singer, 79, was trying to be neutral in the row.

David and Victoria have been joined on holiday by their middle son Romeo, and his girlfriend Kim Turnbull.

ellie.henman@the-sun.co.uk

Pictures: BACKGRID



Group hug . . . Brooklyn in holiday snap with Sir Elton's family and pals, and with wife Nicola, right

It's fair to say Ariana Grande has tipped over from being 'naturally petite' to a physical state that's deeply worrying

Jane Moore PAGE 15

MEGA-DINGHY BLAZE: 173 MIGRANTS SAVED

In France . . . rescued migrants

SOME 173 migrants were rescued from a burning UK-bound mega-dinghy in the Channel yesterday.

Would-be asylum seekers, who had paid up to £1,000-a-head for a place on the heavily overcrowded vessel, were flung into the sea.

All were rescued and taken back to France by British and French rescue services, who were already tracking them.

By STEPHEN MOYES

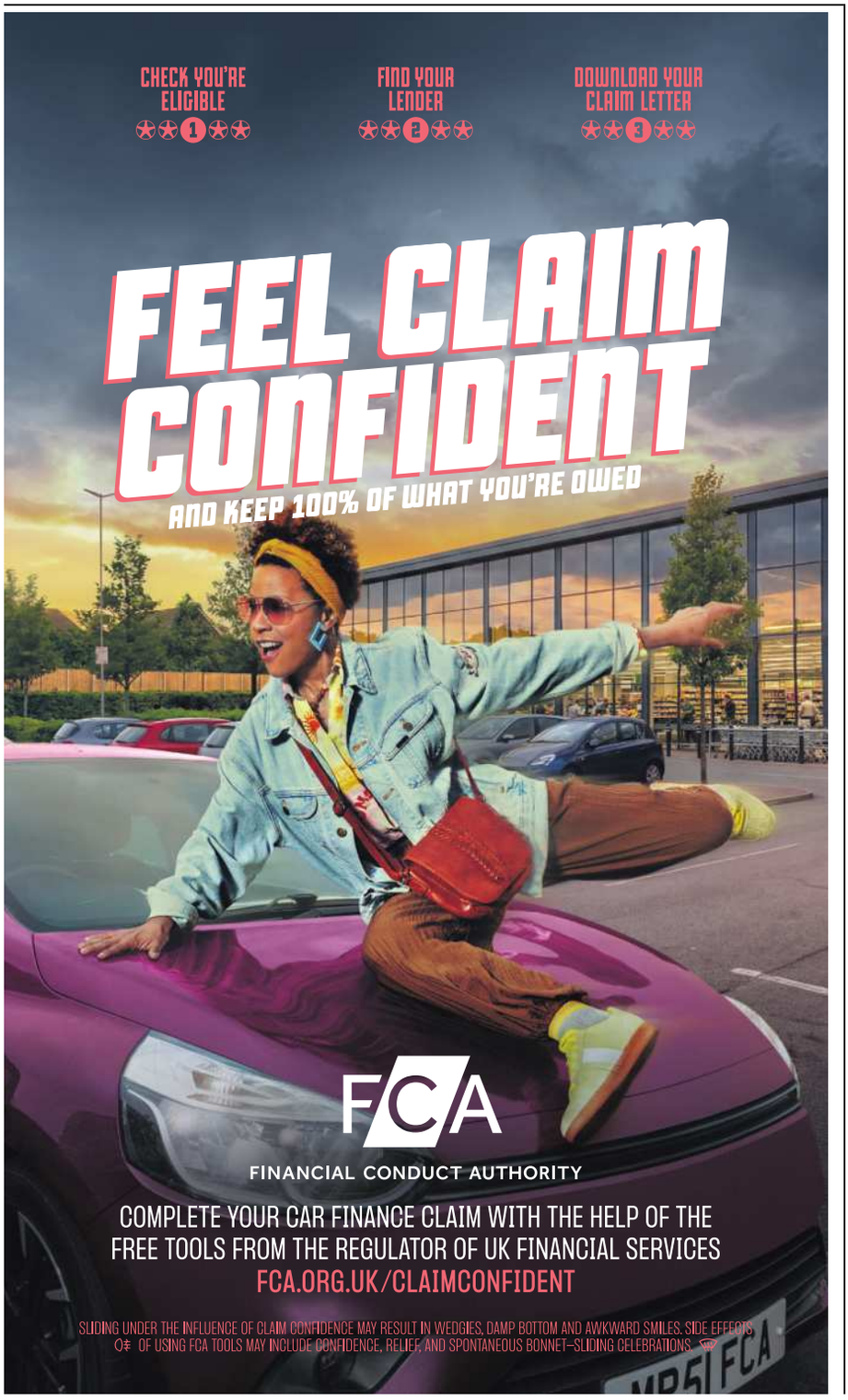
France's maritime officials confirmed it was "the biggest rescue operation of a small boat ever to take place in the Channel". Most of those rescued had been wearing life jackets.

It was later confirmed as the largest migrant boat to attempt the crossing – and the 173 would have been the highest number of people on one vessel to reach Britain. French officials said people-smugglers were increasingly using oversized "mega-dinghies" to maximise their profits during a period of calm seas and hot weather.

Some 165 migrants arrived in a single mega-dinghy on July 23. A total of 2,057 people have crossed the Channel to the UK since Andy Burnham became PM.

Tory Shadow Home Secretary Chris Philp said: "This is why it's so wrong that French police stand by and do nothing while the illegal migrant boats embark. Lives are being risked." The boat set off late on Monday from the beach of Veules-les-Roses, Normandy – about 100 miles from Boulogne and Calais, where most migrants depart from.

Officials said passengers leapt off when the engine caught fire after a suspected fuel leak, and the boat capsized at around 6am.



By MATT WILKINSON, Royal Editor

PRINCESS Eugenie is celebrating the birth of her daughter — in hospital in Portugal.

The as-yet-unnamed 6lb 9oz girl was born on Monday. Andrew Mountbatten Windsor's daughter, 36, and hubby Jack Brooksbank, 40, *below*, who live near Lisbon and also have two sons, announced the news yesterday. Eugenie said: "So excited to announce Baby Girl Brooksbank."

Survivor . . . Andrew

Brit pilot heli crash escape a 'miracle'

By HARVEY GEH

THE family of a British pilot who crashed fighting wildfires in Greece said he had a "miraculous" escape before his helicopter exploded.

Andrew Hutchinson, 48, survived a mid-air collision between two choppers, which left two dead on Sunday near Athens.

His uncle Michael said: "There's not many other pilots who could have landed that helicopter without the rotors."

But Michael added to The Times: "He crashed badly in the wood and managed to get out just in time. He and the officer who was with him got out just before the helicopter exploded."

The dad of three, from Northallerton, North Yorks, had surgery for a back injury and is expected to be flown back to the UK soon.

£139m to addicts

THE benefits bill for drink and drug addicts in England and Wales has risen to £139million a year, figures show.

A record 18,077 of them are claiming Personal Independence Payment.

It means each one receives an average £7,674 a year in handouts, with about 26 more addicts signed up every week.

The Timms Review found Pip hinders people trying to get into work.

The Department for Work and Pensions said: "Pip is based on the functional impact of a claimant's health condition rather than the condition itself."

Wes talk spy fears

STAFF at UK defence firms were told not to take phones to Wes Streeting's first speech as Defence Secretary over fears of Chinese spying.

Workers at List X firms, which hold secret Government contracts, were urged to leave mobiles outside the hall at the Farnborough International Air Show, Hants – where more than 20 Chinese firms had stands.

Ex-Col Phil Ingram, who was in military intelligence, said: "Why are Chinese firms allowed?

"They'll gather intelligence on all other exhibitors." The Government said China was welcome.

CHILLING STAT

One in three Gen-Zers aged 18-29 say they find it hard to sit still and relax – even while on holiday, a poll found.

STAR 'FOUND 2 LUMPS AT WIMBO'

Picture: HADA DAVAINE/GETTY IMAGES

TENNIS DATE
Stylish Myleene poses at tournament last month

Myleene in breast cancer scare terror

By FELICITY CROSS

MYLEENE Klass faced a terrifying breast cancer scare after discovering two lumps while watching the tennis at Wimbledon.

The presenter and singer, 48, said she reorganised her life into a new set of priorities during the "agonising" wait for test results.

Mum-of-three Myleene, who got the all clear, also posted a pre-scans image of her breast marked with crosses as she urged other women to be vigilant.

She wrote: "Girls. A massive reminder to check yourselves.

"I accidentally felt a lump when I was at Wimbledon watching the tennis. I casually folded my arms and there it was.

"Then a second one. The subsequent days went both quickly and agonisingly slowly.

"Three cysts and three lymph nodes later, I'm OK but the days of waiting meant I reorganised my life into a new set of priorities and 'what ifs'. Only to thankfully get the all clear and then experience the weird 'reordering' of going back to 'normal'."

She added: "I have close friends going through similar experiences at the moment and it's sobering, humbling and terrifying.

"It's the having kids that anyone who experiences anything near this will know to be the first and final concern."

Myleene, winner of the first I'm A Celebrity all-stars, has previously shared the trauma of her four miscarriages.

She was awarded an MBE for her successful campaign to support the ending of the rule requiring a woman to have had three losses in succession before receiving medical support.

Myleene, who found fame in 2001 with pop band Hear'Say, said her recent scans called to mind those days.

She wrote: "I haven't seen an ultrasound since my multiple MC's [*miscarriages*] and that too was pretty sobering.

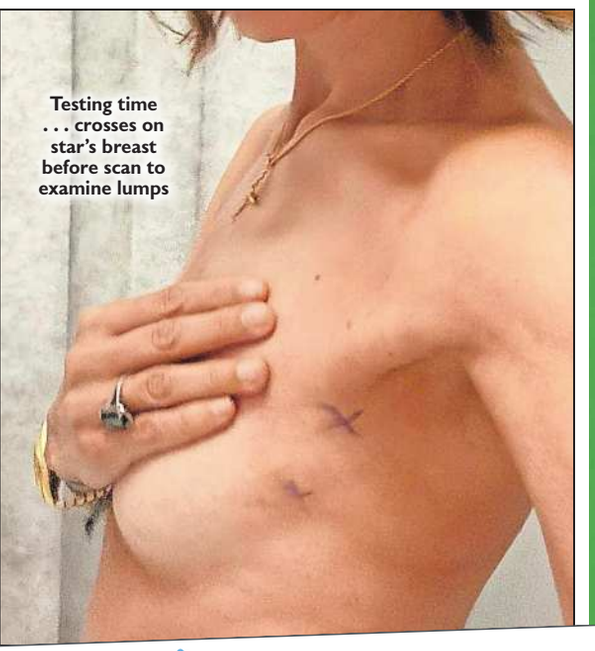
"All this to say, as a fierce advocate for women's health, right now, check yourself and go get a second opinion.

"Kudos and eternal thanks to @the_mutha_ship [*her manager Severine Berman*] who moved mountains lightning fast to get me seen and sorted and didn't take her foot off the gas.

"To those who don't have a Sev, look at this as your prompt from me. Check yourselves."

Medics advise women to get all breast lumps looked at, as although many are benign, finding cancer early aids treatment.

felicity.cross@thesun.co.uk



Testing time . . . crosses on star's breast before scan to examine lumps

Myleeneklass
Girls, A massive reminder to check yourselves, I accidentally felt a lump when I was at Wimbledon watching the tennis. I casually folded my arms and there it was. Then a second one. The subsequent days went both quickly and agonisingly slowly.

NHS 'FAILS HIGH RISK'

By SAM BLANCHARD

NHS systems for identifying young women at high risk of breast cancer only catch about one in 20 cases, a study has found.

Women get a scan every three years after turning 50. Meanwhile, those with a family history of the disease get extra tests.

But Cambridge University found this system fails to detect 95 per cent of those who go on to get cancer. Dr Juliet Usher-Smith said: "We need to get better so we can intervene early."

RICKY'S DIVINE INTERVENTION

bizarre PAGES 18 & 19

THE Sun SAYS

No free pass

ANDY Burnham's handling of Labour's disastrous early release scheme is his first major mistake since entering No10.

The PM waded in to pause the prison plan amid outrage at the decision to set free two killers of PC Andrew Harper.

By personally intervening, Burnham understandably raised hopes that he was about to block the sickening release of Albert Bowers and Jessie Cole.

Yet he has now determined this pair of thugs – along with other lags convicted of manslaughter – **WILL** still be among 5,000 to have their sentences cut.

That is a dreadful blow to PC Harper's family after years of unimaginable grief.

It is also a massive kick in the teeth for hero cops across the country facing deadly threats while doing daily battle with criminal gangs.

Burnham says he wishes he could have done more. Why didn't he? He's our all powerful, if unelected, new PM.

How many extra jail spaces would it require to exclude inmates convicted of manslaughter from early release, along with the rapists and groomers he did decide to keep behind bars?

The necessary space could be found by filling a few planes with the 10,000 or so foreign prisoners in our jails, including about 1,100 Albanian criminals who could be deported under the returns scheme negotiated by the Tories.

Hand-wringing and platitudes from Burnham won't help PC Harper's family or other cops in danger.

Only doing an urgent U-turn will.

Oh, leave off

IN the real world, NO ONE would dream of taking a holiday just two weeks after starting a big new job.

But, after spending a year plotting to get into No10, Andy Burnham feels now is the right time for a few days off.

Forget the fact that crucial decisions need to be made ahead of another make-or-break Budget for the country.

Never mind the small boats crisis and death-trap mega dinghies catching fire in the Channel.

Convicted fraudster and de facto Deputy PM Lou Haigh will be on hand to mind the Downing Street shop.

Let's hope she keeps her phone close by.

DC comical

MAKING Ed Miliband Foreign Secretary may have shifted His Greenness away from Net Zero matters where he has wreaked so much damage.

But Andy Burnham has now put the Government on a collision course with Donald Trump. Miliband arrives in Washington DC for talks with counterpart Marco Rubio having previously called the US President a "racist".

More seriously, Trump is right when says only "loser" countries have fanatically chased green renewables at the expense of their own industries.

That's the unwanted legacy of a man now trusted by Burnham to maintain relations with our closest ally.

PETITION FOR SLAIN OFFICER

Freeing the thugs who killed Harps is the final betrayal

SOLEMN . . . fellow officers and members of the public line the streets for the funeral of PC Andrew Harper, *inset*, in 2019

NO police officer will forget where they were on that summer's night in 2019 when the radio call came through about the death of our colleague PC Andrew Harper.

Harps had been brutally killed.

Dragged by a car down a country road as three teenagers fled the scene of a quad bike theft in Berkshire.

His injuries were catastrophic.

Nor will we forget the faces of Andrew's smirking killers – Henry Long, Jessie Cole and Albert Bowers – as they attended the Old Bailey to be found guilty of his manslaughter.

These low-lifes showed no remorse. They offered no apology.

Equally, neither will we forget the Government's inexplicable and unforgivable decision to allow those who kill police officers to be released early from jail.

It is a final betrayal from the politicians, who are supposed to be on our side.

Horrific consequences

A smack in the face to every one of us police officers across the United Kingdom, who are out there now risking our lives to keep you, the public, safe.

I am absolutely outraged that Justice Secretary Alex Norris and Prime Minister Andy Burnham have decided that killing a police officer in the execution of their duty is somehow less serious than other offences deemed too dangerous for early release.

Both said they wanted to do more to stop the release of two of the young men convicted of killing Harps after serving just 40 per cent of their 13-year tariffs.

They may have claimed they wanted to do more, but facts matter. They did not.

Let me be clear now, on behalf of thousands of Thames Valley Police Officers.

I challenge the Prime Minister and Justice Secretary to stand before Andrew's widow, Lissie, his parents, his brother, his loved ones, or indeed any police officer in this country.

Stand before them and explain why those responsible for killing a police officer should still be eligible for early release.

Try telling the officers who attended the scene where Andrew died on August 15, 2019, and witnessed the horrific consequences of that crime.

And the friends and colleagues who had to hear about Andrew's death on their radio. Explain to them why the life of a police officer does not warrant the same protection as other serious crimes under this legislation.

By **AILEEN O'CONNOR**
Thames Valley Police Federation Chair

This decision pours salt into wounds that have never healed.

It is an insult to Andrew's family, his friends, his colleagues and the entire policing family.

Time and again they have been forced to relive their grief while watching a justice system that they trusted fail to recognise the unique sacrifice made by those who serve and protect the public.

We stood side by side with Lissie as she successfully campaigned for Harper's Law in Andrew's name following the pitiful manslaughter sentences these three teenagers received.

As a result of the campaign, those who kill emergency service workers now receive mandatory life sentences.

If Andrew's killers were convicted today, they would receive life sentences due to the law that was created in his name.

They would not be eligible for early release.

I completely agree that rapists and child sexual offenders should not be released early from their sentences.

However, you cannot say in the next breath that people who kill people – and, in particular, police officers out there protecting society – can be subject to early release.

It is perverse to say that, and it does not make sense. And that is what I need to understand.

So what next?

We will throw everything at this through a proper legal challenge from KCs, barristers, you name it. Our colleagues will accept nothing less.

This decision is totally demoralising for all police officers and our fellow emergency service workers, who put themselves in harm's way to protect and serve their community.

And not just in Thames Valley, but right across the country.

We will do what we have to do to protect Andrew Harper's legacy and other victims up and down the country who don't have a platform to put their points across on radio, television and in newspapers.

Because make no mistake, there are silent victims, families and loved ones of other individuals who have been killed, who will also be outraged at this.

Police officers put themselves in harm's way every day.

They run towards danger when everyone else is running away.

They do so knowing that they may never come home to their families.

We won't rest

For the Government to exclude the killers of police officers from these protections sends a deeply troubling message about the value placed on those who make that sacrifice.

Andrew Harper's family deserve better. Every police officer in this country deserves better.

I will not stand by while the voices of Andrew's family, his colleagues and police officers across this country continue to be ignored.

We will take this to Parliament. We will not stop. Andy Burnham may be on his holidays but we won't rest on this.

And you can help us.

We have launched a petition – Stop the early release from jail of PC Andrew Harper's killers – and would encourage all right-minded members of the public to please sign and share it. Scan the QR code, *below*.

We will be working hard with both local and national politicians to right this wrong.

How dare ministers say the killing of a police officer is not serious enough to merit the stiffest of punishments.

If you kill a police officer there should be no early release.

No ifs. No buts. Somebody, somewhere, must finally listen.

Scan this code to sign petition against PC Harper's killers being released early

Search . . rescue boat at dock

Boy of 14 drowns in dock tragedy

By PAUL SIMS

A LAD aged 14 drowned after going into water at a dock, police revealed.

The death has sparked fresh warnings over the dangers of open water swimming amid the continuing heatwave.

Met Police cops were called to Millwall Outer Dock on the Isle of Dogs, East London, at about 6.40pm on Monday.

The teen's body was recovered at 10.30pm.

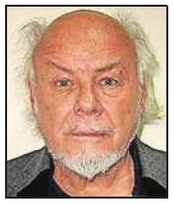
In a social media post, Mayor of Tower Hamlets Lutfur Rahman named the lad as Banta Sillah.

He said he was "a talented young footballer who played for Frontline Community FC".

Mr Rahman said Banta "was dearly loved". He added: "As we mourn Banta, we should all be aware of the dangers swimming in open water."

Det Supt Oliver Richter said: "Please only swim in designated areas."

The death is not being treated as suspicious.



New charges . . . perv

Fading Glitter in video link for court

EXCLUSIVE
by MICHAEL HAMILTON

AILING Gary Glitter will appear in court via video-link today to face historic sexual abuse charges.

The pop paedo, 82, is partially deaf and uses a wheelchair at HMP Channings Wood, Devon.

He will stay there as the case is outlined 200 miles away before Westminster JPs in London.

The fiend, serving 16 years for sex attacks, was last month charged with four offences dating from 1978 to 1981, including sex with a girl under 13.

We told in March Glitter was stuck in his cell with his body "giving up".

A source said: "There were discussions about his health, and it was decided travelling in a van would be too much.

"It sticks in the craw that he will not have to attend in person.

"But if the case is sent to crown court, he won't have much choice."

RIHANNA ROAD SIGH

Pictures: SAVAGE X FENTY

By ELLIE HENMAN

RIHANNA signals she's in the best of shape after manoeuvring into a flower-embroidered one piece.

The cheeky Diamonds singer, 38, flashed her rear end beside a "curves ahead" sign and warning barrier in a mocked-up roadside scene.

RiRi showed her fun side while modelling the new gear from her Savage X Fenty range.

The star, meanwhile, has returned to her native Barbados where last night she danced in the final day parade of the Barbados Crop Over Festival, which marks the end of the summer harvest.

She was joined by US rapper boyfriend A$AP Rocky, and their kids RZA, Riot and Rocki.

FAN FURY OVER SHIRT COST

£90 LASSO KIT? IT'S A TED PRICEY

TED Lasso telly show fans are kicking off — at being charged £90 for a replica shirt of a fictional footie team.

The AFC Richmond top by Nike is more expensive than those sold by 19 of the 20 Prem clubs.

The blue and red jersey — with fake sponsor Pinter & Sons on the front — was released to capitalise on the success of the hit Apple TV series.

Steep . . top & Jason as Ted

EXCLUSIVE
by THOMAS GODFREY

But the tribute to the club managed by title character Ted, played by Jason Sudeikis, has been given the red card by angry supporters.

One wrote online: "90 f*****g biffs for a shirt from a fake team. Made worse with a fake sponsor."

It is slightly cheaper at $100 (£74) if bought in the US, but is still as unpopular Stateside. One supporter commented: "I hate how expensive they've made them.

"Throw in it's 100 dollars for a fake team and you should have your head examined of you bought one. Shame on you, Nike."

The design is part of Nike's elite Dri-FIT collection — with other teams in the range including England, Barcelona and Tottenham.

The product description reads: "This Nike AFC Richmond home shirt for the 26/27 season is a men's replica cut that puts you right there with the squad. Take it to the ground, throw it on for a kickabout in the park, or wear it to the pub when the match is on."

In the Premier League, only Tottenham's shirt, also costing £90, is as pricey as the AFC Richmond top.

The show returns for a fourth series on Apple from today, with Jason returning as Ted to coach AFC Richmond's women's team.

British actress Hannah Waddingham is also back as club owner Rebecca Welton.

thomas.godfrey@thesun.co.uk

Gone missing . . . Batte

4 boxers fail to fly back to Uganda

By LISA HODGE

FOUR Ugandan boxers have gone missing after competing in Scotland's Commonwealth Games.

They vanished following the end of the events in Glasgow on Sunday.

Angel Katushabe, Nuhu Batte, Ibrahim Khemis and Emily Nakalema did not join their team-mates to go home yesterday, Ugandan website NBS Sport reported.

It said one of the group, speaking on condition of anonymity, claimed all four intend to seek asylum.

The boxer said they wish to continue their careers in a country with better training facilities and opportunities.

Border officials lost track of 39 athletes, officials or their family members when Glasgow held the Games in 2014.

One was Ugandan rugby player Philip Pariyo, 33, who was granted asylum and then jailed in 2025 for raping a woman in Cardiff in 2021.

Green . . . as Geordie

Robson's panto job prank at send-off

EXCLUSIVE by STEPHEN MOYES

ACTOR Robson Green joked he was "available for pantomime" after he filmed the last episode of crime drama Grantchester.

He held up a placard with the words as he was wheeled around in a hospital bed for behind-the-scenes footage last year.

Robson, 61, played detective Geordie Keating in all 11 seasons of ITV's whodunit starting in 2014.

The jokey video was released to coincide with the last episode, which aired in the US last night and is out here next year.

Wearing a blue hospital gown he says: "My goodness, the end of an era. I always said if I was to leave this show you'd have to wheel me out on a trolley. This has been 11 years of absolute joy."

Geordie solved crimes with three vicars – played by James Norton, Tom Brittney and Rishi Nair – in the Cambridgeshire village.

AFTER A YEAR FROM HELL, ROCK

By HOWELL DAVIES
Associate Bizarre Editor

POSING on a yacht in a white swimsuit, it looked like Kelly Osbourne had finally turned a corner after a torrid year.

She had faced devastating grief over the death of her rock-icon dad Ozzy, been trolled about the appearance of her body and split from rocker fiancé Sid Wilson – the man who was supposed to be the love of her life.

But just as it seemed things were finally improving last month, Kelly has laid bare the secret heartache she is facing behind the scenes in a vicious row with her ex.

Addressing DJ Sid in an Instagram story during the early hours of yesterday morning, Kelly begged him: "Leave me alone, let me heal."

She has claimed he still has many of her possessions, as well as her pet dogs, and has demanded child support for their son, Sidney, who lives with her.

Their row went public just days after it was reported that 49-year-old Sid had been booted out of heavy metal band Slipknot after 28 years.

Reports in the US have claimed it was a long time coming, but that he was finally sacked on Friday after his bandmates became sick of his behaviour towards them.

And it sounds like Kelly, 41, feels the same.

In a cryptic post which seemingly references her ex's recent woes, she wrote on Instagram: "Strange how the loudest defence of the guilty is rarely innocence . . . It's distraction.

"When the mask slips, they don't face the mirror they throw it at someone else.

"I also heard that when you break a mirror you get 7 years bad luck! Or is that just karma? This is why I always take accountability! As they say, some are sicker than others."

But in shocking follow-up posts, she made it crystal clear exactly what she was talking about.

'Sad state of affairs'

Kelly wrote: "Wake the f*** up take some responsibility I will not take your s**t anymore! I'm done.

"I want to be happy and I have a beautiful son to raise. Leave me alone. Let me heal. I can't protect you from yourself anymore."

And in a final twist as she reached the end of her tether, she added: "Also while I'm at it can I have my dogs back and all my possessions. Oh yeah and maybe some child support?"

Sid has not responded to Kelly's claims, nor reports of his exit from Slipknot.

The couple first met at her dad's festival Ozzfest in 1999 when she was 14 and he was 22.

They struck up a friendship which eventually blossomed into a romance in 2022, and Kelly gave birth to their son in November that year.

In July 2025, they got engaged backstage at Ozzy's final concert at Birmingham's Villa Park – and an emotional video posted on Instagram showed the Black Sabbath singer watching proudly as Sid got down on one knee in front of Kelly.

Ozzy jokingly shouted: "F*** off – you're not marrying my daughter."

But it turned out he was right.

Despite Sid claiming that he loved Kelly "more than anything in the world", they split seven months later.

By that time, they were living increasingly separate lives after Kelly's world was rocked by her dad's death barely more than a fortnight after the proposal.

Heartbreaking photos from Ozzy's funeral last summer showed his devastated widow Sharon being held up by her son Jack and Kelly.

Tens of thousands of people lined the streets in his home city of Birmingham to pay their respects during the funeral procession.

And although the family put on a show of unity, losing her dad, Kelly said, has changed her life for ever.

Last month, on the first anniversary of his death, she shared an emotional statement detailing how his death from a heart attack aged 76 had affected her.

Kelly explained: "I don't just mourn the father I lost. I mourn the soul I was before death taught my heart its own name

"There is a grief that steals more than the person you love. It quietly takes the light from your laughter, the innocence from your hope and the stranger you become is someone you'll spend a lifetime trying to recognise.

"People think grief is missing someone who is gone, but the deepest sorrow is waking each day longing for the version of yourself who died with them.

"Grief is a language no one truly speaks until life forces it upon them."

FAMILY . . . with ex Sid at their son Sidney's second birthday party in 2024

IN YOUR FACE . . . on red carpet with Sid, who masked up as part of Slipknot

'Kelly's relationship with Sid came to an end for a number of reasons and things have only got more difficult between them. It's a sad state of affairs' – SOURCE

In the weeks that followed Ozzy's death, Kelly relocated to Buckinghamshire with her son to be close to grieving mum Sharon, while Sid remained on his farm in Iowa where they had previously lived together.

He flew to England in December so they could spend Christmas together, and she then travelled to LA the following month.

But they struggled to see each other and now face a battle over their son, who she has enrolled in school in the UK.

A source explained: "Kelly's number one priority is her son and she is fiercely protective of him. He is her world. Her relationship with Sid came to an end for a number of reasons and things have only got more difficult between them.

"Kelly won't be apart from her son even for one night, so sending him to the US to see his dad isn't an option for her. But he is Sid's son and as a dad he misses him. It's a really sad state of affairs for the whole family.

"Kelly knows what is best for her own child and living a calm life in England near to her

ICON'S DAUGHTER BEGS, 'LET ME HEAL'

Wake the f_ up take some responsibility I will not take your s anymore! I'm done. I want to be happy and I have a beautiful son to raise. Leave me alone. let me heal. I can't protect you from yourself anymore.

Also while I'm at it can I have my dogs back and all my possessions. Oh yeah and maybe some child support?

FLING . . . alongside hair stylist Kiinicki in April and, *left*, posing on yacht last month. *Right*, Instagram posts

Crippled with grief for Ozzy and reeling from love split, Kelly fires blistering attack at ex

'I don't just mourn the father I lost. I mourn the soul I was before death taught my heart its own name. There is a grief that steals more than the person you love'
– KELLY

DAD ROCK . . . Ozzy and daughter Kelly at 2020 Grammys in LA

mum is key." Alongside Kelly's messages about Sid, she shared a quote which read: "My son's little heart once beat right beside mine. So trust me when I say . . . I will protect it at all costs."

'Special kind of cruelty'

A second read: "My job is to protect my kids. Not your feelings. Not your expectations. Not judgements I didn't ask for.

"My responsibility is to protect their wellbeing. Their nervous systems. Their emotional safety.

"I will choose them every single time. Over anyone. Over anything."

Kelly rose to fame as a teenager in her family's hugely popular MTV reality series The Osbournes, becoming known for her tantrums in their chaotic household during its four-year run.

She became a staple on the showbiz scene and released two albums, 2002's Shut Up and 2005's Sleeping In The Nothing, scoring a No1 with a cover of Black Sabbath's 1972 track Changes with her dad.

Kelly went on to become a TV host, last year presenting the US series Lego Masters Jr.

But in recent months she has largely retreated from her career as she has struggled with grief and scrutiny over her health.

In February, she attended the Brit Awards to collect her father's posthumous Lifetime Achievement Award, triggering a deluge of comments on her slimmer appearance. Days later, she admitted she was going through the "hardest time" of her life and was devastated by the trolls who mocked her.

She wrote on social media: "There is a special kind of cruelty in harming someone who is clearly going through something.

"Kicking me while I'm down, doubting my pain, spreading my struggles as gossip, and turning your back when I need support and love the most.

"None of it proves strength; it only reveals a profound absence of compassion and character.

"I'm currently going through the hardest time in my life, I should not even have to defend myself. But I won't sit here and allow myself to be dehumanised in such a way."

In April, it was reported that Kelly had found a new romance with a non-binary hairdresser who goes by the name Kiinicki.

'Life on pause'

Claims surfaced that the pair were spotted "all over each other" at a party.

That is also now believed to be over, because they have unfollowed each other on Instagram and Kiinicki has returned to Los Angeles.

Those who know the family insist that Kelly has a tight group of friends who have rallied round this year to support her as she tries to make a fresh start in Buckinghamshire. A source added: "Kelly keeps a few friends very close and they have been there for her through thick and thin.

"They have been a lifeline and have been encouraging her to take the time she needs, but also to explore what the next chapter of her life looks like.

"It's felt like her life has been on pause for the past year with everything that has happened and now she wants to be able to start afresh.

"She has started a new life in England – and now she is excited for what is to come for her and her son."

THE Sun

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Jane Moore

letters@the-sun.co.uk

Ariana fans don't like it but the truth could save her life

ANYONE who looks at Ariana Grande's most recent video and says she looks "healthy" is clearly delusional or lying.

With her cheeks markedly hollowed and chest bones protruding, it's fair to say she's tipped over from being "naturally petite" to a physical state that's deeply worrying.

Yet when actress and activist Jameela Jamil posted that 33-year-old Ariana is "possibly dying in front of us" and questioned her team for choosing to release such a "damaging image for her young fans", she got torn to shreds by keyboard warriors keen to burnish their "we love Ariana" credentials.

But Jameela's right. And sometimes, love is about *saying* the difficult thing that could save someone's life rather than chucking valid concern in to the bucket of "criticism" and shying away from it.

Jameela has now deleted the post but says her point stands that "this is deeply irresponsible".

As someone who has suffered from an eating disorder herself, she knows all too well how important it is to have people around you who speak the truth you might not want to hear.

So too does British model Charli Howard, who once suffered from bulimia and anorexia and echoes Jameela's concern.

"What I see is someone in desperate need of hospitalisation and care, and while I know it's often impossible to help someone at this stage of anorexia, there has to be an immediate intervention," she says.

Of the video, she adds: "It is absolutely appalling from a moral and capitalistic standpoint, to have released these videos and an album when this person needs psychiatric help and hospitalisation. The teams involved should be absolutely ashamed."

CONCERN: Ariana and Jameela, *inset*

She's received death threats for saying this (seriously? Come on guys) but again, she's right.

Ariana's health is more important than performing. She has pulled out of a London theatre play but, despite appearing so fragile, apparently plans to complete her world tour by doing the final ten shows at the O2 from August 15.

Holding a mirror up to someone's worrying appearance or behaviour takes immense courage and very few have it.

If you're family, it risks estrangement. If you're a friend, it risks banishment from the social circle. And if they're responsible for your pay cheque it risks the mortgage not being paid.

Clearly devastated

But if the alternative is that they might die, those who *do* find the courage to speak out can sleep at night knowing that, at the very least, they tried.

I met Ariana when she appeared on Loose Women in 2014. She was naturally petite and slim, but not unhealthily so. She was also funny and charming.

But three years later, she was performing a concert at the Manchester Arena when a terrorist bomb killed 22 and injured hundreds more.

Just two weeks later, a clearly devastated Ariana organised another concert to raise £10million for the families of the victims.

She was diagnosed with PTSD herself, but said it wasn't "my trauma, it's those families" and threw herself in to even *more* work as a distraction.

All very understandable, but these recent images of her suggest that her current workload is perhaps unsustainable and the time has come to take some much-needed time out to focus on getting well.

She's a lovely, compassionate person with a God-given talent, so I sincerely hope she does.

Sit up and take notice of Jen's abs

JENNIFER ANISTON is 57 with abs so toned you could walk on them.

And here's why.

Because, despite being "on holiday" on a yacht in Mallorca, she still finds time in her day to do sit-ups and planks in the beating heat.

Meanwhile, I only sit up to take hold of an Aperol Spritz and, when not reclining, am in my hire car in search of more cheese. Which might explain why my abs were last seen on the school hockey tour of 1978.

BACKGRID

AROUND £6.5million in taxpayer cash has been handed out under the Facilitated Return Scheme.

For those in blissful ignorance, this is the money used to persuade "foreign nationals guilty of a crime to leave at the earliest opportunity".

Under Labour, 4,625 people have been paid an average of £1,405.

Crime, it would seem, really does pay.

UP HIMSELF . . . swimmer

ADAM'S SNOOTY WORDS

ADAM RAMSAY-PEATY says that, as a Christian, he has the capacity to forgive his family but only if "I feel like they've improved as people".

Big of him.

And how will he measure this required evolvement . . . an online Q&A perhaps?

Question one: Despite spending Adam's entire childhood encouraging his swimming career and rising at 4am to drive him to galas in the arse end of nowhere, if you find yourself excluded from his wedding celebrations, do you . . .
a) Say nothing because you know your place and wouldn't want to upset Adam's precious sensitivities. Or . . .
b) Make it abundantly clear that you think the little gobshite has disappeared up his own backside and forgotten his roots.

Answers on a postcard that will undoubtedly be returned to sender please.

DOGS like a walk that lasts 67 minutes and involves 16 sniffs, says a new study.

Just 16? My Norfolk terrier Cowboy (don't laugh) is the sniffiest of sniffers who likes to savour every tree, lamp-post, door corner, bin, postbox and car tyre as if it's a beef wellington paired with a fine wine.

Consequently, in 67 minutes we have walked about 50 yards.

BRONZE AGED

SPANISH newspapers are reporting that topless sunbathing appears to be disappearing from the country's beaches.

Presumably, greater awareness about the ageing effect of sun damage plays its part, but so too does the threat that someone might film you and put it online.

In my youth, we were oblivious to health warnings and gloriously free from the scourge of social media. So every year, my friends and I would book the same French campsite and head to the beach to shed our bikini tops and work on our "all-over" tans.

And I have the crepey cleavage to show for it.

UNHAPPY . . . tragic singer

LIAM'S FAME FABLE

LIAM PAYNE always seemed like the most squeaky clean, hard-working member of One Direction.

He relished the opportunity he'd been given and took it seriously.

So to read the court accounts of the two prostitutes he hired before plummeting to his death from a hotel balcony in Buenos Aires is shocking.

High on drugs and wearing a £30,000 Rolex which he later smashed in "a rage", he told them he could buy 30 more but that "money didn't make him happy".

His £28million fortune was reportedly left to his nine-year-old son Bear, who would undoubtedly swap every penny of it to have his dad back.

It's a sad reminder of how corrosive fame can be if you don't have the coping mechanisms to deal with it.

CLASSIC nursery rhymes such as Jack and Jill are sexist and teach kids worrying lessons about gender roles, say academics.

For example, "Jack and Jill went up the hill" places the male character first, apparently symbolising leadership.

Does it though? After all, accident-prone Jack falls down and breaks his crown, and Jill may well have come tumbling down afterwards merely to help him.

And as for Jack trotting home to "old Dame Dob, who patched his nob with vinegar and brown paper" the less said about that, the better.

ROD A RIOT

A FOND farewell to my Sun colleague Rod Liddle who, aside from his brilliant writing, was great fun on a night out.

The night I introduced him to another towering intellect, Bob Geldof, stands out as one of the best conversations I have ever had the pleasure to witness.

Also, to celebrity publicist Neil Reading, a friend whose untimely death leaves behind his widow Claire and young daughter Rosa.

RIP Neil. You were loyal, kind and, unusually for a PR, never irritating. You will be sorely missed.

'KILLED FOR NO TO KISS'

Brit's body in case

THE man suspected of murdering a Brit woman in Greece may have struck after she rejected his advances, cops say.

Police believe charity worker Elisabeth-Jane Ross may have fought with Sharif Ahmadzai at her flat on the night she went missing.

Her body was found in a suitcase in an abandoned building in Athens on July 18, three days later. Afghan migrant Ahmadzai, 26, is said to have been implicated by his wife Alaina.

By LEAH RENZ

She told Greek police a tracking app on his phone showed he was at 38-year-old Elisabeth's apartment on the night of her disappearance.

Elisabeth, of Edinburgh, reportedly met Ahmadzai and his US wife while volunteering for a refugee charity. The flat she was staying in was provided by the pair's group – meaning Ahmadzai had a key to get in.

Boxer Ahmadzai has been held on suspicion of murder and robbery and is due to appear in court today.

He says he found Elisabeth dead and admits dumping her body and using her credit card. But George Kalliakmanis, an ex-cop who heads the Athens police union, said: "He went to the flat for a reason. What was it? Did she reject him?"

A source said: "The evidence is there. It can't be excluded that he had feelings for Ross."

Killed . . Elisabeth

UNCOVER A GREAT FAMILY DAY OUT

SAVE MORE THAN £39 ON TICKETS

Get 2-for-1 tickets to DIGGERLAND

Buckets Of Fun For Everyone!

SUN readers can enjoy a day out at Diggerland for less, thanks to an exclusive 2-for-1 ticket offer at the UK's only construction-themed parks.

With locations in KENT, DURHAM, YORKSHIRE and DEVON, families can experience great rides and hands-on fun with giant machines.

Visitors can get behind the controls of real construction machinery and enjoy over 20 rides and drives, with more than 100 machines to explore. Children and adults can drive the real diggers, dumper trucks and other heavy-duty machinery for an unforgettable experience.

Younger visitors can also enjoy attractions such as the Diggerland Train, mini tractors, karting and Dig-A-Round carousel. Thrill-seekers can take in the views from 50ft up on the Skyshuttle or enjoy the high-flying spins and drops of the Spindizzy ride.

When it is time for a break, families can make use of the on-site cafe, relax in the indoor and outdoor seating areas or look on as their younger children enjoy the fun in the dedicated Little Tikes play area.

With four parks to choose from and FREE entry for children under 90cm tall, Diggerland offers a day out packed with fun. The offer is valid for weekends in September and October, including half-term, until October 31.

There are two ways to claim this offer. Follow these steps . . .

1. Download the Sun Savers app or sign up at sunsavers.co.uk.
2. Go to the Offers section, and click Start Collecting on the Diggerland page.
3. Collect three Sun Savers codes. We will print one a day until August 8. Today's is on Page 20.
4. Enter codes by August 8 to redeem the offer.

OR join Sun Club at thesun.co.uk/club for £1.99 a month or £12 a year and get instant access to this offer, plus a range of other benefits, without having to collect Sun Savers codes.

●You must claim this offer by October 19, 2026. Present your voucher and a valid Sun Savers or Sun Club account at the park entrance when purchasing your tickets. The voucher can be redeemed at your chosen Diggerland – Kent, Yorkshire, Devon or Durham – on selected dates until October 31, 2026.

TERMS AND CONDITIONS: 18+ UK only. Sun Savers multiple code collect August 1 – 8, 2026 or Sun Club subscription required. Online access required. Buy one full price standard admission ticket to get a second standard admission ticket for the same day free. Voucher must be redeemed at attractions alongside valid Sun Club/Sun Savers account. Cannot be used online or in conjunction with any other offer. Max 2 people per voucher. Tickets valid weekends in September and October and Monday to Friday, October 26-30 only. Subject to availability. Non-transferable and non-refundable. Full T&Cs apply, see sunsavers.co.uk or club.thesun.co.uk/sun-club.

Ultimate TV & Gigafast Broadband

£41 a month

Prices may change during 24-month minimum term.

New to Sky customers joining Sky Stream only. Netflix Standard with Ads, Disney+ Standard with Ads, HBO Max Basic with Ads, and Hayu included.

Relevant subscriptions and set-up required. Separate 24-month contracts for Sky Full Fibre 900 (£20pm), Sky Pay as you Talk (£0pm) and Sky Ultimate TV (£21pm). Standard prices apply after 24 months (currently £38pm for Sky Ultimate TV, £41pm for Sky Full Fibre 900 and £0pm for Sky Pay as you Talk). Sky Broadband availability subject to survey, selected fibre areas only. Not available to customers without a mobile signal at home or reliant on their landline for emergency services. Sky Talk service provided as Internet Calls as standard. Average speed for fixed line connection to Hub 900Mbps (download) and 90Mbps (upload). Wi-Fi performance varies by device and home environment. All kit is loaned and must be returned at the end of your subscription. 18+. UK only.

Spider-Man . . . Tom

Spidey's web nets £23m in weekend

By HOWELL DAVIES

THE new Spider-Man film has enjoyed the biggest box office opening weekend in seven years, raking in £23.5million.

The action movie, with Tom Holland as the hero and wife Zendaya as his love interest MJ, recorded the fourth highest three-day UK opening ever.

Only 2019's Avengers: Endgame, Star Wars: The Force Awakens (2015) and Harry Potter and the Deathly Hallows: Part 2 (2011), made more on their opening weekends.

Spider-Man: Brand New Day beat 2021's James Bond film No Time to Die, which took £21million in the same period.

This week the film is set to surpass total box office takings of £37.4million for Spider-Man: Far From Home in 2019.

Tom, 30, and Zendaya, 29, have proved to be the most bankable stars in Hollywood this year. Their film The Odyssey is No2 at the box office.

Andrew . . . at basin

£3m new reservoir is nearly at empty

By PAUL SIMS

A NEW reservoir which holds 200 Olympic-sized swimming pools of water has almost run dry.

The £3million basin, which stores 500,000 cubic metres, was completed last October.

It is on the 22,500-acre Elveden Estate in Suffolk and is filled by the River Lark in winter.

Estate boss Andrew Blenkiron said this year had been "incredibly testing" and it will "be tight" to support the vegetables and cereals on the 10,000 acres of farmland.

He said crop irrigation there had been "flat out" for four months, with only a few days off from watering in June.

Mr Blenkiron added: "If we have a dry winter, we've got serious problems next year."

The Environment Agency says half of England is in drought after the driest July for 190 years.

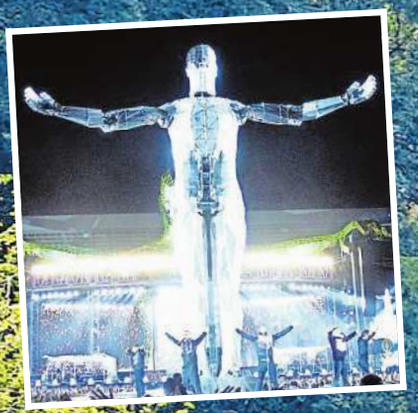
IT'S ROBOT WILLIAMS

A GIANT robot from a Take That tour has been spooking walkers after being abandoned by Robbie Williams.

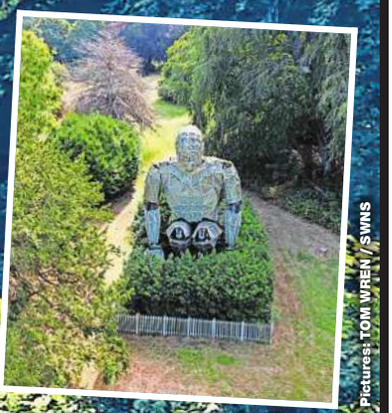
The 60ft mechanical man, described as a "creepy fella" by one passer-by, has been spotted peering out from the greenery at the singer's old mansion.

Nicknamed Om, the animatronic figure was the centrepiece of Take That's £15million 2011 stage set. Robbie brought it back to his old pad in the Wiltshire village of Compton Bassett. Local Sarah Spencer said: "When I first saw it, it caught me off guard. I thought it was a Wicker Man." Neighbour Liz Neve added: "It just seems to emerge from nowhere and then, as you go alongside, withdraws back into the foliage."

By ZARA QURESHI



Looming over the band . . giant humanoid



Abandoned . . . at Robbie's old pad

Pictures: TOM WREN / SWNS

Gigs . . Robbie with Take That in 2011

OUTRAGE OVER FAKE NAME

Huw do you think you are?

'Wayward son' . . Edwards wrote about his father

PAEDO IN POETRY RUSE

By MICHAEL HAMILTON

PAEDOPHILE Huw Edwards has been blasted for entering a poetry contest under a false name and calling himself a "wayward son".

The ex-BBC presenter competed in Wales's largest cultural festival using the pseudonym Y Gelyn, meaning The Enemy.

Edwards, convicted in 2024 over 41 child abuse images and videos of boys as young as seven, penned a tribute to his late dad and talked about "our dark condition".

He would have scooped a £750 prize for winning the National Eisteddfod's Crown contest – but his effort fell short.

Actress Sera Cracroft, who has spoken of being a child abuse victim, said: "I'm very disappointed he's done that so soon after being convicted of creating paedophilia online.

"It's far too soon for him to try and redeem himself". She said it would have been "catastrophic" if Edwards, 64, had won.

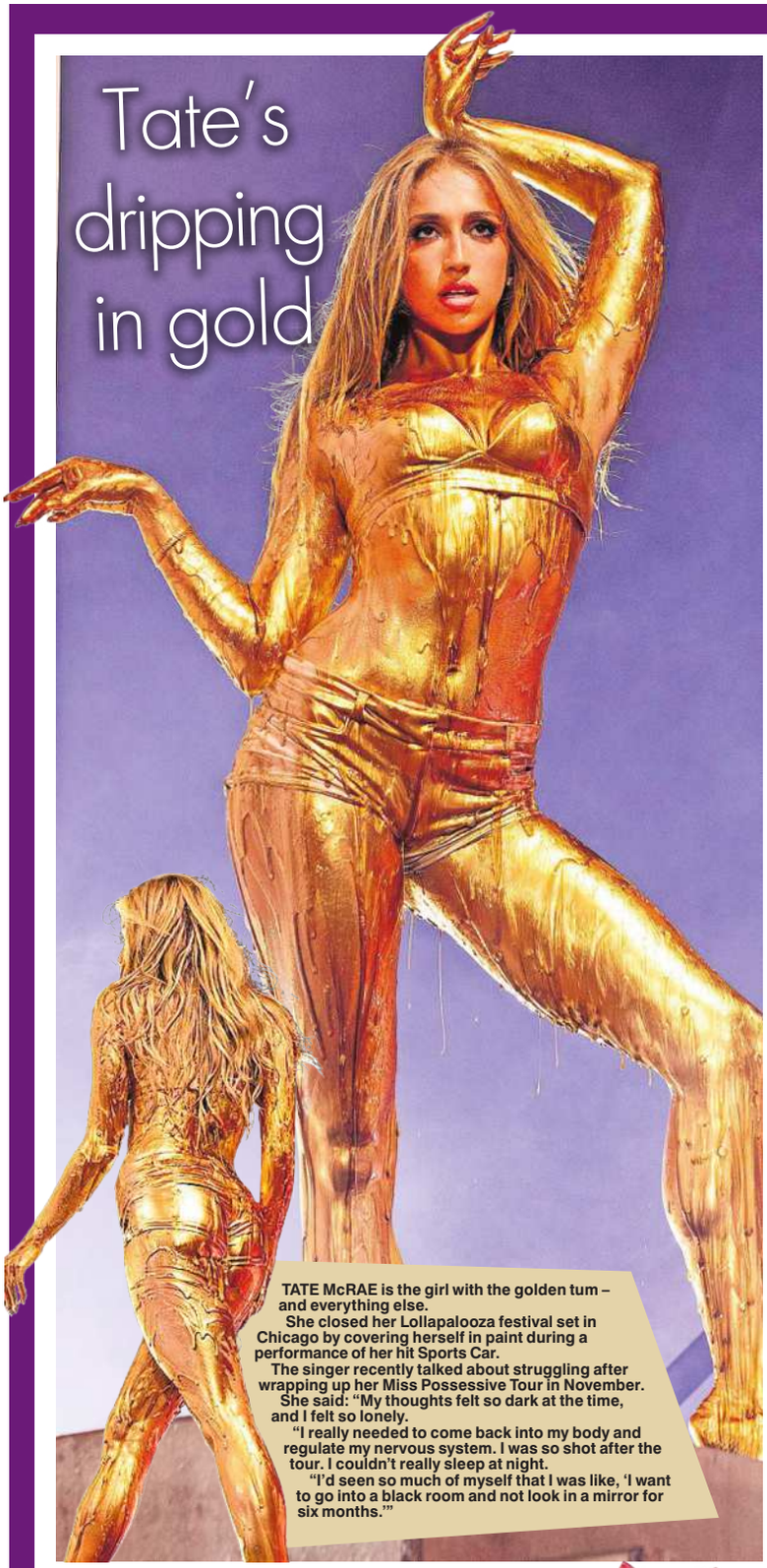
A victim of Edwards, who was sent inappropriate messages by him at the BBC, added: "Has this man no shame? After everything he has done he should just disappear."

Reform UK MP Sarah Pochin said by taking part, even anonymously, Edwards had shown a total lack of self-awareness and gross insensitivity. She added: "Rather than trying to resurrect his career, his time would better spent reflecting on his dreadful crimes."

Edwards' effort is said to have opened with the words: "A wayward son, in the torment of his hell."

In 2024 when he got a six-month suspended jail term and was put on the sex offenders' register for seven years, it was said his relationship with his dad caused him mental pain.

The National Eisteddfod said all entries are anonymous, adding: "Nobody, including the judges, know beforehand who has competed."



Tate's dripping in gold

TATE McRAE is the girl with the golden tum – and everything else.

She closed her Lollapalooza festival set in Chicago by covering herself in paint during a performance of her hit Sports Car.

The singer recently talked about struggling after wrapping up her Miss Possessive Tour in November.

She said: "My thoughts felt so dark at the time, and I felt so lonely.

"I really needed to come back into my body and regulate my nervous system. I was so shot after the tour. I couldn't really sleep at night.

"I'd seen so much of myself that I was like, 'I want to go into a black room and not look in a mirror for six months.'"

biz

ARIANA: HUMANS NEED A BREAK

ARIANA GRANDE has hit out at claims that she has reached breaking point.

The singer and Wicked actress insists her decision to withdraw from public life was "made a long time ago", and that she's loving her time on tour.

Much has been made about concerns for Ariana, after it was announced she will be taking a break once her Eternal Sunshine tour ends in London next month.

Her participation in the musical Sunday In The Park With George next summer has now been cancelled.

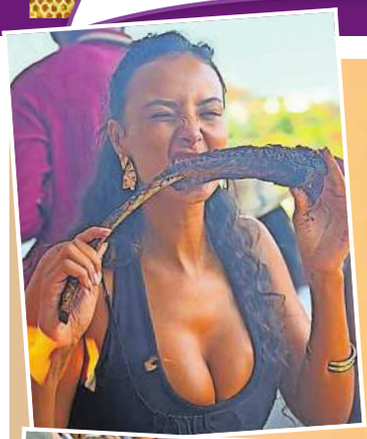
She took time during her latest concert in Chicago on Monday night to address fans' concerns.

Ariana, *right*, said: "The announcement that was made yesterday was not a reactive or impulsive thing. It is something that I had decided to plan that I had quietly made a long time ago and it's a decision that was made from a thoughtful and empowered place.

"Multiple things can be true at the same time. Yes, boundaries, they need to be set. Human beings can need a break sometimes.

"And also, this can be and will continue to be the greatest experience of my professional and creative life."

Ariana, whose album Petal is due to go to No1 on Friday, added to fans: "I love you and this tour has been the most healing, beautiful, corrective, magnificent, special experience of my life."



MAYA JAMA struggled to crack a smile as she flashed her bum in a sheer dress – until being handed a tray of drinks that is.

The Love Island host also tucked into a huge rib in a set of pics captioned "taking the month off to focus on summer". She is having a well-earned break and needs to relax while she can.

As well as returning as a judge on The Masked Singer, in September Maya will be back at work promoting the second series of GUY RITCHIE's action comedy The Gentlemen. Maya proved such a hit on set, she's signed up for the third run.

SIA THE SECRET OF POP COMEBACK FOR PARIS

PARIS HILTON has revealed SIA was the brains behind her 2024 record Infinite Icon, with the Aussie singer persuading her to get back into music.

Appearing on podcast series Hayu Presents, out today, Paris said: "MILEY CYRUS asked me to perform with her and Sia on New Year's Eve.

"The next day Sia was like, 'Do you want to fly home with me to LA?' We were on the plane talking, and she's like, 'You were born to be a pop star. Why have you not released another album?'

"And I was like, 'I'm really busy. I just haven't had the time.' And she's like, 'Well, would you make the time if I was the executive producer and the writer with you on the album?' How can you say no to Sia?"

OH MY

Ricky claims divine beings send

KAISER CHIEFS frontman RICKY WILSON reckons the band's next record could be their greatest ever — because "the gods" are sending him melodies in his sleep.

In an exclusive interview, the Oh My God singer explained: "I'm going to write another album.

"I woke up this morning with a tune in my head, and it's really good. I've already sent it to the band.

"When it does, I get very excited because I've heard all the stories about **THE BEATLES** and the **ROLLING STONES** who woke up with a song in their head. So I always think to myself, 'Maybe the gods have sent me something'."

Fab Four songwriting legend **PAUL McCARTNEY** claimed to have come up with Yesterday and Let It Be in the same way, while **MICK JAGGER** credits a snooze with the Stones song (I Can't Get No) Satisfaction, so Ricky has some important musical footsteps to follow in.

It's probably a good thing he is waking up feeling spritely these days and not with a fuzzy head, after giving up booze in 2024.

While sex, drugs and rock 'n' roll have long been associated with our most famous rockers, Ricky insists life

SLEEP SONGS... Paul and Mick

ELLIE HENMAN'S

arre

ED HAS A BAD HABIT OF PLANNING PONDS

ED SHEERAN is risking the wrath of locals again with a planning application for his second estate.

It's been ten years since he first gave neighbours kittens over a "wildlife pond" at his Suffolk home, called Sheeranville.

And now I'm told the Bad Habits singer has plans for another property nearby.

Ed, *above*, quietly bought the £1.1 million Grade II-listed pad and land a couple of years ago, and is in the process of converting some of the barns into a music studio complex.

He's put in for planning permission for a "small habitat pond", in official documents sent to the council. But specifications might cause some collywobbles because the pond measures 43 metres by 20 metres – which is just shy of the size of an Olympic swimming pool.

That certainly gives a new spin on the term "small".

ROGER DALTREY, ROBERT PLANT, PAUL WELLER and THE SHIRES are among acts who will perform at a tribute concert to BOB HARRIS.

The broadcasting legend, who retired in June after 56 years on the airwaves, will be celebrated at Stand By Me: Bob Harris - A Celebration Of Life In Music at London's Royal Albert Hall on December 2.

SUPER-producer GALANTIS will be returning with a new EP called The Devil's Tax Return: Volume 1, on October 16.

It includes re-worked versions of hits by THE KILLERS and ARCADE FIRE. Given the Swede has worked with KYLIE, MADONNA, LITTLE MIX and BRITNEY SPEARS over the years, I am sure there will be plenty more bangers on there.

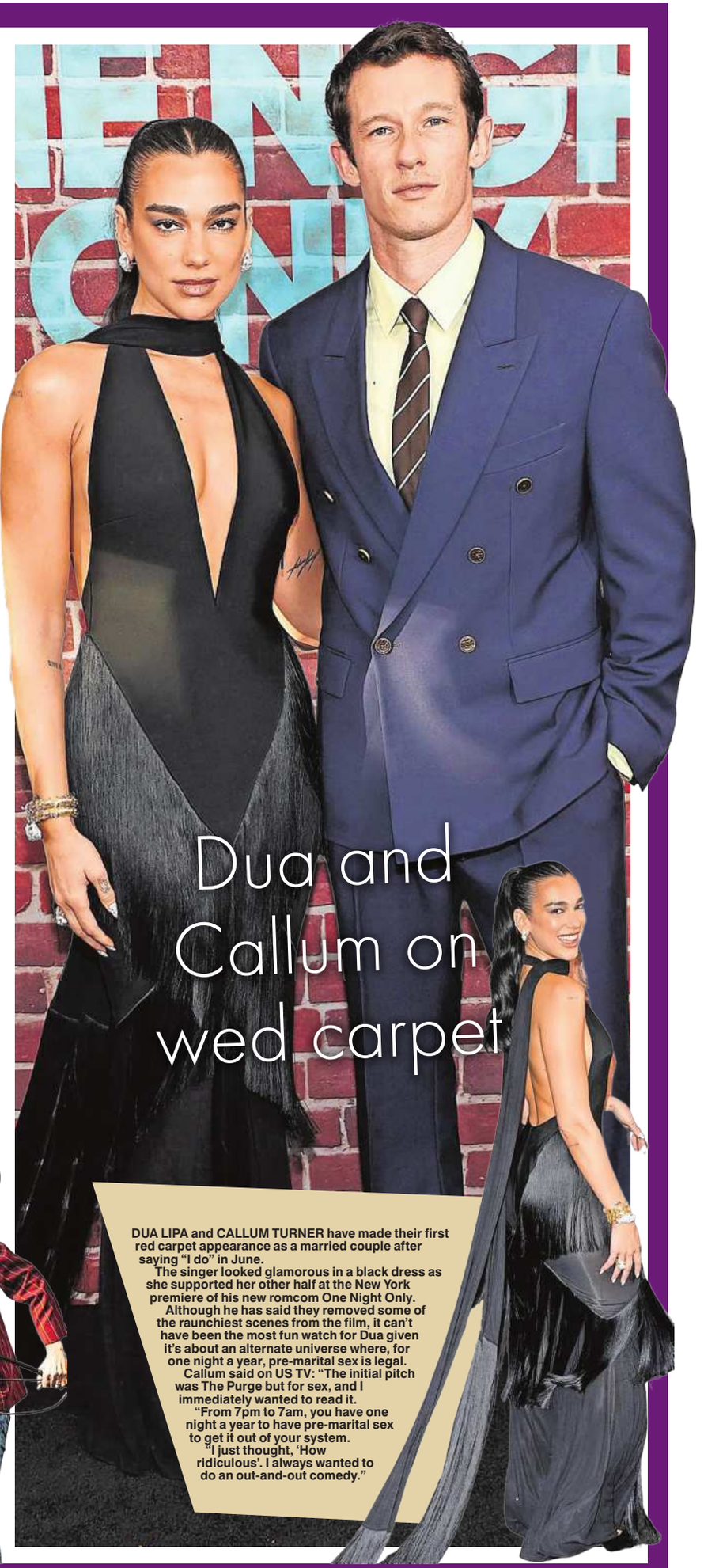
GRACIE GUEST ARTISTS

GRACIE ABRAMS and her actor boyfriend **PAUL MESCAL** get guests to do paintings and drawings of each other whenever they drop in.

The couple live together in London and she said of their home: "Whenever we have people over, there's always pens and paper and pastels out, and the party-favour segment is everyone goes home with portraits of the night."

The pair also worked on Gracie's recent song Imaginary Friend during a jamming session at home.

Gracie, *above*, told Rolling Stone magazine: "We are a very musical household, and so there's always something brewing."



Dua and Callum on wed carpet

DUA LIPA and CALLUM TURNER have made their first red carpet appearance as a married couple after saying "I do" in June.

The singer looked glamorous in a black dress as she supported her other half at the New York premiere of his new romcom One Night Only.

Although he has said they removed some of the raunchiest scenes from the film, it can't have been the most fun watch for Dua given it's about an alternate universe where, for one night a year, pre-marital sex is legal.

Callum said on US TV: "The initial pitch was The Purge but for sex, and I immediately wanted to read it.

"From 7pm to 7am, you have one night a year to have pre-marital sex to get it out of your system.

"I just thought, 'How ridiculous'. I always wanted to do an out-and-out comedy."

GODS

him his latest melodies

has only got more fun since he quit the bottle.

The singer, *right*, whose band burst on to the scene two decades ago with I Predict A Riot, said: "There's no drinking. I gave it up two years ago and it's a lot less chaotic, and a lot more fun.

'Hardcore partying'

"I think it's exactly the same on stage now.

"You save all that actual hardcore partying for the 90 minutes on stage, and not afterwards, so it's even better.

"I think it's better for the audience, and I laugh a lot more. I'm able to enjoy the moment a lot more. That's the positive thing. Also, I much prefer getting up feeling like I want to do it again, and looking forward to the next show and not wanting to stay under a blanket all day."

That's good news for fans seeing the band at festivals up and down the UK in the next few weeks.

And to make those trips even more memorable, Ricky has teamed up with temporary car insurance firm Tempcover to create a tool for us to find the most scenic routes this summer, which you can find at tempcover.com.

With HOWELL DAVIES & JACK HARDWICK

THE Sun SAVERS

sunsavers.co.uk TikTok: @sunsavers Facebook.com/thesunsavers

DEAL OF DAY

ADD this cami jumpsuit to your wardrobe for an easy summer outfit. It's down from £24 to £12 at Matalan.

SAVE: £12

CHEAP TREAT

GIVE your hair a luxurious boost with Herbal Essences' Hello Hydration conditioner, 275ml, £2 from Sainsbury's.

SNACK ON BUMPER BRITISH PLUM HARVEST

Feeling fruity?

HOME-GROWN plums are likely to be plentiful and extra sweet this year.

By LANA CLEMENTS

High sunshine last autumn, followed by record levels in the spring, plus a cool start to May and a hot June have combined to produce a super-tasty harvest, according to Aldi.

Here's how to make the most of the home favourite . . .

PLUM DEAL: British plums are in season now until early October.

Seasonal fruit can be great value in supermarkets and grocers. A 400g punnet of plums is currently £1.15 with a Clubcard at Tesco.

You may also be able to forage locally in hedgerows and scrubland. Download the Woodland Trust's free Tree ID app to help you identify the fruit ones.

Also look out for neighbours or allotment owners sharing their fruit among the community.

HOT TAKE: Peach and burrata salads have been getting a lot of love on social media this summer. Try giving the trend a new spin with plums instead, as an affordable, fresh summer lunch option.

Slice the plums in half and remove the stone before frying for a couple of minutes in oil on the cut side.

Cut the plums again and arrange with rocket and basil leaves plus torn burrata (Aldi's specially selected is £2.39) then drizzle with honey and balsamic vinegar.

PRESERVE: If you have a glut of the fruit, turn it into jam or chutney.

Tesco has created a fabulous spiced plum and ginger chutney recipe. Simply chop 750g of plums into quarters, peel and dice 50g of ginger plus two onions and one clove of garlic.

Pop it all in a saucepan with 400g of demerara sugar and 350ml of distilled white vinegar.

Bring to the boil and simmer for 40 minutes before transferring to sterilised jars. Allow to cool before popping the lids on.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

What's new?

GET creative and paint your own ceramic tray, £6, new in at Flying Tiger. Photograph your artwork and upload it to the gallery at flyingtiger.com by August 19 and you could win a £50 voucher.

Little helper

SIGN up to Currys Perks loyalty scheme and make an online buy to get a Days Out pass. These offer discounts for theme parks, including Drayton Manor, plus dining out and cinemas.

TOP SWAP

£21

NOURISH your lips while you kip with Laneige lip sleeping mask, *above*, £21 for 20g from justmylook.com. Or plump your pout for less with Primark's PS... vanilla overnight mask, *below*, £3 for an 11g pot.

SAVE: £18

£3

SHOP & SAVE

FIND a page-turner with half-price books at TG Jones, including Philippa Gregory's Boleyn Traitor, down from £9.99 to £4.99.

SAVE: £5

HOT RIGHT NOW

BUY a promotional pack of Penguins to win one of 3,000 copies of The Book Of Penguin Jokes, a hardback packed with biscuit-wrapper gags.

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Logging on . . . from beach

Sun, sea sand.. at Bank of England

By ZARA QURESHI

MORE than 1,000 Bank of England staff worked from abroad last year under a generous remote working scheme.

Officials could log in from the beach for up to 40 days, sparking accusations the bank is out of touch with ordinary Brits.

Some 1,040 staff took advantage of the scheme, each averaging around 12 days spent abroad.

Reform MP Robert Jenrick said: "Millions who are being hammered by rising prices, and who won't be able to get abroad, will be shocked."

To enable the remote working, £12million was spent on almost 11,000 laptops in the last three years, figures reveal.

The locations of the foreign-based staff were not revealed. But Tory ex-MP MP Sir Jacob Rees-Mogg called it "extravagant", saying: "It's the Bank of England, not the Bank of Timbuktu."

Treatment . . for pests

Pet flea products 'polluting planet'

By ZARA QURESHI

PET flea treatments are being applied unnecessarily – potentially badly damaging the environment, peers have warned.

A House of Lords committee wants off-the-shelf and unchecked online products banned.

It said the intensive over-use of the medications is not supported by robust scientific evidence.

The treatments are absorbed into the animal's body but are also released from homes into rivers and other water systems, as well as land.

Two of the key chemicals used, fipronil and imidacloprid, are banned for agricultural use because of their impact on wildlife such as bees.

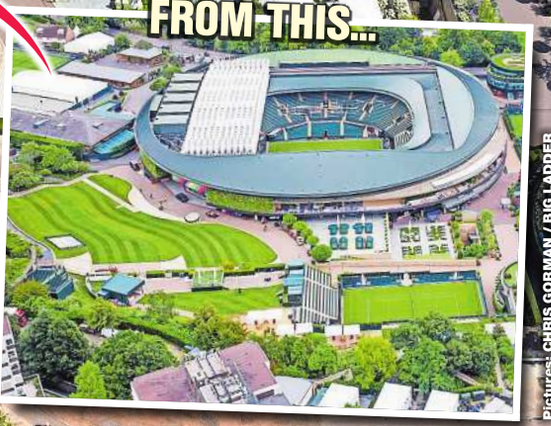
Peers said treatments should only be available from trained experts.

Baroness Sheehan said: "Their over-use on household pets is the equivalent of using a sledgehammer to crack a nut."

IT'S THIRST SERVICE

TO THIS...

FROM THIS...



Pictures: CHRIS GORMAN / BIG LADDER

WIMBLEDON'S Henman Hill is almost unrecognisable after the driest July on record — and worst drought in 50 years.

Dramatic images show the SW19 fan site — lush green before the start of the tennis tournament in late June, *right* — is now brown and parched.

A local said: "It's extraordinary, given the championships only ended on July 12.

"It's gone from looking like a croquet lawn to barren scrubland." Vast swathes

EXCLUSIVE by PAUL SIMS

of the country are tinder-dry, with hosepipe bans for 20million people. Bursts of rain arrived yesterday but are unlikely to have much impact. Kew Gardens in West London ended its longest-ever dry spell with a 5pm shower — its first since June.

The Met Office said England had ten per cent of the average rainfall for July, and southern England three per cent.

RIDERS BOOBGATE SHOCK

TOUR DD FRANCE SCANDAL

Cyclists 'stuffing bras' to get speed advantage

By AMIR RAZAVI

TOUR de France female cyclists have been accused of padding their bras to gain an aerodynamic edge.

Several women's teams have raised concerns that riders are faking a larger cup size to change airflow around themselves so they go faster.

The ruse can shave off at least 0.78 seconds per kilometre, a study found.

The "chest fairing" trick is banned by governing body Union Cycliste Internationale whose rules state cyclists cannot use objects that could "modify their morphology".

Those caught cheating could face disqualification.

The race jury said "particular attention" would be paid to riders' clothing in yesterday's 21km Stage 4 time trial.

Aerodynamics professor Bert Blocken, of Edinburgh's Heriot-Watt University, said he had been shown images from this year's Tour de France Femmes race that "seemed to suggest that there are indeed some objects that some female riders stick behind their shirt".

Bumpy time . . riders in Stage 3

He previously calculated chest fairing could reduce aerodynamic drag – or resistance – by 3.6 per cent.

In a study, he concluded "time gains by chest fairing decide who wins or loses a time trial".

The technique was a concern in the men's 2023 and 2024 tours, he added.

amir.razavi@the-sun.co.uk

Bid to bar balaclava

A CITY-wide balaclava ban is being considered – with a £70 on-the-spot fine for those refusing to remove them.

Under the Nottingham proposal, police could ask people to reveal their face if they think they are planning to commit a crime or take part in anti-social behaviour.

Cllr Matt Shannon said the ban, to be voted on later this month, would "make people feel safer around the city".

DEAR DIANA

A kindly letter Princess Diana sent to a woman who lost her legs in a 1990 accident may fetch £4,000 at a London sale.

LEEK SKYWALKER

Star Wars to be dubbed in Welsh for first time

New . . Cymru version

STAR Wars is set to be dubbed into Welsh for the first time.

It will air from Christmas Day, ahead of the 50th anniversary of George Lucas's hit sci-fi franchise next year.

The Welsh language version of A New Hope, called Star Wars: Gobaith Newydd, will be shown on TV channel S4C.

Osian Morgan, of Channel 5's docudrama Power: The Downfall of Huw Edwards, voices Jedi Luke Skywalker, while Slow Horses actress Aimee-Ffion Edwards is Princess Leia.

By AMIR RAZAVI

Matthew Rhys will voice Han Solo, Rhys Ifans is Obi-Wan Kenobi, and Mark Lewis Jones – who played Captain Moden Canady in The Last Jedi – will become villain Darth Vader.

The project is being directed by American Ellyn Stern and produced by Michael Kohn, the director of distribution for Lucasfilm, the firm behind the franchise. The move was announced yesterday by S4C, Welsh government agency Creative Wales, along with Lucasfilm and its parent company Disney.

Mr Kohn said: "I have been involved in a few indigenous dubs of Star Wars over the years which aim to preserve and revitalise interest in learning the language.

"The chance to celebrate the Welsh language through Star Wars is one we couldn't pass up."

Lucasfilm's Welsh co-president, Lynwen Brennan, added: "I am so thankful that in celebration of our 50th anniversary, we have been able to work with some incredible Welsh talent to make this a reality.

"Welsh speakers will finally be able to enjoy the film in our native language and my hope is it will have the same emotional impact as if you were watching the film again for the first time."

amir.razavi@the-sun.co.uk

Ties . . . bull sharks

A shark keeps it fin family

By ODHRAN GALLAGHER

SHARKS like to hang out with their relatives, a study suggests.

Bull sharks would rather socialise with kin than unrelated sharks.

Teams from Exeter and Lancaster Universities and Fiji Shark Lab analysed the predator at a marine reserve using genetic data.

They looked at whether the sharks swam in close proximity, in parallel lines or synchronisation.

The results show family ties – as well as sex, age and size – influenced partner choices, especially between male sharks.

Fiji Shark Lab founder Natasha Marosi said: "Large sharks are often seen as solitary. So to discover some of these apex predators choose to socialise with their relatives is truly exciting."

Dr Andrew Griffiths, from the University of Exeter, said: "This paints these animals in a completely new light."

Swim lad sea SOS

A SEARCH was last night under way for a boy of 13 who reportedly got into difficulty while swimming off the coast.

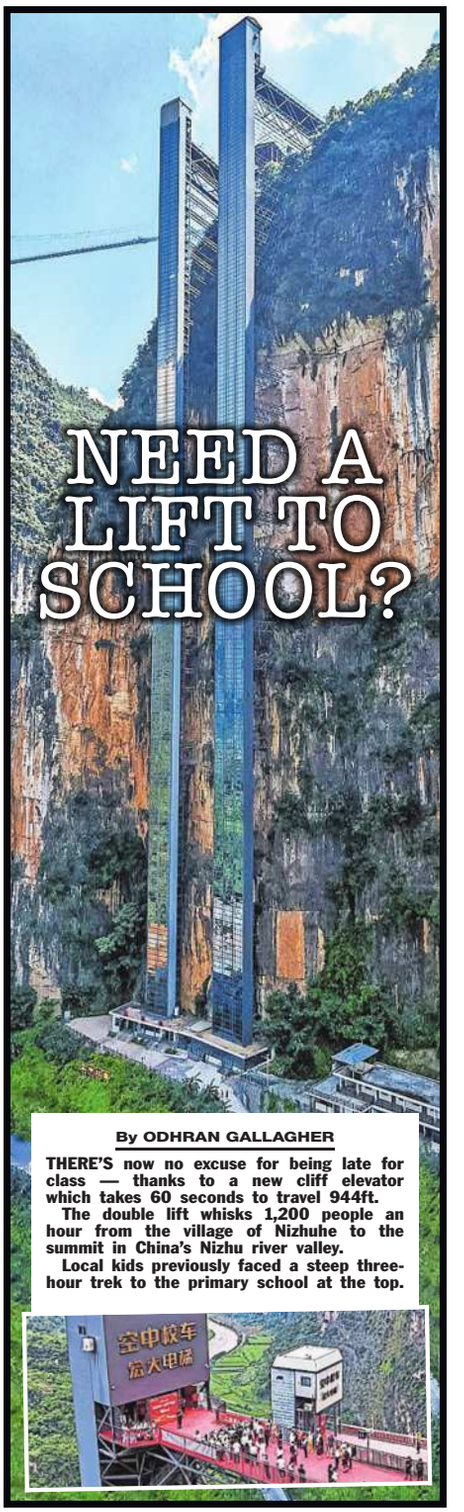
Police, drone pilots, and the Coastguard were scrambled after the alarm was raised at 6pm.

The RNLI's Bridlington all-weather lifeboat joined the search off Hornsea, East Yorks.

Chief Supt Phil Booker said: "Our priority is to find the boy. This is an extensive rescue operation. People should avoid the area so we can work efficiently and safely."

BAKED APPLES

Farmer Clive Baxter, 66, is coating his Bramley apples with clay to stop them cooking in the heat near Maidstone, Kent.



By ODHRAN GALLAGHER

THERE'S now no excuse for being late for class — thanks to a new cliff elevator which takes 60 seconds to travel 944ft.

The double lift whisks 1,200 people an hour from the village of Nizhuhe to the summit in China's Nizhu river valley.

Local kids previously faced a steep three-hour trek to the primary school at the top.

EX-TOWIE STAR'S ORDEAL

On trial . . . Newman

'I felt like meat in grope by top cop'

By ELEANOR GUNN

A POLICE inspector left a junior cop feeling "like a piece of meat" by allegedly sexually assaulting her in a busy bar.

She told a court Dave Newman, 39, had been looking at her chest then got close as she danced.

She said: "It's difficult to explain the ranking system. I didn't want to be rude, I didn't want to feel uncomfortable, so I briefly danced with him."

The officer said he stroked her back before trying to whisper in her ear. As she walked away she said he grabbed her in an intimate area.

She added: "I was torn whether to report it. I tried to carry on as if nothing had happened."

She reported him to Met bosses the next day.

Newman, of Luton, denies sexually assaulting three female colleagues during one night out in London's Soho in 2023.

The trial continues at Southwark crown court.

Popular . . . tadalafil

Erection pill 'could take your eye out'

By SAM BLANCHARD

PILLS for erectile dysfunction might raise the risk of eye disease glaucoma, a study suggests.

Researchers found men who used tadalafil, best known by brand name Cialis, were more likely to develop the condition.

More than a million Britons are estimated to have glaucoma, which causes pain and poor vision as the nerve between the eye and brain breaks down.

Scientists led by the National Taiwan University Hospital said eye damage may be caused by the way the drugs widen blood vessels.

This increases blood flow to the penis, but also increases blood pressure in the eyes, raising the risk of nerve damage.

The team used data from 74,000 men aged over 40 and found that those who were prescribed tadalafil were 22 per cent more likely to develop glaucoma.

Family . . . Megan, main picture, and with Oliver & son Landon. Oliver on pitch, left

I was naked, shaking.. they had machetes and bats

MEGAN McKENNA ON HOME ROBBERY HELL

By ELLIE HENMAN

REALITY TV star Megan McKenna has revealed she was robbed by a machete gang who broke into her home.

Megan, who was alone, was left shaking and bloodied after confronting the thugs while naked.

And she told how the robbers ripped a ring from her finger before fleeing.

Former Towie and Ex on the Beach star Megan, 33, had just her pet dog for company when targeted at her London home.

She said she was woken up by the raiders battering their way into her locked bedroom.

Megan said: "I woke up to my whole house shaking. I was such a disorientated mess.

"They were inside my house, but I lock my bedroom door every night because I worry about something happening to me when I'm on my own.

"The next thing I know, they're hacking a hole through my wall with a baseball bat.

"They're three masked men with machetes and baseball bats, and they managed to hack a hole in my wall because it was a fake wall going on to my dressing room, linked to my bedroom. And if my door wasn't locked, actually, they probably would have woken me up and killed my dog."

Megan's footballer husband Oliver Burke, 29, was in Germany for the start of the 2023 season with his then-club Werder Bremen. She called police, who told her not to challenge the gang.

Towie . . . Meg with Pete Wicks

But Megan told Jamie Laing's Great Company podcast, out today: "I went over to them. I was naked. I was talking to this man in a balaclava, and he grabbed my hand and took jewellery off of me. I actually was holding hands with the robber.

"I was shaking. I'd cut my foot. There was blood everywhere. It was like a murder scene. And then they just left."

Megan, who now has 22-month-old son Landon with Oliver, revealed: "They got caught and went on trial and a year later, they got let out. They're just roaming the roads."

She has since moved to Germany, adding: "I had to get away from the UK.

"It scared me so much to be in the UK on my own."

Craig: My hol knifing

By JAKE PENKETHMAN

CRAIG Revel Horwood has revealed he was slashed with a razor in a mugging on holiday.

The Strictly judge, 61, *below*, told his Judgemental podcast: "I went on holiday in Madrid and got stabbed, that was nice. They ripped my necklace off my neck and gave me a big burn mark."

Then 23 in 1988, he said he was later strip-searched by authorities for drugs but admitted: "I did look a wreck."

PRESIDENT'S FURY AT BARBARIC VIDEO

ATTACK . . . drone similar to one used in sick 'safari'

From JEROME STARKEY
Defence Editor, in Kyiv

THE man clasps his hands in prayer and begs the Russian drone for mercy, but it is futile.

There is no leniency from the Russian drone operator. There is only inhumanity.

Ukraine's National Police published a deeply chilling video yesterday of a so-called Russian "drone safari" in the southern city of Kherson.

They told viewers what it shows is enough to "make your blood run cold". They were not exaggerating.

President Volodymyr Zelensky described the attack as "another safari" by Russian soldiers.

This wasn't the first time it has happened.

Indeed, ever since Vladimir Putin's forces were forced to retreat from the city of Kherson, in a humiliating defeat four years ago, they have attacked its remaining residents with drones, for no obvious reasons other than sport.

Zelensky said: "Every single day, ordinary people in Kherson face these Russian safaris."

And he raged that Russian troops had "admitted to the crime . . . and openly boast about tormenting people".

The man cruelly targeted in the video was a 52-year-old fruit seller, officers said.

The footage shows he was overweight and bald. He had driven to the frontline city of Kherson from the neighbouring province of Mykolaiv.

That act alone suggests he was either desperate or brave.

Filmed from a nearby building, the video shows boxes of fresh produce laid out next to a battered white van. Some of them are shaded from the sun by a large green umbrella.

Terrified and unarmed

There is nothing, but nothing, to suggest the man is a soldier. Indeed, what sane military man would sit in the street and chat to weary locals in a city stalked by Russian drones?

The seller is also clearly unarmed. He is dressed in trainers, tracksuit bottoms and a matching black T-shirt so stretched by his belly that it rides up his back when he sat down.

Then the drone appears. A whining black quad-copter, pregnant with a bomb lashed to its underside, it swoops yards from its victim's head.

But it doesn't crash into him straight away – like the devices we see careering into military targets.

Those race directly to their targets to avoid being shot down or having their radio or satellite control signals blocked.

However there is no such intervention here. This fruit seller has no jammers or shotguns that soldiers defend themselves with.

So the aerial predator takes its time. It slows down and hovers so low that its rotors kick up dust from the ground.

The unnamed victim half runs, half stumbles as he sidesteps around his stall, keeping his eyes fixed on the remote-controlled fighter while desperately seeking some cover.

At one point he tries to hide under the umbrella, but it is no use. It is too easy for the flying craft to follow him.

It goes once round the van clockwise. Then once in the opposite direction.

At one point we also see the black metal detonators protruding from the front of the drone like some demented hornet's robotic proboscis.

It appears to be skilfully piloted. Whoever was controlling it must have had a clear video feed to chase the victim round a car while all the time keeping the camera locked on to its innocent target. The pilot must have seen what we see: A terrified unarmed man pleading for his life. The pilot could have aborted the mission. Instead, he did the opposite.

It takes about 30 seconds of the terrified seller begging for mercy and praying before the drone suddenly dive-bombs him and explodes in a ball of fire.

The police said: "This is how the Russians 'fight'. They deliberately hunt civilians."

They added it was "yet another war crime" committed by Vladimir Putin's invaders. President Zelensky insisted: "The world must see this. It must see every piece of evidence that Russia has gone mad."

He added: "Its soldiers take pleasure in killing and abusing civilians."

Ukraine has logged more than 200,000 alleged Russian war crimes, from rape, castration and torture to the deliberate slaughter of civilians.

Kyiv's Foreign Minister Andrii Sybiha said of the drone targeting: "This is a deliberate and systemic Russian strategy. They know exactly what they are doing."

The seller's appeals for mercy failed. Yet astonishingly, his prayers were answered. He did not die. He was wounded, but alive.

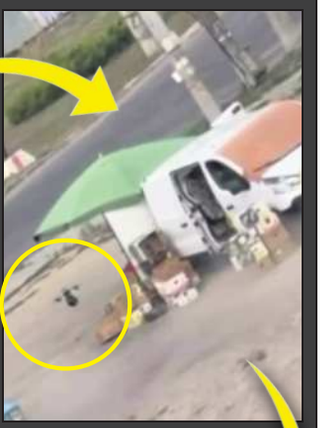
Police revealed he suffered "an explosive injury, shrapnel wounds, and concussion".

'Every single day, ordinary people in Kherson face these Russian safaris' – PRESIDENT ZELENSKY

Scan the QR code to watch the outrageous footage of drone attack

1 The fruit seller runs in terror around his white van, pursued by the drone

2 Russian pilots make the drone hover just feet above the civilian's head



3 The man flees behind the green umberella as the drone follows

6 Aftermath shows plume of black smoke. Amazingly, the man survived

5 Shocking moment of impact when the drone explodes into a ball of fire

4 He clasps his hands, begging his cruel unknown assailants for mercy

Russian drones chase civilian in Ukraine in sick 'human safari'

Legal win . . the airport

Gatwick take-off for a 2nd runway

By ED SOUTHGATE

JUDGES have thrown out a last-ditch bid by eco-activists to block plans for a second runway at Gatwick airport.

The Court of Appeal upheld June's High Court ruling that the £2billion scheme could proceed.

Campaigners sought a judicial review, claiming that the Department for Transport had not properly assessed the impact of noise and pollution.

The project will see the West Sussex airport move its emergency runway 12 metres north to carry about 100,000 more flights a year. The new runway is expected to be in operation by 2030.

Transport Secretary Heidi Alexander said the decision was a "major milestone for Gatwick and for local communities", which would create thousands of jobs.

She said: "We'll back expansion that supports growth and climate goals."

Appeal . . . Emma

'Sexism' in Navy cost me top job

By JEROME STARKEY

A SAILOR sued the Navy for sexism after a ban on new mums doing a 1.5mile run until two years after birth meant she lost a promotion.

Sub-Lt Emma Upton-Webb was barred from completing the fitness test which she needed to commission as an officer.

She was midway through training at Britannia Royal Naval College in Dartmouth when she got pregnant in 2022.

Ms Upton-Webb said she was told "there was little point" in continuing and would be demoted back to Petty Officer.

The mum accused the Navy of sex discrimination, saying it "denied her the opportunity to progress her career".

But a Southampton employment tribunal ruled the policy was not discriminatory and was put in place for safety.

Ms Upton-Webb, who is still in the Navy, is appealing the decision.

STEEDIE WONDER

Blind horse's bid to become dressage champion

A BLIND horse is set to compete to become a dressage champion after learning a form of equine "braille".

Milo, an Appaloosa, was withdrawn from the sport after losing his vision to an eye infection in 2023.

But the 15-year-old gelding returned to competition last year

EXCLUSIVE by AMIR RAZAVI

and won at the Royal Windsor Show for the eighth time.

He won other events this year too, after learning how to use a combination of touch, hearing and rider cues to navigate.

Owner Megan Share, 28, says Milo uses the feel of the ground beneath his hooves to help understand what is around him.

She is now preparing him for the Horse of the Year Show and the London International Horse Show later this year.

Riding school owner Megan, from Kidderminster, Worcs, said: "He interprets my pressure on him, but he also uses his own pressure of his hooves on the ground for his spatial awareness.

"He's using his hearing and feel of touch with his feet to feel along the ground. It is like a braille technique. He's also a lot more alert and he reacts quicker as his sense of hearing is elevated as a result of him losing his sight."

Megan says Milo is "just amazing" and has not let blindness stop him being a world-class dressage competitor.

She said: "I'm extremely proud of him. There can't be any other blind horses competing at this level in the world."

amir.razavi@the-sun.co.uk

Megan . . . with Milo

Hit & run biker free

A HIT-and-run biker who left a woman with life-changing brain injuries has been spared jail.

Ram Monk, 30, hit academic Christina Filoche at 40mph on his Ducati superbike before fleeing the scene in March.

He later admitted causing serious injury by careless driving in London's Trafalgar Square.

Monk, of Wandsworth, South West London, was handed a nine-month suspended sentence at Southwark crown court.

DELIVER-THREE LIONS

World Cup fans ordered an extra 45,000 pizzas from Domino's during England's tense clash with DR Congo in July.

Furling Haaland

By LARA BOWMAN

A GUINEA pig dressed as Norway's footie star Erling Haaland, *inset*, in a Viking helmet steals the show at a rural festival.

The event, in Urbina, Ecuador, attracted 2,000 visitors who saw the pet rodents also parading as Cleopatra, a guinea pig postman, *below left*, and the Beast from Disney's Beauty and the Beast, *below right*.

Police . . . at the scene

Probe on 'remains' at M-way

By PAUL SIMS

COPS shut a motorway after suspected human remains were found by a road bridge.

The grim discovery was made by workers on Monday evening.

Police were called at around 11pm to a bridge between junctions three and four on the M67 near Hyde, Gtr Manchester.

The motorway was initially closed in both directions, but the westbound carriage reopened yesterday morning.

The eastbound section remained shut as detectives and forensic cops worked at the scene.

Greater Manchester Police said: "We are working with specialist teams to understand the circumstances behind this incident."

The Highways Agency said the road closure will remain while police continue their probe and diversions are in place.

Arsenal 'kill bids'

TWO teens and two men have been charged with attempted murder following violence including stabbings at the Arsenal Premier League victory parade, cops said.

The Met Police made 29 arrests during the event on May 31 in Islington, North London.

Eight more people have been charged with offences including GBH, sexual assault and assault on an emergency worker.

The force has released images of people they want to question and appealed for witnesses.

£400K BAGGED

Drawings of kids' TV faves including Bagpuss and Ivor the Engine by late creator Peter Firmin made £400,000 in Kent.

Study swerve . . . Prof

Cox: Gig got me D at A-level for maths

By AMIR RAZAVI

TELLY space expert Professor Brian Cox got a D in A-level maths after he went to a New Order gig the night before exams.

The physicist, 58, said he thought "this stuff doesn't matter" because he was convinced he would be a rock star.

He told the Smartless podcast: "New Order were doing a gig at the Hacienda the night before my maths A-level.

"And I thought, well, it's more important to go and see New Order at the Hacienda, because I thought I was going to be a musician.

"I thought, I'm going to be in a band, I'm going to be a rock star. This stuff doesn't matter."

He did play keyboards for rock band Dare in the 1980s and early '90s and also with pop group D:Ream for their 1994 No1 hit Things Can Only Get Better, before working on his physics PhD.

Arrest . . . in January

Terrorist hopeful's A.I. chat to join IS

By ALEX WEST

A WANNABE Islamic terrorist asked an artificial intelligence chatbot for advice and tips on joining IS, a court heard.

Mohamed Mohamoud, 22, moved from Somalia to the UK to be with his mum in 2020 but became radicalised.

He used online bots and human contacts for details and said he was "longing for martyrdom".

He flew to Somalia in January 2025 to join the terror group.

Naomi Parsons, prosecuting, said his online communications show "he had absolutely no intention of returning".

But he did come back to the UK weeks later after failing to enlist due to a military operation in Somalia blocking roads.

He was arrested in January and his phones were seized. Mohamoud, of Bristol, denies preparing acts of terrorism.

The trial at Winchester crown court continues.

AS TRIBUTES POUR IN FOR COLUM

PUCKISHLY profound . . . A master of the written word… An inimitable journalistic force who was the true voice of common sense.

These were just a few of the tributes to legendary Sun columnist Rod Liddle following the announcement on Monday of his death at the age of 66 after a short illness in hospital.

The fearless, working-class writer, who grew up in the North East, joined us 15 years ago and was known as a defender of the downtrodden. Whether it was woke culture or political leaders, razor-sharp Rod rightly skewered the lot.

Now, in memory and tribute, we share some of his most hilarious observations.

By JOSH SAUNDERS

ON LOVE ISLAND
'It offers us a glimpse into a terrifying, brain-dead dystopia where conversation consists entirely of three-word sentences and heavy sighs'

ON LILY ALLEN
'Another gobbet of self-referential, breast-beating respec' me bro sputum against a backdrop of the usual over-produced R&B pop schlock'

The word of Rod

By Rod Liddle

ON KEIR STARMER

WHAT do you think our Prime Minister, Sir Keir Starmer, got for Christmas? Yes, I hear you. "A personality". I can see him unwrapping it . . . "Well, it's very nice, thank you, but what do I do with it?".

THE question, then, is whether Sir Keir is a singularity, a black hole of perceived badness, surpassing everything bad that went before it.

EVERYONE seems to be agreed that Sir Keir Starmer is the most useless Prime Minister since the title was invented. I wouldn't disagree with that.

ON BORIS JOHNSON

HE seemed "refreshing" for a politician, a kind of village idiot waving around a pig's bladder on a stick but somehow conversant in Latin.

ON ENGLISHNESS

THE best thing about being English is not being French. Or Belgian. Can you imagine that? Waking up every morning to the realisation that you're Belgian? You'd go out of your mind.

ON THE NORTH-SOUTH DIVIDE

TO the London media elite, the North of England is a dark, mythical realm populated entirely by coal miners, pigeon fanciers and people who eat tripe.

LONDON columnists write about the North with the same wide-eyed, patronising fascination that 19th-century Victorian explorers used when describing uncontacted tribes in the Amazon.

ON TONY BLAIR'S 'PHILANTHROPIST OF THE YEAR' AWARD

NOT only has he destabilised the Middle East, he's also pocketed vast amounts from Asian dictators who he advises on how to clean up their image. I assume "philanthropist" is a politer way of saying, "See you next Tuesday."

ON BREXIT

IF you listen to the Remain campaign, the moment we leave the European Union, locusts will cover the land, the rivers will turn to blood and, worst of all, the supply of prosecco will dry up entirely.

TO hear the BBC talk about the European Union, you would think it was a cross between Mother Teresa and the local parish council, rather than a corrupt, unelected, empire-building monstrosity that can't even get its own accounts audited.

ON VIRTUE-SIGNALLING

IT'S the luxury good of the modern middle classes. It costs them absolutely nothing to display, imposes heavy costs on everyone else and makes them feel immensely good about themselves while changing nothing whatsoever.

CORPORATE virtue-signalling is simply capitalism wearing a rainbow badge. It allows massive multinationals to underpay their staff and dodge their taxes while pretending to be morally superior because they changed their social media avatar for a month.

ON NIGEL FARAGE

FOR the Tories, Nigel Farage is not just a rival politician; he is an inescapable recurring nightmare. Just when they think they have buried him, he pops back up like a pantomime villain with a cigarette in one hand and half their voter base in the other.

WHILE every other politician was being coached by PR consultants on how to look relatable, Nigel just stood there holding a beer, grinning like a man who had just won twenty quid on a scratchcard.

ON LIZ TRUSS

LIZ TRUSS and Kwasi Kwarteng went into the economy like two toddlers who had escaped from nursery with a pair of rusty hedge trimmers, wildly slashing away at anything that looked remotely like economic stability.

ON PUBLIC TRANSPORT

YOU pay the price of a small holiday in Tuscany for a ticket, only to spend three hours standing next to a broken toilet in a vestibule while an automated voice apologises for a delay caused by "leaves on the track" in May."

ON X FACTOR

AS anyone who's ever watched The X Factor knows, really bad singers are terrifically entertaining.

ON ENVIRONMENTAL ISSUES

I LOOK forward to the sight of [King] Charles, on horseback, leading a battalion against Xi Jinping's People's Army to try to take the site of China's latest coal-fired power station.

ON CHINA

I WAS thrilled to learn that our government intends to enjoy an "open" relationship with China – one of my favourite countries, as I am sure it is yours.

ON THE WEATHER

WE used to call 25 degrees in July "summer". Now the Met Office issues a red "extreme heat" warning, tells everyone to stay indoors with a damp flannel over their faces and treats a warm afternoon in Sussex as if it were a tactical nuclear strike.

ON JUST STOP OIL & ECO PROTESTERS

IT requires absolutely zero sacrifice . . . It is purely a therapeutic lifestyle choice designed to allow affluent urbanites to feel morally superior to people who actually have to drive to work.

IF it were up to me I would advance towards them in a steamroller. Glued your arse to the

INIST, WE REVISIT HIS SHARPEST BARBS

ON KYLIE
'Give it up, Kylie, you dingo. You seem to be a nice woman. You were on Vicar Of Dibley once – so why not retire now with good grace? We should be so lucky'

ON AMY NUTTALL
'She has now issued her cheating husband Andrew Buchan a seven-point plan designed to rescue their marriage. Interesting. Nowhere does it say, 'Don't shag anyone else.' That's an omission'

e road, have you? Well
von't be needing it much
.

ON JEFF BEZOS

Washington Post
ed the grand slogan
ocracy Dies in Dark-
right around the
it was purchased by
Bezos, a man who
an empire where
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ey don't spend too
n the toilet.

ON ELON MUSK

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now feel com-
to build giant
ships shaped
iously like
c symbols just
cape the rest
of us for eleven minutes.

ON BURKAS

THEY believe it is in accordance with their religion, and they do so happily and proudly. There are lots of things that people wear which make me cringe. Fat toffs wearing pink corduroy trousers. Chavs wearing onesies. Kids dressed like gangsters in gold chains. But I don't think we should **BAN** them.

ON SELF-DEPRECATION

UNTIL now, the worst case of buyer's remorse I have ever seen was my mum and dad. Not when they had me.

ON COVID

ONE of the exciting events you may have missed this week was the appearance of the First Minister for Wales before the Covid inquiry . . . If only you'd have known, you'd have got some friends round, opened a few beers and settled down to watch Mark Drakeford talking 50 shades of s**t.

ON MILLWALL FC

THERE was something about the atmosphere. Perhaps it was the bloke who tried to brick the ref that did it for me, I can't remember. Or the fella who chased Derek Dougan around the pitch.

ON GRETA THUNBERG

"YOU have stolen my dreams and my childhood with your empty words" is perhaps the whitest thing anyone has ever said at the UN. What is the correct answer? Is it (a) Go to your room? Or is it (b) Forgive me, to make it up to you, Daddy and I are going to set the entire course of human civilisation on a new track?

ON BOB GELDOF'S LIVE AID 30

ANYONE listening to the BBC this week could be forgiven for thinking that the musician Bob Geldof had just emerged from Africa, like a latter-day Dr Livingstone, the first Westerner with news of a deadly new virus. He and his makeshift band of celebrities have adopted Ebola, their song blazing from the radio while Geldof himself has been in every studio exhorting people, with his usual stream of expletives, to . . .

ON GARY LINEKER

IN a parallel universe, where the beautiful game is unknown, Gary Lineker is a popular Leicester costermonger, a job to which his charm, conversational skills and intellectual hinterland are well suited.

ON JONATHAN ROSS

JONATHAN ROSS is paid millions of pounds a year by the BBC to act like an arrogant, spoiled schoolboy who believes he is utterly immune to the standard rules of decency.

ON TAYLOR SWIFT

FORGIVE me. I did not see the monster she would become. The morphing, over nine years, into a hideous colossus, a purveyor of ever more derivative and anodyne Kardashian pop.

ON ROY KEANE'S INJURY LAY-OFF

ALMOST half of the season will have elapsed before he can return to punch, kick and maul people. And I assume he will be so incapacitated in the meantime that we will be spared his pungent views, too. This is a national tragedy.

Your tributes: Letters – Page 37

ON THE SUSSEXES

IN a very modern twist on the old "Never explain, never complain" mantra of the Windsors, "Always complain, always explain why everyone except you is such a horrid bully" became the Sussex strap line."

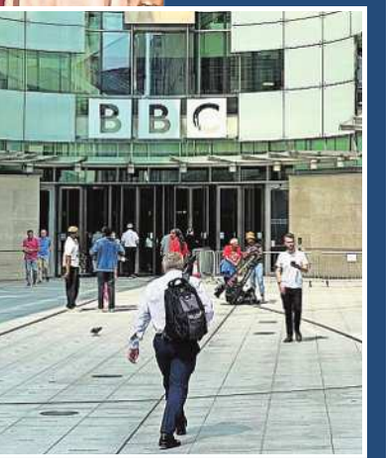
THE Groom of the Stool was the most intimate of an English monarch's courtiers, responsible for assisting in excretion . . . But I do remember thinking, "Oh – so that's what a Groom of the Stool looks like," on first seeing a photograph of Omid Scobie.

ON THE BBC

THE BBC's idea of diversity is hiring people of every ethnic background, gender identity and sexual orientation under the sun – provided they all went to Oxbridge, read English Lit, live in North London and hold precisely the same political views.

THE BBC licence fee is the only tax in the country where you are threatened with a criminal record and a prison sentence if you refuse to pay for a product you don't even want, produced by people who actively despise you.

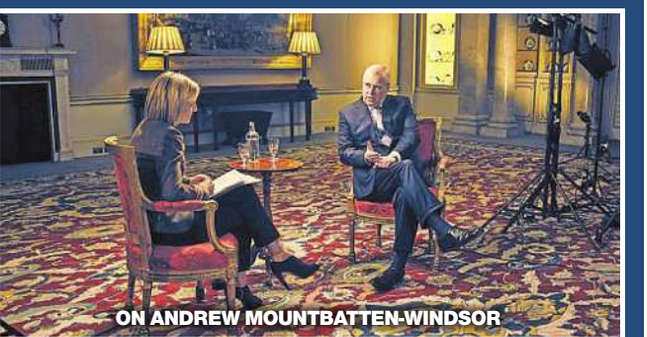
IF the BBC were forced to go on to a voluntary subscription model tomorrow, half its audience would cancel before lunchtime and the rest would only keep it so they could watch the snooker.



ON SOCIAL MEDIA INFLUENCERS

THE name under which these women collectively labour is "influencer", a term which, like "content creator", is close to meaningless and both could be usefully replaced by "s**tgibbon" or "unemployable".

AN influencer is simply someone with a smartphone, a staggering level of self-absorption and the breathtaking audacity to ask a restaurant owner for a free three-course meal in exchange for posting a picture of a dessert to three thousand bot accounts in Rostov.

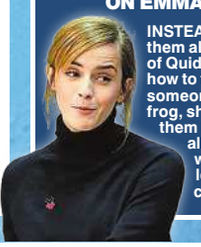


ON ANDREW MOUNTBATTEN-WINDSOR

"IN the annals of public relations disasters, Prince Andrew's television appearance sits somewhere above the captain of the Titanic announcing that the iceberg was actually very small and mostly made of ice cream."

"HE sits in Royal Lodge, surrounded by his teddy bears, wondering why no one is inviting him to cut ribbons at a bypass opening in Slough."

ON EMMA WATSON



INSTEAD of telling them all the rules of Quidditch or how to turn someone into a frog, she bored them [The UN] all rigid with whining, leftie, PC crap.

ON DIANE ABBOTT

I LIKE Diane Abbott about as much as I like getting out of bed in the middle of the night, standing on a piece of Lego and smashing my head into the door.

She's not exactly my cup of tea, y'know?

And she has said some wonderfully stupid things in her time. But . . . she speaks her mind. She clearly cares.

Wednesday TV GUIDE

Sun TV 4-PAGE SECTION

BBC ONE

6am Breakfast (S)
9.30 Animal Park (R,S)
10.15 Trace, Track, Get My Car Back Bike recovery specialist Bilal hunts down a stolen e-bike. (R,S)
10.45 Expert Witness A facial recognition expert helps Merseyside Police. (R,S)
11.15 Homes Under The Hammer Visits to four flats in Scotland, England and Wales. (R,S)
12.15 Bargain Hunt Christina Trevanion presents. (R,S)
1.00 BBC News (S)
2.00 Money For Nothing Sarah Moore attempts to trick the eye by updating a display cabinet. (S)
2.45 Escape To The Country Buyers seek a move from the USA to the East Midlands. (R,S)
3.45 The Bidding Room A small package holding 400 years of history is revealed. (S)
4.30 The Answer Run Today's teams have to distinguish Emmerdale from Coronation Street. (S)
5.15 Pointless Quiz hosted by Alexander Armstrong and co-host Konnie Huq. (R,S)
6.00 BBC News (S)
6.30 Regional News (S)

10.40pm Will Ferrell and Reese Witherspoon in You're Cordially Invited

7.00 The One Show Alex Jones and Vernon Kay present the magazine show with celebrity guests and stories of interest from around the UK. (S)
7.30 EastEnders Mark tries to win Lauren's attention, Sheila put her plan into action, while Mo and Jean search for ways to ease their money troubles. (S)
8.00 The Repair Shop (18/25) Experts restore a pair of original seats from Arsenal's Highbury stadium, a broken locket from the Second World War, a shop ledger from 1909 and a chapel from a model village. (R,S)
9.00 Murder 24/7 (6/8) Part two of two. The documentary follows police attempts to build a case against Matthew Jonathan for the murder – and the bloody footprint that provided a breakthrough. (S)
10.00 BBC News (S)
10.30 Regional News (S)
10.40 PREMIERE You're Cordially Invited FILM A battle of wills erupts when the father of one bride and the sister of another discover that their special days may be ruined because the wedding venue has been accidentally double-booked. Comedy starring Will Ferrell and Reese Witherspoon. (2025) ✪✪✪ (S)
12.25 The Hit List Celebrity Special Music quiz. (R,S) Followed by **Weather 1.15-6am** BBC News (S)

BBC TWO

6.30 am Money For Nothing (R,S)
7.15 The Bidding Room (R,S)
8.00 Sign Zone: Great Japanese Railway Journeys (R,S,SL)
8.30 Great Continental Railway Journeys (R,S,SL)
9.00 BBC News (S)
1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? Vernon Kay puts the spotlight onto his home town of Bolton, as TV icon Anneka Rice, comedian Shane Todd and Radio 1Xtra DJ Remi Burgz face a fresh test of knowledge. (R,S)
2.45 Cricket: The Hundred LIVE Trent Rockets Women v Birmingham Phoenix Women. Coverage of the match from Trent Bridge in Nottingham. The Phoenix won the toss and elected to bat when these teams faced each other at Edgbaston last year, and went on to post a total of 148/5 from their 100 balls, which proved to be enough for victory as the Rockets fell 11 runs short in their innings. Start-time at **3.00**. (S)

10pm The Big Cases: The Funeral Home Horror looks at the crimes of Robert Bush

6.00 Cricket: The Hundred LIVE Trent Rockets Men v Birmingham Phoenix Men. Coverage of the match from Trent Bridge in Nottingham. The Rockets claimed a six-wicket victory when these teams clashed at Edgbaston last season, thanks largely to the efforts of fast bowler Lockie Ferguson who three wickets with his 20 balls and helped restrict the Phoenix to 122/6, which the Rockets surpassed with 22 balls to spare. Start-time at **6.30**. (S)
9.30 Live At The Apollo (2/7) Ria Lina hosts the comedy show filmed at London's Hammersmith Apollo, warming up the audience before introducing stand-up routines by fellow comedians Lucy Beaumont and Josh Pugh. (R,S)
10.00 The Big Cases: The Funeral Home Horror How debt-ridden undertaker Robert Bush hoarded bodies, sold fake funeral plans and presented families with the ashes of strangers. (S)
10.30 Newsnight Analysis of the day with Victoria Derbyshire. (S) Then **Weather**
11.05 Uncanny (3/3) The case of a student house believed to be haunted by a malevolent entity is one of the most unsettling cases Danny Robins has come across. (R,S)
12.05 The Devil In The Family: The Fall Of Ruby Franke True crime series. (R,S) **12.55-1.50am** Sign Zone: Amityville: An Origin Story (R,S,SL)

itv1

6am Good Morning Britain (S)
10.00 This Morning A mix of celebrity chat, lifestyle features, advice and competitions. (S)
1.30 ITV News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal David Dickinson and the team are in Oldham, where Simon Schneider is squeezed to splash the cash for some candlesticks. (R,S)
3.00 Deal Or No Deal Stephen Mulhern hosts as contestant James tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize. (R,S) Followed by **Local Weather**
4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)
5.00 The Chase Bradley Walsh hosts as John, Anousha, Tracy and Hanish work as a team to take on one of the Chasers. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)

8.30pm Lauren upsets Betsy by abandoning her in Coronation Street

7.30 Deal Or No Deal: Banker's Best Battles Stephen Mulhern takes a trip back to revisit two battles between hopeful players James and Jack, and the infamous Banker. (S)
8.00 Emmerdale It is a sad day for the Dingles, a decision is made to give the dog a good send-off. (S)
8.30 Coronation Street Lauren leaves Betsy to fend for herself, Kit informs Bethany of Gary's role in Sarah's crime, and Asha accompanies Sienna on a difficult mission. (S)
9.00 Who Wants To Be A Millionaire? Another line-up of contestants answer questions that could change their lives – with the four lifelines Ask the Audience, Phone a Friend, 50-50 and Ask the Host available to them if they get stuck. (R,S)
10.00 ITV News At Ten (S)
10.30 Regional News (S)
10.45 Long Lost Family: Born Without Trace Davina McCall and Nicky Campbell investigate the cases of foundlings from 1983 and 1960. (R,S)
11.45 The Assembly (5/8) Aitch is interviewed by neurodivergent individuals. (R,S)
12.10 Shop On TV 3.00 Love & Death (R,S,SL) **3.50** Inside The Langham: Britain's First Grand Hotel (R,S,SL) **4.15** Unwind With ITV (S) **5.35-6am** Tom Kerridge Cooks Italy (R,S,SL)

4

6.30 am The King Of Queens (R,S)
7.45 Everybody Loves Raymond Triple bill of the sitcom. (R,S)
9.10 Frasier Four episodes. (R,S)
11.10 Ramsay's Kitchen Nightmares USA Gordon Ramsay tries to help an English pub located in Georgetown, Texas. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Henry and Simon head to Suffolk. (R,S)
1.10 The Great House Giveaway First-time renovators Ceri and Danni take on a dormer bungalow in Anglesey. (R,S)
2.10 Countdown With Ade Adepitan in Dictionary Corner. (S)
3.00 A Place In The Sun Ben Hillman helps Deb and Steve find a home in Almeria, Spain. (R,S)
4.00 Saving Country Houses With Penelope Keith Sinkholes emerge around Elizabethan Pitchford Hall in Shropshire. (R,S)
5.00 Château DIY Tim and Sasha disagree on the lighting for their converted wine barrel dining space. (R,S)
6.00 American Pickers Mike makes a move on Gypsy Grandma, the queen of arcade games. (R,S)

9pm Simon Pegg stars as Danny Patrick in the thriller series The Undeclared War

7.00 C4 News (S)
8.00 Extraordinary Extensions Tinie Tempah meets a couple who have gambled £3.5 million to turn their Surrey home into a Marbella-inspired luxury party resort – complete with dance floor, pool house, wellness space, firepit and outdoor kitchen. Tinie also catches up with a couple with a fraction of the budget, who are trying to bring a taste of experimental Chinese timber architecture to their terraced home in south-west London. (S)
9.00 The Undeclared War (5 & 6/6) Double bill. Barbara comes under Charlie's scrutiny as tragedy strikes GCHQ. Danny, Saara and Roz try to help Vadim escape, and Danny makes a discovery. Then, Danny puts everything on the line in order to right some wrongs, and Roz and the team race against the clock to find out what the malware is searching for. (S)
11.00 24 Hours In A&E (6/7) A 21-year-old man is rushed in after a motorbike accident leaving him with leg and lung injuries. (R,S)
12.05 Celebrity Hunted (R,S,SL) **1.50** Ramsay's Kitchen Nightmares USA (R,S,SL) **2.40** Dictator: The Hitler Interviews (R,S,SL) **3.30** Dover 24/7: Britain's Busiest Port (R,S,SL) **4.30** Grand Designs (R,S,SL) **5.20** Kirstie And Phil's Love It Or List It: Brilliant Builds (R,S,SL) **5.50-6.30am** Countdown (R,S)

5

6am Milkshake!
9.15 Jeremy Vine (S)
11.30 Storm & Alexis Discussion and debate, presented by Storm Huntley and Alexis Conran. (S)
12.45 5 News (S)
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice to help viewers save money. (S)
2.15 A Town Called Murder FILM While on a road trip through the desert, Charlie and her boyfriend breakdown in the middle of nowhere. Heading to a nearby town, she suddenly finds herself alone when her partner goes missing. Thriller, with Kayleigh Ruller. (2023) ✪✪✪ (S)
4.00 Castle The author is hired by an old school friend to find out if her spouse is cheating on her. (R,S)
4.55 Love Nature Following Atlantic puffins on St Kilda. (R,S)
5.00 5 News With Dan Walker (S)
6.00 Majorca: A Year In The Sun Cameras focus on chef Marc Fosh, who celebrates the best of Majorca's produce. (R,S) Followed by **5 News Update**

8pm Dr James Griffiths features in Casualty 24/7: Every Second Counts

7.00 Car Pound Cops (6/8) With exclusive access to car pounds, police forces, local council enforcement agencies and national organisations, we track cars as they are seized for a variety of offences. (R,S) Followed by **5 News Update**
8.00 Casualty 24/7: Every Second Counts (10/10) Former nurse Sandra is brought in with a suspected dislocated ankle, and paramedics rush in a 70-year-old with a dangerously low heart rate. (S)
9.00 999: Critical Condition Charlotte arrives potentially paralysed following a car crash and Graham faces life-threatening surgery to remove a tumour from his head. (S)
10.00 Ambulance: Code Red Paramedics respond to calls of a man who has collapsed in a hotel bathroom, a head-on collision between two motorcyclists, and a woman with a broken leg. (R,S)
11.05 Cause Of Death (8/10) Lancashire Police investigate when the body of a man is found in a field with part of his ear missing. (R,S)
12.05 A&E After Dark (R,S) **1.00** Teleshopping (R,S) **2.00** GPs: Behind Closed Doors (R,S) **2.50** Castle (R,S) **3.40** Friends (R,S) **4.35** The Highland Vet (R,S,SL) **5.25** Entertainment News On 5 (S) **5.35** Milo (R,S,SL) **5.45-6am** The Adventures Of Paddington (R,S,SL)

REGIONAL VARIATIONS S4C: **6am** Cyw **10.00** Blociau Rhif **10.05** Crawc A'i Ffrindiau **10.15** Deian A Loli **10.30** Eisteddfod Genedlaethol 2026 **12.00** Newyddion S4C **12.05** Eisteddfod Genedlaethol 2026 **2.00** Newyddion S4C **2.05** Eisteddfod Genedlaethol 2026 **4.00** Eisteddfod Genedlaethol 2026 **5.30** Eisteddfod Genedlaethol 2026 **7.30** Newyddion **7.50** Eisteddfod Genedlaethol 2026 **9.45** Pawb A'i Farn **10.45** Y Babell Lên 2026 **11.15-12.20am** Ty Ffit BBC ONE WALES: **8pm** Shift The Thrift **8.30-9.00** Our Lives: The Last Miner In The Band **10.40** Undercover: Cancer Cure Or Con? **11.00** FILM PREMIERE You're Cordially Invited (2025) **12.45am** The Hit List Celebrity Special **1.30-6am** BBC News

FILMS ✪✪✪✪✪ Brilliant ✪✪✪✪ Very Good ✪✪✪ Good ✪✪ Not Bad ✪ Poor (R) Repeat (S) Subtitles (SL) Sign Language

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SLEUTH BE TOLD . . . Nesbitt

JAMES IN POIROT PREQUEL

COLD Feet star JAMES NESBITT tops the list of the new line-up who have signed up for the Poirot prequel.

The six-parter, which will be shown on the BBC, called Hercule, sees EDWARD BLUEMEL as the Belgian detective – a role famously played for almost 25 years by DAVID SUCHET.

It will also feature JAMES D'ARCY, JACK GLEESON and TAMSIN GREIG.

The series, which is soon to start filming in Liverpool, will show how the young sleuth became the world's greatest detective.

It is described as "an intimate study of Hercule Poirot" as well as "an epic portrait of Britain between the wars."

The much-anticipated show will centre on three of AGATHA CHRISTIE's early stories, while also introducing Poirot to future friends as well as one outstanding enemy.

A HUGE Hollyoaks spoiler has been leaked online after a YouTuber snuck on set. Social media star Mr Airborne shared a video of him behind-the-scenes on the Channel 4 soap and fans were quick to spot it exposed an upcoming storyline. But we won't be revealing it.

GEORGE HELPING NEWBIES

EVEN TV property shows are having to adapt during the cost-of-living crisis.

The struggle facing first-time buyers has prompted GEORGE CLARKE to launch Amazing Spaces: First Homes.

In the four-parter for Channel 4, he will explore the creative ways people are building affordable gaffs in unsual spaces, from boats and buses to former toilet blocks.

HOPE . . Clarke

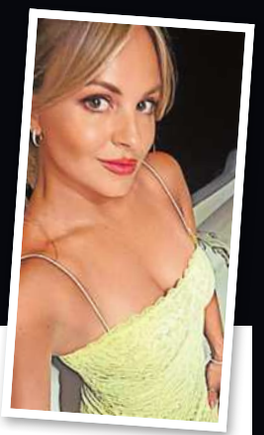
George will meet grafters with ambitious ideas.

He said: "I was lucky enough to follow the stories of some amazing people working hard to build their own first home for the very first time.

"It's full of ambition, hope, creativity and optimism, but it also highlights why our broken housing system needs to change."

More listings: Pages 30 & 31

PALS RALLY FOR TINA



CORONATION Street's **TINA O'BRIEN** and **ALISON KING** soak up the sun away from the cobbles.

The soap duo, who play Sarah Platt and Carla Connor, are catching rays in Greece with Alison's daughter Daisy Huckett also joining the selfie.

It's some well-deserved time out for Tina, just three weeks after her split from TikTok star Rory Martin.

And her co-stars were quick to send her some love.

SALLY CARMAN, who plays Abi Franklin, wrote: "Pack it in now!"

While **SUE CLEAVER**, who was Eileen Grimshaw, added: "I know where you guys are! Enjoy!"

NETFLIX & TRILL

STREAMER'S MASKED SINGER-STYLE SHOW

NETFLIX is moving deeper into ITV's territory by developing a rival to The Masked Singer.

New show Blockheads will feature celebrities wearing disguises as they try to work out who the other person is.

As the name suggests, they will have large blocks placed on their heads and their voices disguised, while guessers will have to work out the hidden identities from clues.

Meanwhile, cameras placed inside the "blocks" will give viewers a glimpse of the celebs' reactions as their co-competitors try to work out who they are.

A TV insider said: "This isn't just moving further into ITV's territory with another big entertainment show.

"It's also trying to capture some of the current desire for guessing games, typified in shows such as The Masked Singer and The Celebrity Traitors."

The streaming giant has increasingly been trying to tap into the markets traditionally held by the main terrestrial channels, with mixed results.

It has had hits by poaching big BBC dramas including Peaky Blinders and Luther, and it could have further success with a revival of Channel 4 comedy The Inbetweeners. But Netflix's bid to do a take on ITV's I'm A Celebrity . . . Get Me Out Of Here! didn't work out quite so well.

HEADS START . . . *from left*, Moth, Disc Jockey, Gargoyle & Sloth in last year's Masked Singer

Celebrity Bear Hunt was axed after it debuted last year – despite featuring a number of star competitors, as well as being hosted by adventurer **BEAR GRYLLS** and former This Morning presenter **HOLLY WILLOUGHBY**.

Hopefully Blockheads will fare better as it has obvious parallels with Saturday night favourite The Masked Singer, which will introduce new guesser **ALAN CARR** to the line-up when it returns next year.

The Netflix series also has the benefit of being put together by South Shore, the production company which already makes gameshows The Floor and Cooking With The Stars for ITV.

CRITICS: MYTH IS MISTAKE

THE Great ADHD Myth? is already facing a backlash – even before it airs on Channel 4 this month.

The documentary, hosted by Dr Max Pemberton, asks if ADHD is a genuine disorder or a social construct.

Writer MATT HAIG, who received late-in-life diagnoses of ADHD and autism, criticised the programme online.

BACKLASH . . Dr Pemberton

He posted: "You are taking one of the conditions with the most stigma and misuse around it and making it worse. "That title causes real damage."

He added: "It is also biological reality."

The Royal College of General Practitioners also issued a statement after Dr Iona Heath, ex-president of the RCGP was quoted as saying ADHD was "not a medical condition" in the announcement by C4.

They said: "In response to an article on the Channel 4 website announcing a forthcoming documentary about ADHD, the RCGP would like to make clear that the quote attributed to a former college president was not made on behalf of the college.

"The college recognises ADHD as a neuro-developmental condition and supports evidence-based care for people with ADHD in line with current national guidance."

JO'S WILD PLANS ON HOLD

BBC Two bosses want a second series of JOANNA PAGE's Wild Life.

The show – featuring the Gavin and Stacey star working as a volunteer helping foxes, badgers, owls and hedgehogs at an animal rescue centre in Surrey – proved a big hit when it aired earlier this year.

And so the channel has ordered another batch of episodes.

VOLUNTEER . . . Joanna

However, the Welsh actress told fans at a talk in Somerset: "I'm supposed to be doing a second series of the wildlife show but they have had to put it on hold."

Could the news that she's been tipped to sign for the next series of ITV's I'm A Celebrity have anything to do with the delay?

Either way Joanna is likely to be seeing a lot of wildlife very soon.

Wednesday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE freeview 23

7pm The Catch Up **7.05** Deadly 60 **8.00** Top Gear **10.00** Guy Montgomery's Guy Mont-Spelling Bee. Double bill. **11.35** Dinosaur **12.55** Jesy Nelson: Odd One Out **1.55-2.55am** James Arthur: Out Of Our Minds

BBC FOUR freeview 9

7pm Great British Railway Journeys. Michael Portillo explores York, a paradise for rail enthusiasts. **7.30** Wainwright Walks. Scaling the demanding mountain Blencathra. **8.00** The Treasures Of Ancient Rome **8.55** Mary Beard Remembers: Ultimate Rome: Empire Without Limit **9.10** Mary Beard's Ultimate Rome: Empire Without Limit **10.10** I, Claudius **11.55** The Treasures Of Ancient Rome **12.55** Wainwright Walks **1.55-2.55am** Mary Beard's Ultimate Rome: Empire Without Limit

ITV2 freeview 6

6am Backyard Builds **6.30** Dress To Impress **7.30** The Real Housewives Of Salt Lake City **8.20** The Real Housewives Of Orange County **9.20** The Only Way Is Essex **10.15** Dawson's Creek **11.10** Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor USA **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Salt Lake City **5.00** The Real Housewives Of Orange County **6.00** Celebrity Catchphrase **7.00** The Floor USA **8.00** The 1% Club **9.00** Family Guy **11.35** American Dad! **12.35** Bob's Burgers **1.00-2.40am** The Real Housewives Of Orange County

ITV3 freeview 10

6am George And Mildred **7.05** Classic Emmerdale **8.40** Classic Coronation Street **9.10** Poirot **11.30** Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Midsomer Murders **10.00** Grantchester **11.50** Trial & Retribution **12.50-2am** Wycliffe

ITV4 freeview 26

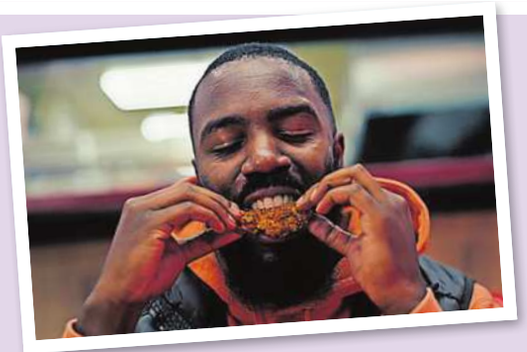
6am Magnum, PI **8.05** Dempsey And Makepeace **9.05** Boon **10.15** The Professionals **11.25** Robin Of Sherwood **12.30** Magnum, PI **2.35** Dempsey And Makepeace **3.40** Boon **4.50** The Professionals **5.55** Minder **7.00** Aussie Pickers **8.00** Beat The Chasers: Celebrity Special **9.00 FILM** RoboCop. Sci-fi thriller starring Peter Weller. (1987) **11.05** All Elite Wrestling: Collision **1.05-2am** Minder

E4 freeview 13

6am Hollyoaks **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine With Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00** The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **6.30** Hollyoaks **7.30** The Simpsons **8.00** Vanderpump Rules **9.00** Gogglebox **11.05** Naked Attraction **12.05** First Dates At Christmas **1.05-2.10am** Gogglebox

MORE4 freeview 18

8.55am Heir Hunters **10.00** Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** The Roman Empire By Train With Alice Roberts **10.00** 24 Hours In Police Custody: The Butcher Of Suburbia **11.05** 24 Hours In Police Custody: The Butcher Of Suburbia **12.10** 999: On The Front Line **1.15-2.20am** 24 Hours In Police Custody: The Butcher Of Suburbia



CHICK FLICK . . . Mo chows down on his fried chicken diet during film

BIG CHICKEN: A FAST FOOD CONSPIRACY

Netflix

IT'S been 22 years since Morgan Spurlock served up documentary film Super Size Me, where he devoured nothing but McDonald's meals for a month.

During the experiment he witnessed the effects a fatty, sugar-loaded, salt-laden diet had on his mental and physical health.

Now the fast-food industry is under scrutiny once more and the guinea pig this time is The Masked Singer's Mo Gilligan.

Big Chicken: A Fast Food Conspiracy sees him eat this one dish for 28 days straight. Starting in South London, Mo's journey takes him all the way to America, where fried chicken as we know it was hatched.

It spread to the UK in the Sixties and we now spend £12million a day on it.

The documentary is full of mind-blowing stats.

For starters, the UK boasts more than 6,000 fried chicken shops, which is almost double the number of Tesco supermarkets and four times that of Sainsbury's. You won't be surprised to learn that by the end of his challenge, Mo's health is heading on the same downward spiral as Spurlock's, but he seems emotionally disturbed by his findings, too.

"You know, one of the ingredients," he laments, "they also put it in condoms for lubrication . . . who knew that went into a chicken burger?"

In one hard-hitting scene, Mo is reduced to tears as he struggles with his mental health, which he puts down to

SKY MIX freeview 11

7am Border Security: Canada's Front Line **8.00** Border Patrol **9.00** Nothing To Declare **11.00** Border Security: Canada's Front Line **12.00** Caught On Dashcam **1.00** Police 24/7 **2.00** Nothing To Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00** Stargate Universe **7.00** Star Trek: The Next Generation **8.00** Police 24/7 **9.00** The Rookie **11.00** Star Trek: Enterprise **12.00-1am** Fantasy Island

BBC Three 10pm Guy Montgomery hosts a new run of Guy Mont-Spelling Bee

U&DAVE freeview 19

7.25am Top Gear **8.20** Border Force: America's Gatekeepers **10.20** Rick Stein: From Venice To Istanbul **11.20** Yukon Gold **12.20** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Martin Clunes: Islands Of Australia **4.00** Rick Stein: From Venice To Istanbul **6.00** Hairy Bikers' Best Of British **7.00** Mortimer & Whitehouse: Gone Fishing **7.40** Would I Lie To You? **9.00** QI XL **10.00** Have I Got A Bit More News For You **11.00** Taskmaster **12.00** Mock The Week **12.40-2am** Would I Lie To You?

U&DRAMA freeview 20

7.25am The Bill **8.15** Doctors **9.25** Classic Holby City **10.45** Casualty **11.45** The Bill **12.45** Classic EastEnders **2.00** Neighbours **3.00** Pie In The Sky **4.05** Lovejoy **5.20** As Time Goes By **6.00** Last Of The Summer Wine **8.00** Sister Boniface Mysteries **9.00** The Chelsea Detective **10.00** New Tricks **11.20** Luther **12.40** Lovejoy **1.50-2.50am** Sister Boniface Mysteries

REALLY freeview 44

6am Celebrity Fantasy Homes **7.00** Teleshopping **8.00** Escape To The Country **9.00** Salvage Hunters **12.00** The Yorkshire Auction House. Double bill. **2.00** The Repair Shop **3.00** Salvage Hunters. Double bill. **5.00** Long Lost Family: Born Without Trace **6.00** The Repair Shop **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** Long Lost Family **10.00** Who Do You Think You Are? **11pm-2am** Help! My House Is Haunted

U&YESTERDAY freeview 27

8am Bangers & Cash: Restoring Classics **10.00** Secret Nazi Bases **11.00** Auschwitz: The Nazis And The Final Solution **12.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Secret Nazi Bases **5.00** Auschwitz: The Nazis And The Final Solution **6.00** Antiques Roadshow **7.00** The Green Planet **8.00** Michael Palin: Travels Of A Lifetime **9.00** Simon Reeve's South America **10.00** Bangers & Cash **12.00-1am** Bangers & Cash: Restoring Classics

U&W freeview 25

6.10am Property Brothers At Home: Drew's Honeymoon House **7.00** Tipping Point **10.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** Property Brothers At Home: Drew's Honeymoon House **5.00** DIY SOS: The Big Build **7.00** MasterChef Australia **8.25** Anton Danyluk On Body Shame **9.00** Signora Volpe **11.00** First Responders **1.00** One Born: What Happened Next? **1.50-2.25am** Inside The Ambulance

QUEST freeview 17

6am Salvage Hunters: The Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Car Hunters **1.00** World's Greatest Motorcycle Rides **2.00** Shed And Buried **3.00** Shed And Buried: Classic Cars **4.00** Find It, Fix It, Drive It **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **8.00** The Yorkshire Auction House **10.00** The Repair Shop **11pm-1am** How Do They Do It?

THAT'S TV freeview 56

8am That's 60s: Best Music Live! **8.05** Rising Damp Xmas 1975 **8.35** Duty Free **9.10** Never The Twain **9.40** On The Buses **10.10** Bread **10.50** Steptoe And Son **11.25** Oh, Doctor Beeching! **12.05** Rising Damp **12.35** Man About The House **1.05** Goodnight Sweetheart **1.40** When The Boat Comes In **2.45** Minder **3.50** Just Good Friends **4.25** Man About The House **4.55** Bread **5.30** Birds Of A Feather **6.00** That's 60s: Best Music Live! **6.10** Rising Damp **6.45** Steptoe And Son **7.20** Whatever Happened To The Likely Lads? **7.55** Minder **9.00** Benidorm **10.00** Shameless **11.00** Man About The House **11.30** Mind Your Language **12.05** Benidorm **1.00-2.05am** Minder

SPORT

TNT Sports 1 7.15pm Chicago Cubs v Los Angeles Dodgers in the MLB

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** Sky Sports Breakfast **9.00** Good Morning Transfers **10.00** Sky Sports FC **11.30** LIVE The Hundred. Manchester Super Giants Women v Welsh Fire Women. Start-time at 11.30. **2.30** LIVE The Hundred. Manchester Super Giants Men v Welsh Fire Men. Start-time at 3.00. **6.00** LIVE The Hundred. Trent Rockets Men v Birmingham Phoenix Men. Start-time at 6.30. **9.30** LIVE Tennis. The Canadian Open. **12.00-4am** LIVE Tennis. The Canadian Open.

SKY SPORTS PREMIER LEAGUE

7am Best PL Goals 17/18 **8.00** PL 100 Club **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** SNF **1.30** PL Highlights **2.30** FNF **3.00** MNF Hlts **3.30** PL Highlights **5.30** Transfer 360 **6.30** Premier League Stories **7.00** The Transfer Show **8.00** Premier League Stories **8.30** Mo Salah: When He Was King **9.00** Transfer 360 **10.00** PL Review **11.00** PL Years **1.00-3am** PL Retro

SKY SPORTS FOOTBALL

6am EFL **9.00** SPFL Round-Up **9.30** EFL Greatest Games **10.00** EFL Cup Retro **12.00** EFL Highlights **1.00** EFL **2.00** EFL Highlights **3.00** SPFL Highlights **3.30** EFL Greatest Games **4.00** EFL Cup Retro **6.00** SPFL Highlights **6.30** EFL Highlights **8.30** EFL **9.30** EFL Cup Retro **11.30** SPFL Highlights **12.00-2.45am** Championship Retro

SKY SPORTS ACTION

6am Betfred Super League **8.45** Betfred Super League Highlights **9.00** Betfred Super League **12.00** NFL Highlights **1.00** Good Morning Football **3.00** NFL Highlights **4.00** Betfred Super League Highlights **5.00** NFL Highlights **5.15** Super Bowl LX Bitesize Highlights **5.30** NFL Bitesize Highlights **6.00** NBC's Pro-Football Talk **8.00** NBA Basketball **10.00** Betfred Super League Highlights **10.30** NBA On Fire **11.00** Betfred Super League Highlights **11.30** Women's Super League **11.45** Betfred Super League Highlights **12.00** LIVE WNBA. New York Liberty v Seattle Storm. Tip-off at 12.00. **2.00-4.30am** LIVE WNBA. Chicago Sky v Los Angeles Sparks. Tip-off at 2.00.

SKY SPORTS +

6am Sky Sports News **7.00** Sky Sports Breakfast **8.00** Betfred Super League **10.50** My Icon: Michael Holding **11.00** Sky Sports FC **12.00** Transfer Talk **1.00** Lunchtime **2.00** Sports Desk **2.30** My Icon: Ebony Rainford-Brent **2.45** My Icon: Linford Christie **2.55** LIVE The Hundred. Trent Rockets Women v Birmingham Phoenix Women. Start-time at 3.00. **6.00** LIVE Tennis. The Canadian Open. **12.00-4am** LIVE Tennis. The Canadian Open.

SKY SPORTS CRICKET

6am The Hundred **9.15** The Hundred Bitesize **9.30** The Hundred Bitesize **9.45** The Hundred Bitesize **10.00** The Hundred Bitesize **10.15** The Hundred Bitesize **11.00** The Hundred Bitesize **11.15** LIVE The Hundred. Manchester Super Giants Women v Welsh Fire Women. Start-time at 11.30. Coverage of the match from Emirates Old Trafford Cricket Ground, Manchester. **2.30** LIVE The Hundred. Manchester Super Giants Men v Welsh Fire Men. Start-time at 3.00. Coverage of the match from Emirates Old Trafford Cricket Ground, Manchester. **6.00** LIVE The Hundred. Trent Rockets Men v Birmingham Phoenix Men. Start-time at 6.30. **9.30** The Hundred Bitesize **10.00** The Hundred Bitesize **10.30pm-2am** The Hundred

SKY SPORTS GOLF

6am LPGA Tour Golf **7.00** US Women's Open Golf **8.00** Women's PGA Championship **9.00** LPGA Tour Golf **10.00** Women's Golf **5.00** Hall Or Nothing: Georgia's Story **6.00** PGA Tour Champions **7.00** PGA Tour: The Cut **7.30** HotelPlanner Tour Golf Highlights **8.00** PGA Tour Golf **9.00** Women's Golf **10.00** Legends Tour Golf **11.00** PGA Tour: The Cut **11.30** HotelPlanner Tour Golf Highlights **12.00** Women's Golf **1.00-3am** How The 1995 Ryder Cup Was Won

ENTERTAINMENT

Sky One 8pm A League Of Their Own presenters take part in a daring Rally

SKY ONE

6am Mornings **7.00** Mornings With Ridge And Frost **8.00** Stargate SG-1 **9.00** NCIS: Los Angeles **10.00** Will & Grace **11.00** The Simpsons **12.00** Moon: Nature's Secret Force **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **6.00** Animal Control **7.00** The Simpsons **8.00** A League Of Their Own: The Rally **9.00 FILM** Terminator 2: Judgment Day. A cyborg is sent back in time to protect the future saviour of the human race from a shape-changing assassin. Sci-fi adventure sequel with Arnold Schwarzenegger and Linda Hamilton. (1991) **11.30** Animal Control **12.30** Grimm **1.30-2.30am** The Force: Manchester

SKY ATLANTIC

6am Fish Town **8.00** Billions **10.20** Heated Rivalry **12.30** Homicide: Life On The Street **2.30** Billions **4.40** Heated Rivalry **6.50** The Penguin **9.00** House Of The Dragon. Rhaenyra grows desperate for a sign that she will prevail. **10.15** Station Eleven. Miranda reflects on her relationships with Arthur and Dr Eleven. **11.15** Station Eleven **12.15** True Detective: Night Country **1.30-2am** Sort Of

SKY WITNESS

6am Bondi Rescue **7.00** Border Patrol **8.00** Send In The Dogs **9.00** Brit Cops: Law & Disorder **10.00** Stop, Search, Seize **11.00** Bull **12.00** FBI **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing To Declare **8.00** Caught On Dashcam. Road disasters captured on video by drivers' dashboard cameras. **9.00** Fire Country. Station 42 responds to a fire at a local smokehouse. **10.00** FBI: International. The Fly Team search for a missing Romanian surrogate. **11.00** The Rookie. John Nolan moves closer to his new role, while trying to uncover the truth about a colleague's death. **12.00-2am** FBI

U&GOLD

7.05am Don't Wait Up **7.45** Going Straight **8.20** Only Fools And Horses **9.00** The Green Green Grass **9.40** Are You Being Served? **10.20** Last Of The Summer Wine **11.40** Going Straight **12.20** Only Fools And Horses **1.00** Keeping Up Appearances **1.35** Dad's Army: The Lost Episodes **2.20** The Green Green Grass **3.00** Are You Being Served? **3.40** Going Straight **4.20** Dad's Army: The Lost Episodes **5.00** Last Of The Summer Wine **6.20** Keeping Up Appearances **7.00** Only Fools And Horses. Del starts a chandelier-cleaning business. **7.45** Dad's Army. Sgt Wilson struggles to concentrate on his duties. **8.25** Are You Being Served? Mr Grace films an advertisement. **9.00** The Office. Brent becomes a motivational speaker. **9.40** Porridge. Fletcher yearns for peace and quiet. **10.20** Not Going Out. Lee gets a job. **11.00** Mrs Brown's Boys **11.35** The Green Green Grass **12.15** The Office **1.00** Porridge **1.35-2.15am** Not Going Out

COMEDY CENTRAL

8am Impractical Jokers **8.55** Everybody Loves Raymond **11.00** The Upper Hand **1.05** Impractical Jokers Summer Vacation **1.35** Friends **9.00** Michael McIntyre's Big Show. The comedian gives Alison Hammond a rude awakening. **10.00** 8 Out Of 10 Cats. Double bill. **11.40** Whose Line Is It Anyway? USA **12.40** Gods Of The Game **1.10** The Comedy Bus **1.40-2.10am** South Park

U&ALIBI

7.15am Murdoch Mysteries **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00** Body Of Proof **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** The Mentalist **5.00** Hudson & Rex **6.00** Body Of Proof **7.00** Private Eyes. A body goes missing from a mortuary. **8.00** Bookish. Detective drama set in post-war London starring Mark Gatiss. **9.10** Death In Paradise. Love is in the air for Neville following an unexpected encounter. **10.10** Father Brown. Murder ensues when a prestigious group of writers is invited to Montague. **11.10** Private Eyes **12.10** Shakespeare & Hathaway: Private Investigators **1.10-2.10am** Death In Paradise

SKY COMEDY

8am Will & Grace **9.00** Sort Of **10.00** Upright **11.15** Will & Grace **12.15** Avenue 5 **1.30** Upright **2.45** Will & Grace **3.45** Hacks **5.00** Community **6.00** Will & Grace **7.00** The US Office **8.00** The Reluctant Landlord. Double bill. Natasha persuades Jayanthi to start dating. Then, Rom and Natasha compete to organise the best date. **9.00** Last Week Tonight With John Oliver. A satirical look at news and pop culture. **9.45** Ellie Taylor: Palavering! A stand-up show by the comedian. **10.45** Hacks **12.05-1.05am** Hitmen

DISCOVERY

6am How It's Made **7.00** Barnwood Builders **9.00** Gold Rush **11.00** Building Off The Grid **1.00** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue **7.00** Ant Anstead Master Mechanic **9.00** Jaws Vs. Orca. Experts reveal how killer whales hunt and take down great white sharks. **10.00** Jurassic Sharks. Marine biologists investigate the superpredators that once ruled the seas. **11.00** The Alaska Triangle **12.00** Deadliest Catch **1.00-2am** Jaws Vs. Orca

RADIO

Virgin Radio 10am Emma B helps you through the day with her mix of bangers

VIRGIN RADIO DAB virginradio.co.uk

6.30am Steve Denyer On The Chris Evans Breakfast Show With Moneybox **10.00** Emma B **2.00** Ben Jones **6.00** Geoff Lloyd **10.00** Goldierocks **2.00-6.30am** Stu Elmore

TALKRADIO DAB talkradio.co.uk

6am Ian Collins **10.00** Julia Hartley Brewer **1.00** Mark Dolan **4.00** Kevin O'Sullivan **7.00** Peter Cardwell **10.00** Petrie Hosken **1.00** Paul Ross **5.00-6am** Through The Papers

TALKSPORT 1053, 1089MW talksport.com

6am Alan Brazil **10.00** Adam Catterall & Darragh McAnthony **1.00** Max Rushden & Charlie Baker **4.00** Drive **7.00** The Transfer Insiders

Sun TV 4-PAGE SECTION TV GUIDE

his extreme diet. Another sees him review secret footage from inside a chicken factory farm which exposes the horrendous conditions chickens endure just to feed us.

Mo says: "That is the stark reality. This industry is so secretive and so silent. But when you see what is behind closed doors, I understand why it is so silent now."

But he doesn't quite go so far as to say he'll never eat the fast food again.

And I must admit that, despite it being a hard watch, I still ordered delivery from my local chicken shop just 24 hours later.

JACK HARDWICK

THEY'RE BACK . . . Coach and Ted

Sun TV picks

TED LASSO, Apple TV: We thought we'd seen the last of football coach Ted Lasso (Jason Sudekis) when he turned his back on the men's squad at AFC Richmond to return to his US roots.

Fast-forward three years and Ted is working in a supermarket, spending time with son Henry and ex-wife Michelle.

But when Rebecca, Keeley and Higgins arrive from the UK and ask him to return, it turns out to be an offer that suits his family.

However, he's now got the tricky job with Coach Beard of transforming the club's women's team into genuine competitors.

Expect laughs and moments that will tug on your heartstrings.

VOICES OF THE VALLEYS, Sky Arts, 8pm: There is nothing like the sound of a male voice choir. And in this three-part series following a trio of choirs across Wales as they each prepare for a huge event, we learn why.

"The male voice choir consists of four sections: The top tenors – the ones who hit the top notes – the second tenors, we then go down to the baritone section, then we've got the bottom bass – the grumblers and the growlers," says Conor O'Leary, of the Beaufort Male Choir. "The four parts put together sound absolutely amazing."

However, it isn't all about the music as we learn from Callum, 25, who suffered mental health issues after being bullied, but found a sense of camaraderie when he joined the choir eight years ago.

THE BIG CASES – THE FUNERAL HOME HORROR, BBC Two, 10pm: The story of undertaker Robert Bush is explored in this one-off documentary, as the extent of his crimes comes to light. Drowning in debt, Bush began to hoard bodies, sold fake funeral plans and presented families with the ashes of strangers for years, until he was eventually caught by Humberside Police and faced more than 60 criminal charges.

As the police fought for justice, so did grieving families . . .

EXTRAORDINARY EXTENSIONS, Channel 4, 8pm: You'll want to start saving for a house renovation when you see one of this week's ambitious extensions.

Tinie Tempah meets a Surrey couple who've spent £3.5million on a build that comes with a pool house, wellness space, firepit, outdoor kitchen and dance floor.

CHLOE ANDREWS

TNT SPORTS 1

6am WRC Review **7.00** Cycling **8.00** Cycling **9.00** Test Cricket Highlights **10.00** Premier League Stories **10.30** UEFA Champions League Goals Reload **10.45** Inside the Game **11.00** British Superbikes Rewind **11.15** Cycling **11.30** Cycling **12.30** LIVE Cycling: Tour de France Women. Coverage from the fifth stage of the Grand Tour race. **5.45** Premier League Stories **6.15** MLB Highlights **7.15** LIVE MLB. Chicago Cubs v Los Angeles Dodgers. Start-time at 7.20. **10.00** MLB Plays of the Week **10.30** TNT Sports Reload **11.00** MLB Highlights **12.00** LIVE MLB. Milwaukee Brewers v Pittsburgh Pirates. Start-time at 12.30. **3.30-6.30am** LIVE World Series of Poker. Coverage from the third and final day.

TNT SPORTS 2

6am MotoGP Classics **10.00** MotoGP Classics **11.00** TNT Sports Cricket Reload **11.30** Test Cricket Highlights **2.30** LIVE Test Cricket. West Indies v Pakistan. Coverage of the fourth day of the Second and Final Test in the series from Queen's Park Oval in Trinidad and Tobago. **11.00** TNT Sports Cricket Reload **12.00-2am** World Series of Poker

TNT SPORTS 3

6am Fishing: On the Bank **7.00** eSports Show **7.30** The Gallagher PREM **9.00** UEC Mountain Bike European Championship **10.00** Cycling **11.00** LIVE Cycling: Tour Of Poland-Stage 3. Coverage of the third stage of the 2026 Tour of Poland. **3.45** Inside the Game **4.00** British Superbikes Highlights **5.00** Sign Up – Into Football **6.00** TNT Sports Reload **6.30** Ultimate Pool **8.00** FIM Speedway Grand Prix Highlights **9.00** Discovery Golf **9.30** British Superbikes Rewind **9.45** Cycling **10.00** Cycling **11.00** Cycling **12.00-1am** Cycling

PREMIER SPORTS 1

6am DTM Motorsport Highlights **7.00** FIM Sidecarcross Championship **8.00** Indikart Championship **9.00** NASCAR Highlights **10.00** Football **12.00** Sporting Countdowns **12.30** Coppa Italia **2.30** World Of FreeSports **3.00** DTM Motorsport Highlights **4.00** Swedish Speedway **6.00** Football's Greatest **7.00** LIVE Football. Arsenal v Real Betis. Kick-off at 7.30. **10.00** KOTV Weekly **10.30** LaLiga Highlights **10.55** LIVE Argentine Primera Division. Boca Juniors v Estudiantes. Kick-off at 11.00. **1.00-4.45am** United Rugby Championship

10.00 The Sports Bar **1.00** Extra Time With Paul Ross **5.00-6am** Early Sports Breakfast

TALKSPORT2 DAB talksport.com

8am William Hill Sports Book Club **10.00** On Track **11.00** Fight Night Extra **12.00** Following On **1.00** Racing Live **3.00** The Social **5.00** Howzat For A Podcast! **6.00** Following On **7.00** Fight Night Extra **8.00** On Track **9.00** William Hill Sports Book Club **12.00-8am** My Sporting Life

TIMES RADIO DAB thetimes.co.uk/radio

6am Kate McCann And Stig Abell **10.00** Ed Vaizey **1.00** Sebastian Payne **2.00** Jane Garvey And Fi Glover **4.00** John Pienaar **7.00** Kait Borsay **10.00** Carole Walker **1.00** The Best Of Times Radio **5.00-6am** Tom Nunan

RADIO 1 97.6-99.8FM bbc.co.uk/radio1

6.58am Newsbeat **7.00** Greg James **11.00** Rickie, Melvin And Charlie **12.45** Newsbeat **1.00** Matt And Jerry **3.30** Newsbeat **3.33** Going Home With Vick, Katie And Jamie **5.45** Newsbeat **6.00** Jack Saunders **8.00** Maia Beth **10.00** Sian Eleri **11.00** Benji B **1.00** Dance Presents **2.00** Anthems **4.00** Pop Anthems **5.00-6.58am** Dean McCullough

RADIO 2 88-91FM bbc.co.uk/radio2

6.30am Sara Cox **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** DJ Spoony **4.00** Joel Dommett **7.00** Jo Whiley **9.00** Mark Radcliffe **10.00** Melvin Odoom **12.00** Connor Phillips **3.00** Dance Sounds Of The 90s With Vernon Kay (R) **4.00-6.30am** Owain Wyn Evans

MOVIES

Sky Cinema Premiere 8pm Bob Odenkirk stars in the comedy Normal

SKY CINEMA PREMIERE

6.30am Love Me (15, 2024) ★★★★ **8.10 Lurker** (15, 2025) ★★★ **9.55 Redux Redux** (15, 2025) ★★★ **11.55 Normal** (15, 2026) ★★★★ **1.35 Heretic** (15, 2024) ★★★★ **3.35 Wicked: For Good** (PG, 2025) ★★★ **6.00 Mortal Kombat II** (15, 2026) ★★★ **8.00 Normal** (15, 2026) ★★★★ **9.40 Heretic** (15, 2024) ★★★★ **11.35pm-1.15am Anaconda** (12, 2025) ★★★

SKY CINEMA ANIMATION

11.10am Sing (U, 2016) ★★★★ **1.00 The Secret Life Of Pets** (U, 2016) ★★★★ **2.30 The Secret Life Of Pets 2** (U, 2019) ★★★★ **4.00 The Ant Bully** (U, 2006) ★★★ **5.35 Shaun The Sheep Movie** (U, 2015) ★★★★★ **7.05 A Shaun The Sheep Movie: Farmageddon** (U, 2019) ★★★★ **8.35 Hotel Transylvania** (U, 2012) ★★★★ **10.10 Hotel Transylvania 2** (U, 2015) ★★★ **11.45 Hotel Transylvania 3: A Monster Vacation** (U, 2018) ★★★ **1.25-2.55am Antz** (PG, 1998) ★★★★★

SKY CINEMA ACTION

8.50am 300: Rise Of An Empire (15, 2014) ★★★ **10.50 Shazam!** (12, 2019) ★★★★ **1.10 Spider-Man 2** (PG, 2004) ★★★★ **3.30 Demolition Man** (15, 1993) ★★★★ **5.35 The Running Man** (15, 2025) ★★★ **8.00 Spider-Man 3** (12, 2007) ★★★★ **10.25pm-12.15am Normal** (15, 2026) ★★★★

FILM4 freeview 14

11am My Spy (12, 2020) ★★★ **12.55 Monkey Business** (U, 1952) ★★★★★ **2.50 Siege At Red River** (U, 1954) ★★★ **4.35 Heaven Knows, Mr Allison** (PG, 1957) ★★★★ **6.40 Steel Magnolias** (PG, 1989) ★★★★ **9.00 Speed** (15, 1994) ★★★★ **11.15 Ambulance** (15, 2022) ★★★ **2.00-3.45am Downhill** (15, 2020) ★★★

TALKING PICTURES freeview 82

12.20pm Scotland Yard 1.00 The Buccaneers 1.35 London's Canal Ride In The 1950s 1.45 Up In The World (U, 1956) ★★ **3.30 Look At Life 3.45 Dial 999 4.20 The Bells Go Down** (U, 1943) ★★ **6.10 So This Is London 6.30 Give Us A Clue 7.00 Out Of Town 7.30 Travelling Man 8.35 An Englishman Abroad 9.50pm-12.10am From Here To Eternity** (PG, 1953) ★★★★★

GREAT! MYSTERY freeview 50

1pm In Plain Sight 2.00 Castle 3.00 Diagnosis Murder 5.00 Murder, She Wrote 7.00 Castle 8.00 Unforgettable 9.00 In Plain Sight 10.00 Hailey Dean Mysteries 11.01 Hailey Dean Mysteries 11.50pm-1.45am Flower Shop Mystery: Snipped In The Bud (PG, 2016) ★★★

GREAT! ACTION freeview 42

11am 40 Guns To Apache Pass (PG, 1967) ★★ **1.00 The Unit 2.00 Burn Notice 4.00 Predestination** (15, 2014) ★★★★ **6.00 The Unit 7.00 Burn Notice 9.00 End Of A Gun** (15, 2016) ★★ **10.55 The Avengers 11.55 The New Avengers 12.55-1.55am The Persuaders!**

dear deidre

Edited by SALLY LAND

Need our help? Email deardeidre@the-sun.co.uk any time

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

Can't resist sex with my hot ex

Dear Deidre

I HAVE a boyfriend but sex with my ex is off the scale. We pick up where we left off when he visits every week to see our dog.

I know I'm cheating on my new man but I just can't stop thinking about my ex. He's irresistible.

We got together in a really strange way – after meeting at his engagement party to my cousin.

But from the moment we first saw each other, there was something intense between us and I knew we would be more than friends.

Sure enough, days after the party he started texting me. Before the week was out, we were having sex.

My cousin eventually found out and our family life blew up. Everyone blamed me for their split and my parents were livid.

But thankfully, they came around when they saw how serious we were about one another.

We couldn't wait to live together so started saving money for a house and soon found somewhere we liked. We moved in but it was a wreck and doing it up was so stressful because we didn't have enough money for the necessary renovations. Our relationship really suffered.

I then found out through a colleague that he'd cheated on me.

By this point, we were hardly talking to each other anyway so when I confronted him, he admitted it and left. The house is now up for sale and it's still in a state so it could take months to sell.

Until it does, I will be living there with our rescue dog.

Ironically, my ex and I are getting on better now and whenever he visits, he kisses me hello. I find the smell of his aftershave intoxicating.

The last few times he's come round we've ended up going up to bed for old time's sake. I don't think I'll ever get over him.

■ DEIDRE SAYS: If you're hoping for a reconciliation, you need to find out how he really feels about you.

Are you just another notch on his bedpost? His track record isn't great as he jumped from engagement to you, so is this just sex for him?

You have to think very carefully about what you want. The house project may have been a millstone but if that was taken away, would your relationship be easier or would you get in the same rut?

Whatever you decide, your current boyfriend isn't doing it for you so it's only fair to end it with him.

My support pack, Addictive Love, may help you weigh up the pros and cons.

dear deidre

Scan this QR code to talk to trained counsellors, Mon-Thurs, 1pm-4pm. We're humans, not chatbots.

LIVE Chat

WHY DOESN'T SHE WANT TO SLEEP WITH ME ANY MORE?

Dear Deidre

I HAVEN'T had sex with my partner since Easter but I'm too scared to ask what the problem is, in case she ends it with me.

We are both 49 and divorced. She has a daughter while I've got two sons and they're all independent.

We live separately but enjoy weekends and holidays together.

Until I rented a holiday cottage for us, we had a great sex life. That weekend, we had sex twice but then she became distant and I don't know whether I did something wrong.

Now, she seems different. It's almost as if she's lost her confidence somehow.

I don't want to hurt her feelings but I miss the intimacy.

■ DEIDRE SAYS: If you're in a relationship, you should be able to talk to her about anything.

It sounds as if this is "the elephant in the room" so she may be waiting for you to start the conversation if she's feeling awkward or embarrassed.

Perhaps she doesn't like sex so much or she's feeling perimenopausal. The change in hormones during the menopause govern sex drive.

Find a moment to explain that your sex life helps you feel you have something special. Say it's your way of showing her you love her and ask what's gone wrong.

If it's a lack of desire due to her age, suggest she talks to her doctor.

My support pack, Love And The Mature Woman, may help, too.

TIRED OF CLEANING UP AFTER FAMILY

Dear Deidre

I'M so bored with my life that I'm thinking of leaving my husband and kids.

I'm a 44-year-old mum with two teenage sons. I've done everything for them all their lives and for my husband, too.

He gets in from work, eats his dinner and goes to the pub. My boys are useless and don't help out in any way.

They barely look up from their video games when I tell them dinner is ready.

I do the cooking, cleaning, washing and stripping beds and I hold down two jobs – one in a school during the day and, on a Friday night, I clean two offices.

We've not had a holiday for six years and our sex life is non-existent because my husband has always drunk too much and goes straight to sleep. I've got nothing to look forward to.

■ DEIDRE SAYS: Sadly, the more you've looked after your family, the more you've made a rod for your own back.

Call a family meeting and tell them enough is enough. Say it's all going to change from now on.

Draw up a list of chores. Your sons can do their own washing and bed-changing.

They could even try to cook a family meal.

Once they realise how much you've done for them, they may not take you for granted as much.

Tell your husband you are going to get some counselling to decide on your next steps – you may find he joins you.

You can get support at tavistockrelationships.org (020 7380 1975).

stories deidre's photo casebook

LIBBY'S JOB: DAY 3

Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

hot topic

MOST people feel jealous from time to time but when those feelings start to dominate your thoughts, they can damage trust and leave both partners feeling unhappy.

Learning where your jealousy comes from is the first step towards managing it in a healthier way.

If you're struggling with the green-eyed monster, my support pack, Dealing With Jealousy, can help.

Dear Deidre

I CAN'T bear the thought of my grown-up children finding out about my alter-ego – but I can't hide my feelings any longer.

I'm desperate to become a woman. I've been cross-dressing in secret for years. It started when my wife would visit her sister and I'd spend the weekend trying on her stockings and underwear, then it progressed to dresses.

My wife is 60 and doesn't know. I'm 65 and retired. I joined a cross-dressing society in my local town. People aren't really aware of it but the therapist who runs it is really lovely. She's been helping me with tackling how I'm going to transition and

IT'S TIME TO TELL WIFE BIG SECRET

she's even allowed me to have clothes I have bought sent to her house.

I confide in her so much and I no longer feel ashamed of who I really am.

I still love my wife but I'm no longer in love with her. I don't want to hurt the ones I love, but I can't go on living this lie.

■ DEIDRE SAYS: Wanting to be seen as female is something innate in you. You've found a good community which understands how you feel.

There is less prejudice these days, but this isn't an easy road to walk down.

Your wife deserves to learn about your secret from you, rather than finding out by accident – and this will need delicate handling.

Although you may feel the same about her, she will no doubt find this news very challenging.

Take your time to decide how best to do this by finding support through Mind Out (mindout.org.uk) which runs a chat service for people LGBTQ+ and is run by affirmative mental health-trained volunteers.

You may find that your children are more accepting than you realise but sorting out your marriage is the first positive step. Good luck.

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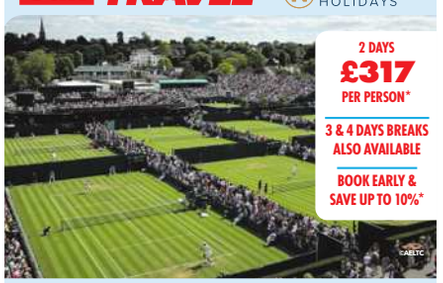

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GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.

Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial

X: @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

Fab DAILY

Top nutritionist reveals the demonised 'junk' foods you should **NEVER** ban

WHY WE SHOULD ALL HAVE A BIT OF HOT CRUMPET IN THE MORNING

ULTRA-PROCESSED foods had been considered a red flag when it comes to healthy eating.

By ANNA ROBERTS

Typically, UPFs contain substances you would rarely find in your kitchen cupboard, such as additives with mind-boggling names, emulsifiers that help ingredients bind together and artificial sweeteners.

But according to nutrition coach Marcelle Rose, "blanket warnings about UPFs" can do more harm than good.

She says: "For many people, stress, guilt and anxiety around food can be far more damaging to health than occasional processed snacks."

A recent Harvard University study found nutritional quality matters more than processing levels for long-term health.

Marcelle lists ten UPFs you can safely snack on . . .

BAKED BEANS: "These are a great source of protein and fibre," says Marcelle. "While they *are* ultra-processed, they keep you fuller for longer and are not terrible, as long as they are part of a balanced diet. Have them with eggs and wholegrain toast.

"Don't add salt, and always opt for low-salt, low-sugar versions."

FISH FINGERS: Marcelle says: "Fish is a really important part of the diet as it is a protein and contains omega-3 essential fats, vitamins and amino acids."

Amino acids help produce serotonin, known as the "happy hormone", while Marcelle adds that the freezer staples can be a "palatable way" of introducing fish into children's diets.

POT NOODLE: The key is to make them part of a bigger meal. Marcelle says: "You can add cooked chicken, prawns, an egg or spinach and it becomes part of a much more balanced meal."

Better still, create your own "fakeaway" using plain noodles, or brands that have fewer additives.

CRUMPETS: "Compared to most sweet breakfast snacks, they are very low in fat and calories," Marcelle says.

"Topped with peanut butter or eggs, they can make a filling breakfast.

"If you have them only occasionally, they are fine – and proof you don't have to vilify all UPFs."

WHOLEMEAL SLICED BREAD: Most supermarket bread *is* ultra-processed – a problem if you love a sandwich. "It doesn't mean you have to avoid it, though," says Marcelle. "Ideally you would get sourdough, but wholemeal and seeded breads are a great alternative. They are rich in fibre, which helps your gut and heart health. Some breads have better ingredients than others – go for ones with the highest fibre and the fewest additives."

BREAKFAST CEREAL: It's no to chocolate-flavoured brands, but wholegrain varieties such as Weetabix and Shredded Wheat are acceptable. "They are fortified with iron and B vitamins, which give you energy," says Marcelle.

"They also provide fibre, which helps you feel fuller for longer, reduces cholesterol and helps gut health. Just make sure you choose low-sugar and low-salt versions."

JARS OF PASTA SAUCE: Marcelle says: "I know people are busy and they are an easy way to ensure you eat proper meals with the time you have.

"You should choose low-salt, low-sugar varieties. To make it healthier, add a tin of vegetables or tuna.

"Then you're improving the overall balance of the meal."

OVEN CHIPS: "They aren't something I would advocate every day," says Marcelle, "but they are much better for you than chip-shop chips.

"They're still potatoes, meaning they provide fibre and potassium, and they contain far less fat than deep-fried chips."

FLAVOURED YOGHURT: Most are packed with additives and Marcelle says: "Lower-sugar varieties are the best choice.

"Ideally you should try to avoid them, but that doesn't mean ditching all yoghurt.

"Natural yoghurt is a great option, plus you can add a spoonful of honey or maple syrup and mix it with fruit."

VEGGIE BURGERS: Many are ultra-processed and Marcelle suggests bean burgers, made from whole pulses, instead. But for an occasional meal, give them a go.

"Many are high in fibre and protein and lower in fat than traditional beef burgers," says Marcelle. "Balance your plate with salad and corn on the cob."

●**Marcelle's book, The Binge Freedom Method, is available to buy now at marcellerosenutrition.co.uk/BFM.**

Fab DAILY

Edited by **SARAH BARNS** and **JOEL COOPER**

STRIPE A DEAL ON HIGH STREET

VERTICAL, horizontal, thick or thin – stripes are stars in the fashion world right now. Fabulous Stylist EMILY REGAN rounds up standout stripes on the high street worth snapping up.

Dress, £39.99, Parfois

T-shirt, £14, Next

Skirt, £18, Primark

Shorts, £29.99, Zara

Trousers, £32, River Island

Earrings, £18, Oliver Bonas

Bag, £12.99, H&M

Dress, £12, George at Asda

Writer **Julie Cook** swore she would never have anti-ageing tweakments. Here's why she changed her mind

I SPENT £9K ON BOTOX AND FILLERS ...IT TOOK HUBBY YEARS TO NOTICE

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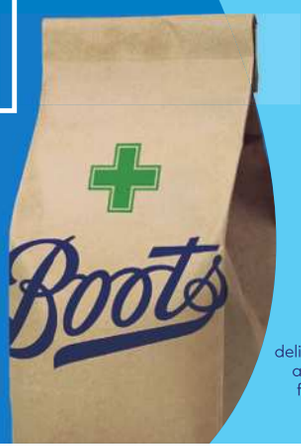

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JULIE'S CHANGING FACE

'I had lip filler, despite having told a girlfriend I never would because it was tacky. It stung. A lot. But the results were amazing – and all the while, I kept the procedures a secret from my husband'

FACING FACTS . . . Julie with husband Cornel

Photography by LORNA ROACH

AGE 39
No tweakments

AGE 40
Started Botox

AGE 45
Botox and fillers

NOW 48
Regular maintenance

ARRIVING home with a cluster of telltale pin pricks around my eyes, I found my husband in the kitchen making dinner.

I wondered whether this would be the day that Cornel, 45, finally noticed the secret that had been staring him in the face for the past five years – but his reaction floored me.

Or, rather, his non-reaction. True to form, he said nothing and turned back to the pan bubbling away on the hob.

I'd just spent £500 on 2ml of filler as well as Botox – a mere drop in the ocean compared to the £9,000 I've spent on tweakments since I turned 40 in 2017.

Yet despite having 40 needles in my face, tens of millilitres of filler in my cheeks and lips, a threadlift, plus regular facials, it took Cornel five years to notice that something about me "looked different".

And yet I can spot if a woman has had work done from a mile off.

It's the glazed forehead, the slightly raised brows and the rounded cheeks that are a giveaway. Yet so many men rarely notice.

It's what's called the "gender face gap" – the premise that most men simply can't tell if a woman has had Botox, filler or any other cosmetic procedure for that matter.

Research reveals that blokes generally prefer the natural look and find heavily altered faces unattractive. Therefore, subtle procedures often go unnoticed.

Cornel is a classic example, and my friends share similar stories.

They're forking out hundreds of pounds on filler for collagen-depleted cheeks and Botox for frowns, yet their partners have no idea unless they tell them.

While some women choose to keep their routine under wraps because they don't want their partners to know how much they spend, others simply have no desire to reveal their "secret". What's the point? Back in my thirties, the idea of sticking needles in my face seemed appalling.

Then I turned 40 and my forehead lines – which had once disappeared when I stopped moving my face – stayed put. I tried to tell myself to age gracefully.

But in July 2017, I found myself sitting opposite a male aesthetician at a clinic in Southampton, discussing how to stop the ageing process in its tracks.

I paid £50 for the consultation only to walk out, shocked by the dodgy eyebrows and frozen expressions of his staff.

Because of them, I swore I would never go down the tweakment path myself.

But a month later, still niggled by those deepening forehead lines, a Google search led me to a reputable GP who did aesthetics. She was an advocate of the natural look, so I paid £250 for my first lot of Botox.

When the results kicked in three days later, Cornel didn't say anything, so neither did I. Within six months, I was having Botox on my crows' feet as well as my frown line.

And a year later I decided to spend £250 on filler to plump up my collagen-depleted cheeks, which were hollowing with age.

Another year later, I had lip filler – despite having told a girlfriend I never would because it was tacky.

It stung. A lot. But the results were amazing – and all the while, I kept the procedures a secret from my musician husband of 17 years. Cornel was completely oblivious anyway.

Every three months while he was working and our two kids, now 18 and 12, were at school, I would sneak off for my treatments. Other times I'd claim I was at the dentist. My appointments were something I just didn't talk about.

In January 2022, I paid £2,800 for a thread lift. It involves pushing threads under the skin and pulling them tight at the ears to get a "snatched" jawline.

It can be painful so I had a local anaesthetic and when I came home, I looked like I'd been attacked by a swarm of bees. For the first time in five years, Cornel looked at me, puzzled.

"I had Botox for my masseter muscles, to stop teeth-grinding," I lied, inferring I would only ever have Botox for medical reasons.

"You look sore," he said, taking my explanation as the truth.

It was then, as I crept upstairs to apply ice to my face, that I asked myself why I was keeping my procedures from him.

Maybe I was nervous that he'd say our money could be better spent on the mortgage – and I'm not alone.

"Mine would be appalled if he knew I had filler in my lips," said a friend, despite her partner never noticing.

Another told her unsuspecting hubby that her Botox only cost £50 a time, when it was about £250.

Around four years ago, when I got home from one of my quarterly Botox appointments, the penny finally dropped for Cornel.

Usually, I'd dab a little concealer on the needle marks before the drive home from the clinic but that day, I'd skipped it.

"Have you fallen in a thorn bush?" he asked, before I went on to confess the whole tweakment truth.

"You did always look very . . . fresh," he said, examining my face. "But if it makes you feel better, it's fine."

Now, aged 48, I'm completely open about my treatments. Even to our kids. My son is nonplussed and my daughter just accepts it.

I don't believe I look like I've gone OTT or look "frozen". Perhaps that's why it took Cornel so long to notice.

But the gender face gap is real and it's happening in homes across the country.

Switch on, men.

CORNEL SAYS: "I genuinely didn't notice Julie was having tweakments – I just thought she was really careful with applying sun-cream and was ageing well.

"When she finally told me, I wasn't annoyed. I've since spent almost as much on hair transplants."

1 in 5
adults under the age of 26 have had Botox or fillers

1 in 4
women have had at least one cosmetic treatment

Tweaks are harder to spot

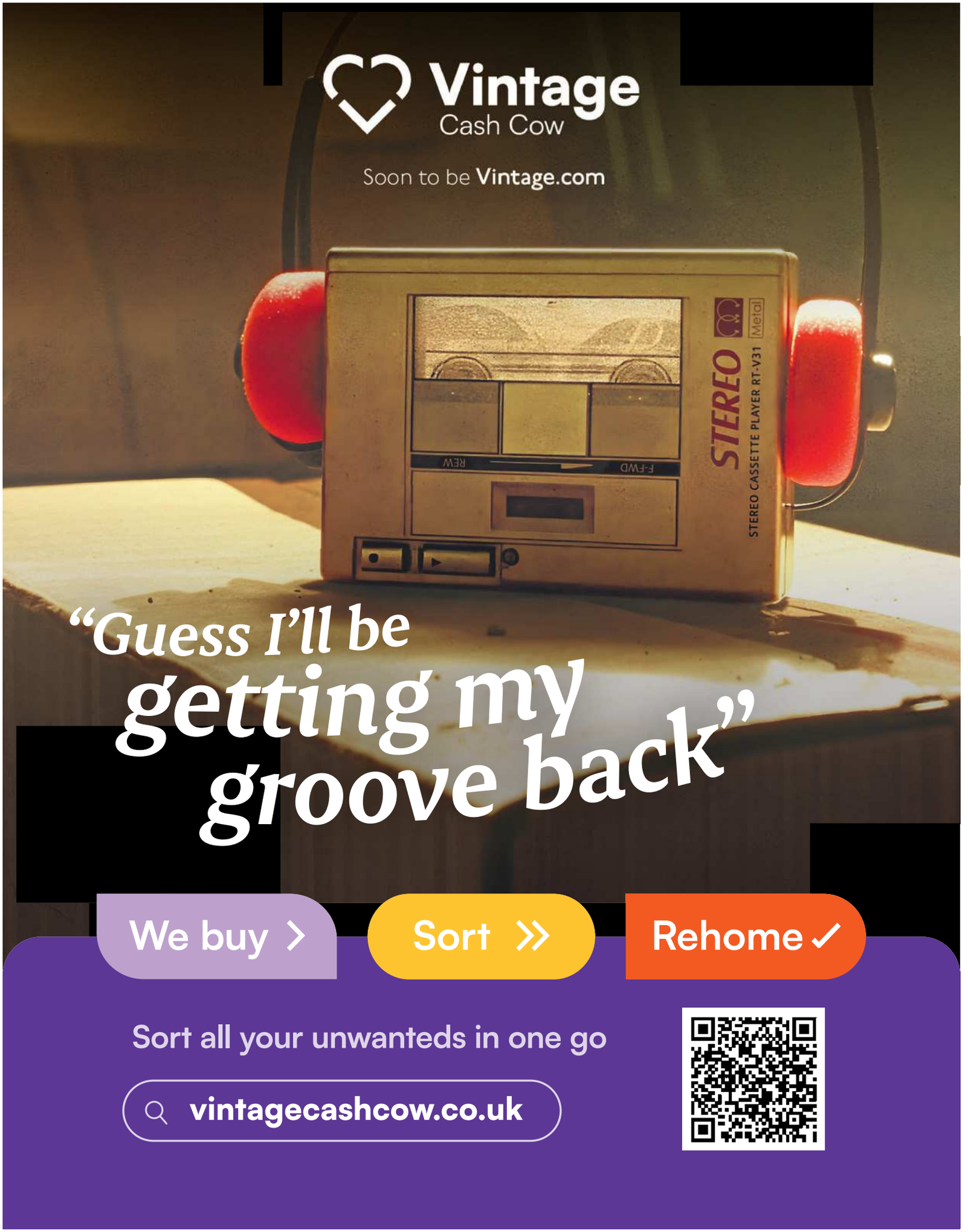
DR Sabika Karim, *inset*, is an award-winning aesthetic doctor and founder of Skin Medical (skinmedical.com). She says:

"Many patients hide their tweaks from their partners so the treatments have to be precise and nuanced, keeping patients looking like themselves but 'fresh'. So it's not surprising that many men find these subtle tweaks harder to spot.

I think the "gender face gap" is in part due to the fact that aesthetic treatments are continually improving and evolving along with scientific advances, too.

This means that, fortunately, common telltale signs of aesthetic tweakments such as "trout pouts" and "Spock eyebrows" are no longer evident.

The advancement of aesthetics means that in the hands of a qualified and experienced medical practitioner, changes can be subtle and in harmony with your face – so an untrained eye may not be able to identify them."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The page where you tell Britain what you think

EMMA Raducanu, *pictured*, has pulled out of yet another tournament, this time the US Open.

Since she brilliantly won that event in 2021, she seems to have succumbed to injury after injury. She is still very wealthy though, so why doesn't she call it a day and retire?

KELVIN GLEN
Corringham, Essex

WHILE I agree with Nigel Farage that we need to stop illegal migrants, his idea to use our Navy to turn the dinghies around mid-Channel was considered a few years ago and dropped because the shore-bound admirals considered it too dangerous. Why should the UK tremble when we have the shield of this Navy protecting us?

BILL DORNAN
Wenhaston, Suffolk

AFTER their dinghy caught fire in French waters, 150 illegal migrants were rescued and taken to port in Boulogne-sur-Mer. Now, will they ignore their encounter with death and attempt to make the journey to the UK again? You bet they will.

BRIAN LEA
Nottingham

IF petrol stations are losing tens of thousands of pounds a week through fuel theft, why don't they do something about it? Customers should have to pay for their fuel at the till first, then the pump shuts off when that amount is reached. Easy.

STEVE VINCENT
Wigston, Leics

ARSENAL are in talks to buy Newcastle United captain Bruno Guimaraes. The Brazilian midfielder, *pictured*, has been loyal to Newcastle over the past couple of years, but if he wants to go, it is in everybody's interest to get the deal done. The £100million Newcastle want could bring in some fresh new talent.

IAN OWEN
Wallington, Surrey

Rod was a true legend

£50 LETTER

I WAS sad to hear about the death of Sun columnist Rod Liddle – he was one of the top writers in the country.

The column he used to write on a Thursday was one of the funniest you could read. His wit was boundless, he spared no one and he told it how it was.

His more recent move to Page 10, where he concentrated on politics and politicians, was a masterstroke, too.

My thoughts are with his family, he was taken far too soon.

Rest in peace, Rod, your voice will be sorely missed.

MIKE COATES
Stoke

THE Sun has lost a brilliant columnist in Rod Liddle and one who spoke for the majority of the people who love this country, its history and tolerance.

He wasn't afraid to speak his mind and I will miss reading his witty comments. RIP, Rod

SYLVIA RICHARDSON
Hetton-le-Hole, Sunderland

I JUST can't believe Rod Liddle is gone. He was always straight to the point, telling uncomfortable truths with his inimitable humour. A Rod of iron, he was fearless but never offensive. He will be sorely missed.

MARY COOK
Gainsborough, Lincs

ROD Liddle was my favourite journalist, amongst many fine writers, and I always enjoyed his down-to-earth opinion pieces about the issues of the day. He will be greatly missed.

KEITH BETTS
Caister-on-Sea, Norwich

I ONCE sent Rod Liddle a pamphlet and asked him to give it an endorsement for the cover. His reply was, "I don't agree with it", so that was what went on the cover: "I don't agree with it" – Rod Liddle.

When I saw him later at a debate and told him, he laughed so hard he spat out his drink. He will be missed terribly.

DAVID LINDSAY
Lanchester, Co Durham

SO sad to hear about the passing of Rod Liddle. He, like Jeremy Clarkson, stood up for common sense and anti-woke rhetoric. RIP.

NICK HAMMOND
Brighton

I WAS saddened by the news of Rod Liddle's passing and would like to send my deepest condolences to his family and friends. I always identified with his column. Rest in peace, Rod.

MICK DIXON
Harrogate, North Yorks

WHAT sad news. Rod Liddle wrote the most absorbing, creative, amusing and brilliantly worded pieces of all journalists.

He also had his finger on the pulse of the nation and his views resonated with the majority of the electorate that the current government have so much disdain for. We will miss you, Rod.

IAN LEWIS
Leicester

ROD Liddle was a fearless man, telling things as they are.

He was a thorn in the side of our government and its left-wing hypocrites.

This country will be all the poorer without his cutting views. RIP Rod.

GEORGE WILKINSON
Romford, Essex

SO sad to lose a friend in Rod Liddle. He cared about the people of this country and wrote a lot of truths about what governments were doing to us.

Goodbye friend.

BRIAN TITTERTON
Chesterfield

NEWS that two of PC Harper's killers, Jessie Cole and Albert Bowers, may be released from prison early to free up space is utterly disgraceful.

Police officers put their lives on the line every day. I doubt any serving officer will ever vote for Labour again.

SIMON LEWIS
Market Weighton, East Yorks

THE news that two of the criminals, who caused the death of PC Harper, may be released early, makes you wonder what sort of fools are running the country.

DAVID FOAKES
Leeds

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IN two weeks as PM, Andy Burnham saw 2,000+ migrants cross the Channel. Does the Government think the problem will go away if it says nothing?
STEVE, Denton, Manchester

WHY doesn't the PM stop paying France for doing nothing and put the money into social care?
DEBS, West Bay, Dorset

IF global warming is happening, why is it 13C in Lerwick, Shetland?
BAZ, Surrey

THANK you to Eddie Howe, who has left Newcastle United after turning it around as head coach.
BRIAN BLOOMFIELD
Gateshead, Tyne and Wear

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Mystic Meg with MAGGIE HYDE

ARIES March 21 – April 20

Finishing what you have started brings satisfaction, and gives you purpose. Money is well-starred too. Self-employed? Don't let a wobble in confidence stop you asking for what you're worth. Taking a different route home could lead to an unexpected discovery. In love, someone appreciates your quick wit.

TAURUS April 21 – May 21

You're not known for wearing your heart on your sleeve, but the Moon in your sign says don't be afraid to open up. At home, promise only what you know you can deliver. Honesty will be appreciated. It's a great day for your image, and a new hairstyle or outfit lifts your spirits. Romance flourishes through little gestures.

GEMINI May 22 – June 21

Knowledge is power and you've got plenty of it. Taking time out will recharge your batteries and help clear your mind. When you're ready to come back to the world, a familiar face gives you a boost. Single or attached, a love puzzle untangles itself when an unexpected sign points in the right direction.

CANCER June 22 – July 22

Friends are the family you choose. Luckily, you're an excellent judge of character. Speak from the heart and words will be well-received. An honest conversation strengthens a friendship. It's a great day to re-evaluate goals. Knowing you have the right people in your corner makes anything feel possible.

LEO July 23 – August 23

All eyes are on you, so use it to your advantage. Centre stage is your natural place and there's no such thing as bad publicity, especially with a woman at work who has been hard to please. Splash out on something that makes you feel your best. Check your passport is in date. Someone is dreaming of whisking you away.

VIRGO August 24 – September 22

Venus puts you on the home stretch of dealing with a personal issue or job that has tested even your talents. No wonder you feel restless. A change of scenery could be just what you need, or a younger friend offers a fresh perspective that makes you think. Don't rush getting ready. You will be turning heads.

LIBRA September 23 – October 23

The Libran charm ensures you are never short of admirers, but one person seems keen to remind you how special you are. It's good to let go of past hurts and open your heart. Single and searching? Friends are only too happy to play cupid. Success with a work project brings recognition.

SCORPIO October 24 – November 22

Loyalty is one of your greatest strengths, even if it is sometimes mistaken for possessiveness. Make sure your partner can spot the difference! And if they have plans with friends, don't read too much into it. A new love can go to the next level when a friendship turns passionate. Choose lottery numbers with a Taurus.

SAGITTARIUS November 23 – December 21

Your normal pace is a gallop, but a slower start to the morning sets you up for the day. A small change to your routine, such as a more leisurely breakfast or a brain game, is nourishment. A gentle meditation brings a reminder about living in the moment – all the more important if you have big visions for the future.

CAPRICORN December 22 – January 20

Your sense of duty is strong, but don't let it be a burden. Breathing space reveals an unexpected solution to less work and more play. If you've got children around, build a den together. You'd be surprised what a little playfulness can unlock. A Leo friend shares a tip that links to a lucky break, or the excuse for an adventure.

AQUARIUS January 21 –February 18

You're often described as cool and aloof, but that's only half the story. The feelings that keep you awake at night need to be shared, and a female relative or your bestie are the ones for the job. A spot check on healthy living gets a big tick, for you and your kids. Your home life is sociable this evening, so switch off phones.

PISCES February 19 – March 20

Your instincts rarely let you down, and today your gut feelings are on point. Pay attention when someone offers you a compliment. It's a reminder about your abilities and points you towards your next step. Single? You're not one for shallow conversations and new love jumps to life when you get past the small talk.

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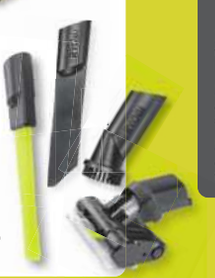

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Gtech LOVED by our customers ★★★★★ Over 83k verified 5 STAR reviews across the range!

Gtech

SAVE 38%
FREE NEXT DAY DELIVERY

Sculpt your hedges to *perfection*

Gtech Cordless Hedge Trimmer HT50

LIMITED OFFER PRICE
£169.99
Was ~~£274.98~~
Use Code: TS97

Gently trimming your hedge every 2 weeks will thicken it up and give it an incredible texture, but heavy trimmers, cables and step ladders make hedge trimming a job that some people hate. Gtech's Cordless HT50 makes hedge trimming a pleasure.

Cordless Convenience

With 60-minutes of runtime* move freely around your garden without being tethered by cables or worrying about messy petrol. Running off a high torque 18V motor, the HT50 Hedge Trimmer supplies the power directly when needed. The lightweight but super strong drive system is designed for refinement and quiet running, but don't be fooled – the precision, laser cut blades power through branches up to 25mm thick.

Long Reach

The Gtech HT50 Hedge Trimmer has an adjustable head that rotates through 135° so that you have full control over the cut of your hedge. The head adjusts downwards so you can cut the top of your hedge easily, and upwards so that you can cut thorny hedges without scratching your arms. Keep your hedges neat by cutting flat along the tops of hedges up to 10ft tall† using the 50cm long blade. The precision blades power though foliage, leaving clean cut, healthy stems which will bud out to create a beautiful, rich textured hedge.

Perfectly Balanced

Weighing only 2.94kg and accompanied by the harness, you can move freely around your garden without feeling anchored down. The HT50 is well balanced giving you a more enjoyable gardening experience without worrying about the weight.

Safety First

To prevent any unexpected starts, the HT50 Hedge Trimmer has an easy to use safety switch. To operate simply press in the safety switch on the side of the handle whilst holding the one-handed power trigger. Simple to operate and safer than ever.

Includes Branch Cutter attachment

THAT'S MUCH BETTER!

"Cuts well, lightweight, easy to use. Pleasantly surprised. Weight was top priority but it also performs really well. No problem with hedging and mature topiary holly."

Terry B ★★★★★

Nick Grey *Inventor & Gtech Owner...*

"We designed the HT50 with a longer blade, so you cut a bigger area at once. This means you'll spend less time working and have more time to enjoy your garden - ideal."

Nick

Get our **HT50** Long Reach Hedge Trimmer and Branch Cutter bundle for just **£169.99** (RRP £274.98) saving **38%** if you order before 29/10/2026. Order now at **www.gtech.co.uk** (enter code **TS97** at checkout) or scan the QR code:

*Runtime quoted may vary depending on the condition of the hedges being cut. Offers valid until 29/10/2026 or while stocks last and cannot be used in conjunction with any other offer. 30-day money-back guarantee, excluding £10 collection fee. Next Day Delivery UK mainland only (excludes highlands). †Depending on the height of the user. Visit gtech.co.uk for full T&Cs. 5925

Sunpuzzles

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TRIPLE SunDOKU

EASY

7	1	9	6			2		
4		3			2			7
8	2		4	7		1	9	
3		1	8		9			
		5				3	1	
	7		3				4	
1		7		4		8		3
		4		3	7			2
	3					4	7	

TEASER

Call 0905 757 0156 for clues or solutions
Cost £1 per minute plus network charge

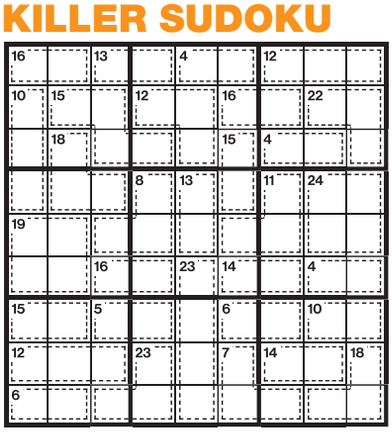
	4				6			
9	1		2					
				8	1	3	2	
	3					4	9	
		1			5		3	
4		2		9		6		
		4	5		9			
		9	8	6				7
							4	2

TOUGHIE

Call 0905 757 0152 for clues or solutions
Cost £1 per minute plus network charge

	9		2		8		1	
2								8
	6		1		4		2	
3		5		2		8		1
6				3				5
		9				2		
		4				6		
	3	6	8		2	1	4	
8			3	4	6			2

KILLER SUDOKU



The normal rules of sudoku apply. In addition, the digits in each inner shape (marked by dashes) must add up to the number in the top corner of that shape. No digit can be repeated within an inner shape. Solution on right.

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

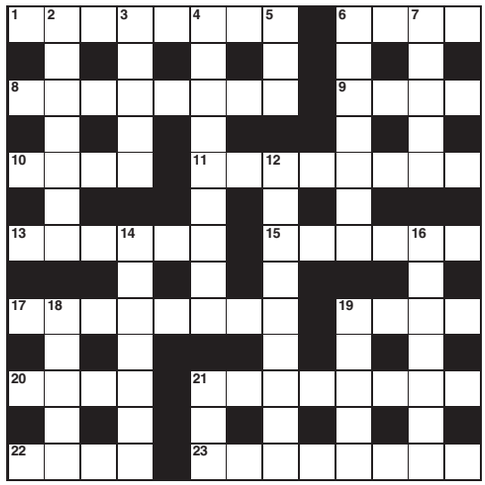
Cryptic

ACROSS

1 Somehow pride etc battered (8)
6 Fake electronic cipher (4)
8 Fish straying at sea (8)
9 Drop terrible European plugs (4)
10 Family hiding large oven (4)
11 Work by Renaissance artist announced, one working in sight (8)
13 Protection from content of greasy lump (6)
15 Quietly succeed in getting advocate (6)
17 Sneakily enter USA for wine (8)
19 Marine creature undergoing heart transplant is serene (4)
20 Food shop registered losing bit of food from the east (4)
21 Stop taking team for bottle of wine? (8)
22 Stop two-thirds of procedure (4)
23 Star strikes a criminal (8)

DOWN

2 I resent corrupt competitors (7)
3 Approach bankruptcy around November (3-2)
4 An ex actor, perhaps (9)
5 Attempt secret meeting away from street (3)
6 Young animal left in ICE cell (7)
7 Shot American in tense situation (5)
12 Classified pet escort 'weird' (3-6)
14 Conductor, drunk, to make sound with mouth around one (7)
16 Heartless local lousy nurses (7)
18 Warning! Beer repellent on vacation (5)
19 Be overdrawn to block credit? Cringe (5)
21 Alaskan displays type of music (3)



Solutions tomorrow
Get solutions today: Call **0905 757 0150** for Across and **0905 757 0151** for Down before midnight.
Calls cost £1 a minute plus network charge.

Coffee Time

ACROSS

1 In last stage of decay (8)
6 Established principles of moral conduct (4)
8 Fish with barbed dorsal spine (8)
9 Item on a necklace, perhaps (4)
10 Oven for drying porcelain (4)
11 Spectacle seller (8)
13 Refuge (6)
15 Deliver a sermon (6)
17 Blended Californian wine, deliberately misspelled from French (8)
19 Still (4)
20 Seller of high quality meat and cheese (4)
21 Type of bottle that doesn't require an opener (8)
22 Stalk (4)
23 Star on a keyboard (8)

DOWN

2 Ways in (7)
3 Argument (3-2)
4 Entertainer (9)
5 Score at rugby (3)
6 Small compartment for getting changed (7)
7 Composition for the TV, say (5)
12 Hush-hush (3-6)
14 Element, atomic number 3 (7)
16 Cold-hearted (7)
18 Attentive (5)
19 Crouch in fear (5)
21 Jamaican music similar to reggae (3)

Buy the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 at harpercollins.co.uk or call 0141 306 3100

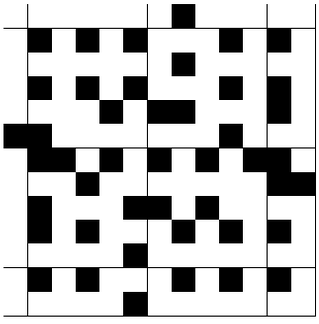
WORDSEARCH

Find seven words associated with windows. Words can run forwards, backwards or diagonally.

O	G	C	N	H	G	S
R	M	L	I	Y	H	E
E	E	Y	A	U	S	B
I	A	M	T	S	A	L
B	N	T	R	O	S	I
T	E	A	U	O	E	N
R	L	R	C	I	D	D

KRISS KROSS

Fit the words into the grid. Solution below right.



3 letters
Ail
Box
Cur
Eat
Flu
Gem
Lid
Nil
Sir
Urn

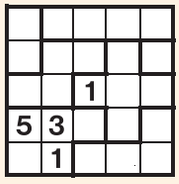
4 letters
Boil
Glue
Gram
Lamp
Mute
Norm
Rail
Tang

5 letters
Annoy
Egret
Frail
Infer
Pinto
Torch

6 letters
Annexe
Casket
Crutch
Flambe
Horrid
Usurer

7 letters
Ceramic
Divulge
Foreign
Inhabit
Layette
Maestro
Offbeat
Oilskin

SUGURU®



Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below right.

THE NAME GAME

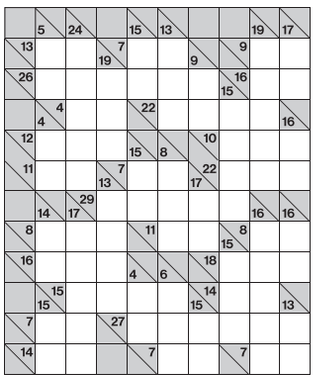
EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify a singer:

1	2	3	4	5		6	7	8	9	10

2 & 4	Philip Marlowe's creator and author of The Big Sleep
7 & 8	Mr Mellencamp, who wrote and performed Jack & Diane (second and last letters of name)
3 & 10	Actor who was Governor of California from 2003–11
6 & 1	He starred in The Fly before visiting Jurassic Park
9 & 5	Mr Tatchell, gay rights activist who twice attempted a citizen's arrest on Robert Mugabe (second and fourth letters of name)

Yesterday: DJ & producer ERIC PRYDZ (Richard (Carpenter), Emma Chambers, Dolly Parton, Yasser (Arafat), (Aldo) Zilli). Another Name Game in The Sun tomorrow.
Can't wait until tomorrow for the answers? Call **0901 293 6298**
Calls cost £1 plus your network access charge.

KAKURO



Fill the grid so that each block adds up to the total in the box above or to the left of it. You can only use the digits 1-9 and you must not use the same digit twice in a block. The same digit may occur more than once in a row or column. Solution below right.

SUNDIAL

Brilliant: 20. Excellent: 17. Good: 12. Great kids' score: 10.

SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary. Solution tomorrow.

YESTERDAY: Abhor, above, aero, biro, boar, bohea, bore, bravo, brio, euro, hero, hoar, hour, hove, hover, over, robe, roue, rove, BEHAVIOUR.

30-SECOND NUMBERCRUNCH

Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't use a calculator – that would be cheating! Write your answer at the end. Aim to complete each round in about 30 seconds. Good luck! Answers on the right.

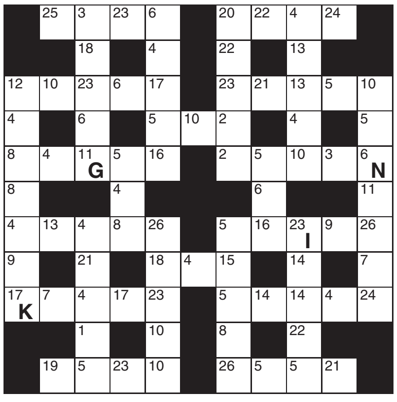
EASY **44**	-38	×8	+186	÷9	-17	×5	+172	÷7	-29	ANSWER
MEDIUM **88**	÷8	×7	+333	÷10	-35	×13	+372	÷5	+347	ANSWER
HARDER **599**	-479	40% of it	+2999	÷11	+4323	Quarter of it	-766	Half of it	-114	ANSWER

Check today's answers by calling **0905 757 0155** before midnight. Calls cost £1 per minute plus your telephone company's network access charge.

favourite brain-teasers!
from Tuesday to Friday

Don't miss Saturday's Sun and The Sun on Sunday for bumper 3-page puzzle specials

WORD WORKOUT



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
					N					G		
14	**15**	**16**	**17**	**18**	**19**	**20**	**21**	**22**	**23**	**24**	**25**	**26**
			K						I			

The world's best brain-teaser – The Sun's clueless crossword. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter E, write E in all the squares with a 4. The whole alphabet is used and we have supplied some letters to start you off. Answers tomorrow.

YESTERDAY'S SOLUTION

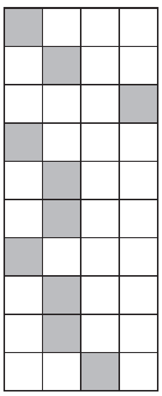
ACROSS: Wipe, Reject, Puzzler, Ode, Vanquished, Inflexible, Sat, Dilemma, Hollow, Stab.
DOWN: Wept, Pizza, Err, Epoch, Trendy, Plaque, Icicle, Kitsch, Fatal, Limit, Garb, Duo.

For four extra WORD WORKOUT clues
CALL 0901 293 6299 **TEXT** SUNWORD to 64343
Cost £1 plus standard network charge
For clues from the last 7 days **CALL** 0905 624 0010. Cost £1 per min plus network charge

MISSING LINK

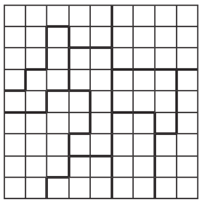
Fit ten words into the grid so each connects with the words on either side, eg wishing – well – done. The letters in the shaded squares spell out a plant. Solution below.

KEEP – DOWN
ALONG – HINDSIGHT
STEAM – OUT
PUB – NIGHT
GOOD – TURTLE
READY – TICKET
WORLD – GAME
GOLDFISH – OVER
RUN – CARD
MAJORITY – BRITANNIA



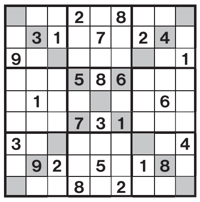
STARS

Put two stars in each row, column and region. Star cells can't touch, even diagonally. Solution below.



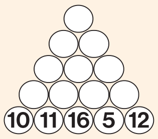
X FACTOR

Normal sudoku rules... but the two main diagonals must also contain the numbers 1-9. Solution below.



ADD UP

If the number in each circle is the sum of the two below it, what is the top number? Solution below.

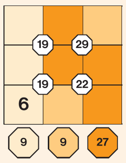


BRAINBUSTER

Which number comes next in this sequence?

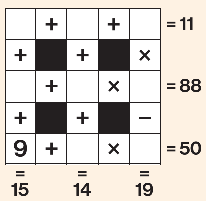
12, 15, 21, 24, 30…?

SAKURO



Enter the numbers 1 to 9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals at the bottom. Solution below.

SET SQUARE



Place digits 1-9 to make the sums work. Each digit can be used only once. Solution below.

Yesterday's solutions

SunDOKU

Easy

2	6	3	8	5	1	7	4	9
4	5	8	3	9	7	1	2	6
9	1	7	6	4	2	8	5	3
6	4	2	1	8	5	3	9	7
1	7	9	2	3	6	5	8	4
3	8	5	4	7	9	2	6	1
5	2	6	7	1	4	9	3	8
7	3	4	9	2	8	6	1	5
8	9	1	5	6	3	4	7	2

Teaser

3	9	4	7	8	2	6	1	5
7	2	8	6	1	5	4	3	9
1	6	5	9	4	3	8	2	7
5	4	3	8	6	1	7	9	2
2	1	7	4	5	9	3	6	8
6	8	9	2	3	7	5	4	1
9	5	6	3	2	8	1	7	4
8	3	2	1	7	4	9	5	6
4	7	1	5	9	6	2	8	3

Toughie

3	9	2	7	1	6	5	4	8
8	5	7	4	9	2	6	3	1
1	6	4	3	8	5	9	7	2
9	4	5	2	3	8	7	1	6
7	3	1	6	4	9	2	8	5
6	2	8	5	7	1	3	9	4
4	8	6	9	2	3	1	5	7
2	1	3	8	5	7	4	6	9
5	7	9	1	6	4	8	2	3

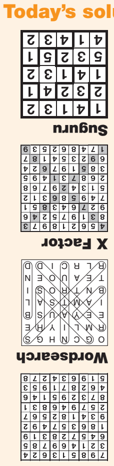
Two-speed crossword

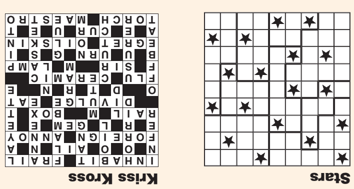
ACROSS: 1 B-l-uff, 4 Muff-ler, 8 Inexact, 9 Note-d, 10 Gas-t-r-itis, 11 Pie(r), 12 So-lace, 14 H-elm-et, 17 (T)urn, 19 Manic-ures, 22 Po-i-se, 23 Station, 24 Distend, 25 Mid-ge.

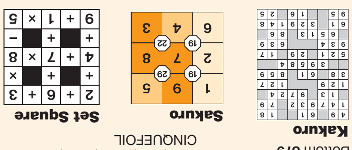
DOWN: 1 Bo(r)ing, 2 U-tensil(e), 3 F-l-air, 4 M-u-t-ate, 5 Fi-nesse, 6 Li-tup, 7 Red (read)-me-at, 12 Stumped, 13 Com-pet-e, 15 Marr-i-ed, 16 U-nus-ed, 18 (S)nail-s, 20 Ch-arm, 21 Sin-ce.

NEWSPAPERS SUPPORT RECYCLING
The recycled paper content of UK newspapers in 2024 was 34.7%

Today's solutions







Missing Link
Calm, With, Iron, Quiz, Turn, Meal, Fair, Bowl, Wild, Rule
CINQUEFOIL

Brainbuster
33 - add the sum of the digits of the current number to itself (12+1+2 = 15, 15+1+5 = 21, etc)

Page 2 Sekuta
Top line 216
Middle 354
Bottom 879

Numbercrunch
2, 437, 78

Add Up
182

Calls for clues & answers last no longer than 2 minutes (Sundial answers may vary). Helpline: **0333 202 3390** (9am-5.30pm). Service provider: Spoke, W1T 4HD

METRO SURGES

METRO BANK has posted the most profitable half-year in its 16-year history.

Pre-tax profits jumped 41 per cent to £61million, while lending in key areas surged 43 per cent to £6.2billion.

Specialist mortgages climbed 73 per cent to £2.2billion. The challenger bank is also expanding its 78-branch estate

Chief exec Daniel Frumkin hailed its face-to-face, relationship-based strategy.

SEGRO BAGGED

BRITISH warehouse giant **SEGRO** has accepted a £14billion takeover offer from American rival **PROLOGIS**.

The FTSE 100 company had rejected three earlier approaches before Prologis tabled its "best and final" bid.

Prologis will pay 1,032p for each Segro share, mostly in stock, and £3.5billion cash.

The enlarged US group plans to seek a secondary listing for shares in London.

Sun money daily

james.flanders@thesun.co.uk

EDITED By JAMES FLANDERS, Business Affairs Editor

BANK ON GROWTH

HSBC alert after bumper profit

By JAMES FLANDERS

HSBC has unveiled whopping £14.5billion half-year profits and a £740million share buy-back — as its boss warned Britain needs wealthy banks to drive economic growth.

The banking giant said its pre-tax profits jumped 23 per cent in the first six months of 2026, beating analysts' forecasts.

It rounds off a bumper reporting season for the high street banks, with **LLOYDS**, **BARCLAYS** and **NATWEST** all recording higher profits year on year.

This has fuelled renewed suggestions that the Government should target banks to help raise extra revenue.

The Trades Union Congress has called for an increase in the corporation tax surcharge on banks, from the current rate of 3 per cent to at least 8 per cent.

That would raise £9billion over four years, it says. But HSBC chief executive Georges Elhedery argued that profitable, well-capitalised banks are essential for the economy because businesses need finance to invest and expand.

"UK growth requires strong banks," he said, while praising the economy's "outstanding" resilience.

HSBC said earnings were lifted by stronger interest and fee income, especially from wealth management and banking services.

Costs rose owing to inflation and technology spending, but Mr Elhedery's simplification drive has removed £1.12billion worth of expenses.

Expected credit losses hit £1.79billion, including provision for geopolitical tensions and higher trade tariffs.

Even so, HSBC said lending to small and medium firms climbed 11 per cent over the year.

And new business banking customers surged 48 per cent to about 680,000.

23% rise in half-year profits to £14.5billion

FTSE 100 10,879.38 UP 21.68pts 0.20%

£ $1.34 €1.16

SHARE PRICES

Company	Price	+/-	Change
21st Cent Fox Inc A	4321	-	
21st Cent Fox Inc B	3359½	-	
Aberdeen Group	252½	+	7 ¼
Anglo American	3903	+	198
Assco Br Foods	2106½	-	16 ½
AstraZeneca	11760	+	260
Aviva	695¾	-	5 ¾
BAE Systems	2184	+	41
BP	526½	-	25 ½
BT Group	201¾	-	1 ¼
Barclays	524	+	9
Barratt Redrow	314¾	+	10 ¼
Bco Santander SA	1082½	+	8 ½
Brit Ameri Tobacco*	4397	-	69
British Land	448¼	+	3 ¼
Bunzl	2798	+	2
Burberry Group	1217½	+	10
Compass	2413¼	+	23
Currys	163	-	1 ¼
Diageo	1631½	-	24
Drax Group	717½	+	2
Experian	2855	+	44
FirstGroup*	184¼	-	0 ¾
Frasers Group	822½	-	5
GSK	1911½	+	2
Greggs	1943	-	1
HSBC	1594	-	3 ¼
IMI	3016	+	54
ITV	73½	+	0 ½
Imperial Brands	2739	-	25
InterCont'l Hotels	11683¼	-	11 ½
Intl Consol. Airlines	437	+	3 ½
Johnson Matthey*	2100	+	120
Kingfisher	322¾	+	8 ¼
Legal&General	303½	-	0 ¼
Lloyds Banking Gp	117	+	0 ½
LSE Grp	8480	-	10
Man Group	311	+	6 ¾
Marks & Spencer	410½	-	0
Mitch & Butlers	283½	+	0 ½
Mitie Group*	207¼	+	0 ¼
Mobico Group	24¼	+	0 ½
Mothercare	0¾	+	0
NatWest Group	717	-	5 ¾
National Grid	1185½	-	3 ½
News Corp A	2087¾	+	20
News Corp B	2378¾	+	30 ¼
Next	14865	-	35
Pennon*	459¼	+	3 ¼
Persimmon	1145½	+	14 ½
Prudential	1095½	-	13 ½
Rank Group	100¾	+	0 ½
Reckitt Benckiser	5280	-	
Rentokil	368½	+	11 ¾
Rightmove	472	+	0 ½
Rio Tinto Ltd	9023½	+	195
Rolls-Royce	1531¼	+	24 ¼
SSE*	2353	-	3
Sainsbury's	354¼	-	2 ¾
Segro	975¼	+	14 ¼
Severn Trent	3054¾	+	18 ¾
Shell	3321½	-	84
Smith&New	1123	-	74
Smiths News	73¼	+	1 ¼
Standard Chartered	2253½	+	52 ½
Tesco	478½	-	7 ½
The Sage Grp	1012½	+	13
Unilever	4733	-	37
United Utilities	1410	+	13
Vanquis Banking Gp	81½	+	1 ¾
Vesuvius	376	+	5 ¼
Vodafone	117	-	0 ¼
WH Smith	446½	+	2 ¼

* = ex dividend

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THE Royal Navy has awarded BAE SYSTEMS a £135million contract to keep its torpedoes ready for action.

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CRICKET

THE HUNDRED MEN

SunRisers Leeds v London Spirit
Headingley: SunRisers Leeds 241-2 (100 balls; R D Rickelton 94no; M R Marsh 76; H C Brook 55); London Spirit 204-6 (100 balls; D J Willey 83no). **SunRisers Leeds win by 37 runs.**

	P	W	T	L	NR	RR	Pts
Rockets	5	4	0	1	0	0.760	16
Welsh Fire	5	4	0	1	0	-0.081	16
MI London	5	3	0	2	0	0.399	12
SunRisers	5	3	0	2	0	0.348	12
Brave	6	2	0	4	0	0.022	8
Super Giants	5	2	0	3	0	0.021	8
Spirit	5	1	0	4	0	-0.410	4
Phoenix	4	1	0	3	0	-1.207	4

THE HUNDRED WOMEN

SunRisers Leeds v London Spirit
Headingley: London Spirit 136-7 (100 balls; G M Harris 51) SunRisers Leeds 142-5 (98 balls; K L George 3-25). **SunRisers Leeds win by 5 wickets.**

	P	W	T	L	NR	RR	Pts
Brave	6	5	0	1	0	0.399	20
Rockets	5	4	0	1	0	1.671	16
Super Giants	5	3	0	1	1	1.043	14
SunRisers	5	2	0	3	0	0.319	8
Fire	5	2	0	3	0	0.251	8
Spirit	5	1	1	3	0	-0.759	6
Phoenix	4	1	0	2	1	-2.184	6
MI London	5	0	1	4	0	-1.540	2

CYCLING

TOUR DE FRANCE FEMMES: Stage 4 (Gevrey-Chambertin to Dijon, 21km ITT) - 1 M Reusser (Swi) Movistar Team 27m 30s, 2 L Nooijen (Ned) Visma-Lease a Bike +4s, 3 D Vollering (Ned) FDJ United-SUEZ +18, 4 Z Backstedt (GB) CANYON//SRAM +20, 5 M Bredewold (Nded) Team SD Worx-Protime +45, 12 M Couzens (GB) Fenix-Premier Tech + 1m 08s, 44 P Georgi (GB) Team Picnic PostNL +2:33. Overall - 1 Reusser 11h 47m 36s, 2 Vollering +14s, 3 C Kerbaol (Fra) EF Education-Oatly +54, 4 S Haugset Ytterhus (Nor) Uno-X Mobility +56, 5 E Longo Borghini (Italy) UAE Team L'IMAD +1m 03s, 34 Backstedt +4m 32s, 70 Georgi +20:26.

TOUR OF POLAND: Stage 2 (Miedzyzdroje to Szczecin, 151.0km) - 1 J Milan (Ita) Lidl-Trek 3h 5m 37s, 2 P Magnier (Fra) Soudal Quick-Step at same time. **Overall -** 1 Milan 8h 09m 28s, 2 Magnier +8s, 3 K Malecki (Pol) Pinarello-Q36.5 Pro Cycling +12, 3 N Hobbs (GB) EF Education-EasyPost +16.

VUELTA A BURGOS: Stage 1 (Gumiel de Izan to Burgos, 165.0km) - 1 M Brennan (GB) Visma-Lease a Bike 3h 35m 54s, 2 B Tulett (GB) Visma-Lease a Bike at same time. **Overall -** 1 MBrennan 3h 35m 44s, 2 Tulett +4s, 3 L Pithie (NZ) Red Bull-BORA-hansgrohe +6.

TENNIS

ATP NATIONAL BANK OPEN PRESENTED BY ROGERS (Montreal): **1st Rnd** - C Norrie (GB) bt C Ugo Carabelli (Arg) 7-6 (7-5) 6-4; J Fearnley (Gbr) bt A Mannarino (Fra) 7-6 (7-3) 6-4; T Atmane (Fra) bt J Draper (Gbr) 6-3 2-6 6-2.

TODAY'S SPORT

(7.45 unless stated)

UEFA CHAMPIONS LEAGUE
3RD QUALIFYING ROUND 1ST LEG
AGF v Sabah Baku 5.30
Fenerbahce v Sturm Graz..... 7.0

EUROPA LEAGUE
3RD QUALIFYING ROUND 1ST LEG
Ferencvaros v Gornik Zabrze... 7.15

FRIENDLY MATCHES
Arsenal v Real Betis..... 7.30
(Live on Premier Sports)
Chelsea v Juventus..... 12.30

HIGHLAND LEAGUE: Banks ODee v Inverurie Loco Works (8.0), Brora v Wick Academy (8.0), Clachnacuddin v Invergordon (8.0), Fraserburgh v Keith (8.0), Huntly v Deveronvale (8.0), Lossiemouth v Rothes (8.0), Nairn County v Forres Mechanics (8.0), Strathspey Thistle v Buckie Thistle (8.0), Turriff United v Formartine United (8.0).

CRICKET

Second Test Match—day 4 of 5: West Indies v Pakistan (Port of Spain, 3pm).

The Hundred: Manchester Super Giants v Welsh Fire (Emirates Old Trafford, Men 3pm, Women 11.30am), Trent Rockets v Birmingham Phoenix (Trent Bridge, Men 6:30pm, Women 3pm).

Metro Bank One-Day Cup - Group A: Surrey v Kent (The Kia Oval, 11am)

	P	W	T	L	NR	RR	Pts
Leics	6	4	0	2	0	0.684	16
Notts	5	3	0	2	0	0.168	12
Surrey	5	3	0	2	0	0.058	12
Lancashire	5	3	0	2	0	-0.068	12
Kent	5	3	0	2	0	-0.291	12
Somerset	5	2	0	3	0	-0.176	8
Warwicks	5	2	0	3	0	-0.189	8
Northants	5	2	0	3	0	-0.192	8
Glouc	5	1	0	4	0	-0.152	4

Group B: Hampshire v Glamorgan (The Rose Bowl, 11am).

	P	W	T	L	NR	RR	Pts
Middlesex	5	4	0	1	0	1.848	16
Yorkshire	6	4	0	2	0	0.686	16
Durham	5	4	0	1	0	0.406	16
Worcs	5	3	0	2	0	-0.305	12
Derbyshire	5	2	0	3	0	0.625	8
Essex	5	2	0	3	0	0.197	8
Hampshire	5	2	0	3	0	-0.678	8
Glamorgan	5	1	0	4	0	-1.130	4
Sussex	5	1	0	4	0	-1.810	2

CRICKET EX-SKIP'S VIEW

PALS NOT ON A BEN-DER

Stokes: Cricket has drink culture... but there's no booze problem with England

By JOHN ETHERIDGE

BEN STOKES claims England stars do not have a problem with booze.

However, he does admit that cricket has a drinking culture.

The former England captain, who announced his shock retirement from international cricket in June, also insists he "definitely" will not be back.

Stokes' exit came weeks after he missed England's second Test against New Zealand following an incident also involving bowler Gus Atkinson in a London nightclub.

It was just the latest in a long line of off-field episodes involving the team – who faced accusations of excessive boozing during last winter's Ashes, especially during the mid-series break in Noosa.

Asked whether the England team had a drinking problem, Stokes *(above)* said: "No, that is such an extreme thing to put on a team."

His comments were part of a two-hour chat with former international teammates Stuart Broad and Jos Buttler on the For the Love of Cricket podcast.

Stokes added: "Cricket has a drinking culture and that has not changed.

"We're in 2026, where the game has gone more professional.

"But one thing that has stayed within cricket is its relationship with alcohol.

"From club cricket, it works its way up. It's embedded within the sport.

"I'd just say cricket has a culture that is associated with alcohol.

"I think it can be a problem. I don't know what you do to change it.

"I've had, I don't want to say problems, but I've had relationships with alcohol at times over my career that have been potentially dangerous.

"But that is completely different now.

"There's this relationship with alcohol within cricket that has been the same from the 1980s. As the game has got better and better, that thing has stayed around. That is my opinion on cricket and alcohol."

CRITICISED . . . England players on beers in Noosa

Stokes, 35, has a thirst for knowledge and says he would love to coach England one day.

He is already taking badges in preparation for a career in coaching – with bossing his country the ultimate dream.

Stokes said: "I'm doing my level three coaching now while I'm still playing because I'd love to have all that stuff signed off and done.

"I'll maybe have a couple of years off, but I want to be a coach. Would I love to coach England one day? Absolutely.

"I like the idea of being in some form of leadership away from playing.

"Like I said to Baz (Brendon McCullum) when I first started as captain, 'How good is it when you wake up and you can influence someone?' That's amazing. I'd do a pretty good job and I don't mind making big decisions for the best of the team."

More immediately, Stokes is worried Joe Root's re-appointment as Test skipper might bring back some of the problems that dragged the Yorkshireman down last time, when he won just one of his last 17 matches as permanent captain.

And Stokes cannot understand why Harry Brook, the official vice-captain, was not given the job after him and coach McCullum departed. When he stood down at the end of this summer's New Zealand Test series, Stokes "100 per cent" backed Brook to be his successor as red-ball skipper.

He has not changed his view, explaining: "If you think someone is going to be a good captain, just give it to them.

"Brooky was made vice-captain. Even when I missed that Test match when I was suspended, I was like, 'Brooky's vice captain.'

"I sort of understood the reasoning but what message is that sending to him? I had no leadership experience when I took over.

"Like Jacob Bethell, he stood out straightaway as being a natural leader as soon as he stepped into the dressing room. You can just see things in people.

"Brooky has a cricket brain. That's what people might not understand."

Skipper Root will lead with Stephen Fleming, who was brought in as coach to replace fellow Kiwi McCullum.

Stokes added: "I love Rooty and wish him nothing but success.

"He's going to really enjoy it with Flem, who is a great man.

"My only worry is I saw what Joe went through last time as captain.

"Covid was a horrible time but he always put the team first."

Stokes confirmed he quit after brooding for months on last winter's Ashes defeat and preferring playing for Durham away from the spotlight.

Stokes will also be on the lucrative franchise circuit this winter, probably in the South African T20 and Australia's Big Bash.

Although Durham did present him with one problem – Stokes revealed he had four metal plates and 16 screws in his face after breaking his cheekbone in the nets in February.

But he is saving his thoughts on the probe into breaking the England curfew for another time – probably in a book.

CHAMPAGNE SUPER OVER . . . England's team after winning the World Cup at Lord's in 2019

DRAPER . . . fresh blow

Draper's in tears over exit

By HARRY TALBOT

JACK DRAPER broke down in tears during his comeback match at the Canadian Open — before losing to Terence Atmane.

The Brit was playing for the first time since pulling out of Wimbledon with a bruised bone in his left arm but went down 6-3 2-6 6-2 in Toronto.

The 24-year-old, who also withdrew from the DC Open last week, was visibly upset in the third set and appeared to be feeling his left arm.

Draper, coached by Sir Andy Murray, has a wild-card entry to the Cincinnati Open, beginning next week, but there are now doubts about his appearance — and question marks over his US Open involvement.

Compatriot JACOB FEARNLEY is through after beating France's Adrian Mannarino 7-6 6-4.

And CAMERON NORRIE faces Peru's Ignacio Buse next after beating Argentina's Camilo Ugo Carabelli 7-6 6-4.

Brit KATIE BOULTER and new husband Alex de Minaur — the Australian world No7 — are among the latest entries for the US Open mixed doubles.

Sport

CASTLEFORD coach Ryan Carr has allegedly been stood down pending an internal investigation. The Tigers boss is unlikely to be in charge for Friday's Hull KR clash in Super League.

SHORT

LIV pain for Rahm

By DAVID FACEY

JON RAHM could be left more than £100million out of pocket if LIV Golf's bid for a last-ditch rescue package flops.

Rumours that the rebel league is about to file for bankruptcy surfaced when all LIV backroom staff were warned their contracts will be terminated in early September.

If LIV collapses, Rahm will have no chance of securing the final instalment of the £400m deal he signed when he joined them in December 2023.

The breakaway circuit has been walking a tightrope since their Saudi Arabian backers withdrew financial support earlier this year.

But there could be a final twist, after America's financial 'bible', Forbes, reported that LIV chief Scott O'Neil is close to bringing in new backers.

No1 FOR BOXING

Mo gets his Fil

CO-OP FOR THAT . . . Itauma (right) KO'd Yank Franklin in his last outing in Manchester

ITAUMA'S SHOT AT WORLD TITLE GLORY

MOSES ITAUMA will take on Filip Hrgovic this month for the vacant IBF world heavyweight title.

By JACK FIGG

Oleksandr Usyk relinquished the belt along with his WBA and WBC crowns in June following his controversial win over kickboxer Rico Verhoeven the month before.

Itauma, 21, and Cuban Frank Sanchez were due to be mandated to fight for the red and gold title.

But Frank Warren has negotiated a deal for the British sensation to challenge Hrgovic, 34, at London's O_2 Arena in 24 days.

Promoter Warren said: "A lot of people have high expectations of Moses, as I have.

"We signed him when he was 16.

"We sponsored him and he turned professional with us.

"He's been amazing and taken the world by storm.

"This is a big moment for him. But I'm confident he can do it."

Sanchez, 34, was paid to step aside but has been guaranteed a fight with the winner. Warren, 74, confirmed: "We said, 'Whoever wins, you're not losing out and you'll get the opportunity to fight for the title against the winner'."

Itauma, 21, is coming off a devastating fifth-round KO of American Jermaine Franklin, 32, in his last bout at Manchester's Co-op Live Arena in March.

Croat Hrgovic extended his career record to 20-1 at Doncaster's Keepmoat Stadium in May against Dave Allen, 34, when the local lad's corner threw in the towel.

Itauma – who boasts a 14-0 record – had vowed to beat Mike Tyson's record of becoming world heavyweight champ at 20 years, four months and 22 days old.

But if he beats Hrgovic, he will become Britain's second youngest world-beater behind Prince Naseem Hamed – who was also 21 and in Warren's stable.

Warren added: "If Moses does this I'll be the happiest guy around because he's such a nice guy."

HRGOVIC . . . Croatian foe

DOWNES . . . ambition

UP 'N DOWNES FOR THE SAINTS

FLYNN DOWNES insists fired-up Southampton will WIN the Championship this term — despite starting on minus four points.

By JUSTIN ALLEN

Saints were booted out of May's play-off final against Hull after club analyst Will Salt was caught filming a Middlesbrough training session ahead of their semi-final first leg.

And EFL bigwigs handed down a further four-point punishment after it emerged the club also snooped on Ipswich and Oxford.

The FA charged head coach Tonda Eckert *(right)* last week with bringing the game into disrepute – with a verdict yet to come.

But midfielder Downes, 27, said: "The club, players and staff have really come together. It's as if we have a chip on our shoulder and we want to put those wrongs right.

"We're going into the season to win the league. I know we're starting on minus four points but our mindset is 'we're winning and that's it'.

"We had the chance last season but didn't get to achieve it – but we're looking strong so far."

Southampton start their Carabao Cup run at Colchester on Saturday before travelling to Watford the following weekend for their league opener.

Downes said: "Everyone feels ready to go. This is probably the best I have ever felt."

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UGANDAN COMMONWEALTH GAMES BOXERS GO MISSING - SEE PAGE 12

DAZED . . . Garnacho goes off

Bloody blow for Nacho

By KOSTAS LIANOS

ALEJANDRO GARNACHO was left with a bloodied mouth during Aston Villa's pre-season win in Thailand.

The forward — on a season loan from Chelsea — came off before half-time against BG Pathum United after being KO'd by Ryan Edwards.

Edwards blocked the Argentina international's run by whacking him in the face accidentally.

Emiliano Buendia, Victor Lindelof and Boubacar Kamara netted in Villa's 3-1 friendly victory.

English striker Brian Madjo, 17, came on to feature after a SEVEN-MONTH court battle.

Madjo joined from Metz in January for £10million but Villa had been unable to register him due to Fifa rules over international deals for underaged stars.

The England Under-17 forward — dubbed "the new Didier Drogba" — was born in Enfield but left England at a young age.

Madjo was raised in Luxembourg and Fifa rules got in the way.

Yet Villa went to the Court of Arbitration for Sport and their appeal was upheld.

Madjo has impressed in the Villans' pre-season with four goals.

At 6ft 3in, Madjo's size and physicality has led to comparisons with Chelsea legend Drogba.

The centre-forward spent a year with Metz where he hit 13 goals in 26 appearances with the Under-19s and also played five times with the senior team.

Madjo also won three caps for Luxembourg but then switched allegiance to play for England U17s last August.

Tayl talks Turkey

ANTHONY TAYLOR has taken up the post of director of elite refereeing with the Turkish Football Federation.

The English World Cup whistler, 47, announced last month he was retiring from officiating after a 20-year career.

Taylor took charge of 668 professional domestic matches and also refereed at Euro 2020, along with the last two World Cups.

His new role was confirmed by the Trinity Chambers legal firm.

Trinity said Taylor would "lead the strategic and technical development of refereeing, supporting the organisation's ambition to further develop its match officials and strengthen its refereeing programme in line with Uefa and Fifa standards".

Milan mourns Baresi

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GOODBYE TO A LEGEND . . . Baresi's coffin

PAOLO MALDINI and Marco van Basten led the tributes in Milan as thousands of people lined the streets for legendary defender Franco Baresi's funeral.

The ex-Italy and AC Milan great *(right)* died at the age of 66 on Friday and huge crowds gathered at the Basilica di Sant'Ambrogio to pay their respects.

One-club man Baresi — who captained Milan for 15 seasons — made 719 appearances, won six

By PHIL CADDEN

Serie A titles and three European Cups. He is regarded as one of the best defenders of all time and Milan retired his No 6 club shirt.

Baresi earned 81 Italy caps and was part of the squad which lifted the 1982 World Cup.

Other former Milan heroes Clarence Seedorf, Roberto Baggio and Alessandro Costacurta were also in attendance.

HAMMERS TAKEOVER SAGA

STAVE OFF CHALLENGE

Battle brewing in boardroom

HIGH STAKES . . . Staveley (top left), Kretinsky (top right) and co-owner Sullivan

WEST HAM'S ownership battle is hotting up as Amanda Staveley and Daniel Kretinsky made their bid to seize control.

By JUSTIN ALLEN

Ex-Newcastle co-owner Staveley is believed to have offered to buy David Sullivan's stake and become the majority shareholder at the London Stadium.

But Czech billionaire Kretinsky has tried to freeze Staveley out by selling a tiny slice of his shares – just over two per cent – to stop Staveley's PCP consortium taking over the Championship club.

Staveley approached controversial co-owner Sullivan to buy out his 38.8 per cent stake for around £228million.

The businesswomen also agreed a £160m deal to buy Vanessa Gold's 25.1 per cent stake – which would take her total control to 63.9 per cent of the club.

Kretinsky, who owns 27 per cent of West Ham, has transferred a small stake to trusted ally Jakub Havrlant.

The razor-sharp financial move dropped Kretinsky's personal baseline strictly below the 25 per cent mark but opened the door for the Czech to trigger his automatic rights as an existing shareholder.

That allows him to match Staveley's £160m offer and try to snatch Gold's shares out from under her nose.

Crucially, buying the Gold family out will now leave his combined personal total at roughly 49.9 per cent.

Crossing the 50 per cent line would have legally forced Kretinsky to launch a full takeover.

That would mean coughing up hundreds of millions extra to buy out Sullivan, who faces pressure to exit following an explosive BBC investigation of historical allegations of misconduct, claims he denies.

By trimming two per cent first, Kretinsky gains total operational control without being forced to buy Sullivan out.

The billionaire was furious after Staveley tried to crash his initial agreement with the Gold family.

Staveley now faces an agonising two-month wait while the process plays out in full at the London Stadium.

Under club rules, existing owners get two full rounds of first refusal before outside buyers can step in.

Kretinsky said in a statement: "I'm delighted Jakub Havrlant has joined the West Ham ownership group as a shareholder. He brings experience as an investor and digital innovator." Meanwhile, Staveley has failed to settle a £750,000 debt with former club Newcastle.

Staveley has the outstanding six-figure loan with the Geordies.

Fresh paperwork for Redstart Leisure, the firm she used to buy and invest in Newcastle, shows that the debt has not been settled within an agreed period.

She placed the firm into voluntary liquidation in 2024 – however liquidators have revealed the debt remains outstanding.

Staveley's West Ham consortium contains private equity firm PCP Partners and is co-led by her husband Mehrdad Ghodoussi, who was also involved at Newcastle.

The consortium hopes to restore the Hammers' Premier League status and could even buy the London Stadium.

FREDDIE POTTS sealed his £10m move to Belgian champions Club Brugge.

The midfielder, 22, ended his 16-year affiliation with West Ham having played 28 games for his boyhood club.

Potts, son of Hammers coach and playing legend Steve, said: "As a lifelong West Ham fan, I grew up dreaming of one day wearing the shirt.

"I may be moving on but one thing will never change, I will always be a West Ham fan before anything."

PREM

WEIGHT IS LIFTED

A tough Mudder

BAN-HELL MYK UP FOR TEST

By LLOYD CANFIELD

MYKHAILO MUDRYK kept himself in good enough shape to bench press his girlfriend.

And the Chelsea winger has plenty more heavy lifting to do to revive his career after nearly 20 months out of the game.

Mudryk gained a new celebrity partner – influencer and actor Jordyn Jones – and, for a while at least, a new haircut during his ban.

But the Ukrainian faces a big challenge to silence those who called him the Blues' most expensive mistake, even before his suspension for failing a drugs test in October 2024.

Perhaps if Mudryk, 25, shows the same determination that he used to pursue Jones, he can turn his on-field fortunes around.

She has 8.7million followers on Instagram, which is how their romance began. Mudryk commented on a video of hers last September, asking those online: "Guys, should I try?"

He then messaged the American inviting her to Disneyland Paris but she rebuffed his advances and even temporarily blocked him.

Yet by March of this year – after some flirty exchanges – Jones had given into his charms and even posted pictures of herself wearing a Chelsea scarf and shirt.

But Mudryk was careful not to neglect his training during the ban. Jones posted a video in April of her boyfriend lying on a weight bench and lifting her up and down.

One Chelsea fan called the feat "iconic".

But it is fair to say Mudryk did not live up to that description after arriving at Stamford Bridge in January 2023.

Chelsea beat competition from Arsenal to sign the winger from Shakhtar Donetsk for an initial £62million, potentially rising to £88m. But he netted only ten times in 73 games before his career was put on hold.

The last goal came in a 2-0 Conference League win at German club Heidenheim – Mudryk's final game before the ban.

In December 2024, Mudryk confirmed he tested positive for a banned substance in an out-of-competition test in October.

It later emerged the drug was meldonium, the same heart medication which led to tennis star Maria Sharapova's 15-month ban.

He was provisionally suspended from December and charged by the FA in May 2025.

That same month, Mudryk was pictured in Polish city Wroclaw on the eve of Chelsea's Conference League final against Real Betis.

His ban meant he could not train at Chelsea's Surrey base or work with club staff. Yet his Wroclaw trip sparked speculation he would link up with his team-mates.

It did not happen, however, and Mudryk's long, lonely wait continued. He was given a four-year ban and then launched an appeal at the Court of Arbitration for Sport.

Apart from his romance with Jones, he kept a low profile during the legal battle.

In November 2025, a photo emerged of him with dark hair – not his trademark blond – when he met up with friends.

But it is understood Mudryk worked hard behind the scenes to stay in shape.

And, last month, he shared footage of him belting a ball into the top corner in Austria, with the caption: "Stay tuned."

Sure enough, last week Mudryk was cleared to resume his career after reaching an agreement with the FA, CAS and the World Anti-Doping Agency.

He always insisted he never knowingly took a banned substance.

The low meldonium levels detected in his sample would not now trigger an adverse anti-doping finding.

On Instagram, Mudryk thanked family, friends and Chelsea for helping during "the most difficult period of my career".

He immediately flew out to join the Blues on the Asian leg of their pre-season tour.

Privately, Mudryk knows it will take time to get back up to speed.

But Coventry, managed by Blues legend Frank Lampard, are among three Prem clubs interested in giving him the chance to prove his worth.

I'M BACK . . . in Blues training yesterday

PECS FACTOR . . . Mudryk bench presses his girlfriend Jordyn

MUDRYK AT BLUES

Debut: v Liverpool (Jan 2023)

Games	73
Mins played	3,610
% Games played	37%
Ave mins per game	49
Goals	10
Assists	8
Mins per goal	361
Mins per G & A	201
Win rate	40%
Last game: v Heidenheim (Nov 2024)	FCH

JACKSON

From Back Page

after returning from a season-long loan at Bayern Munich. Spurs have not made a formal approach for the £65m-rated ace, who Aston Villa are also keen on.

Tottenham are in talks with Manchester City over a deal for Brazil winger Savinho, 22, while Liverpool's 27-year-old Dutch star Cody Gakpo is a target.

Jackson joined his team-mates in Sydney last week so new coach Xabi Alonso could assess his forward options as he has six strikers following Danny Welbeck's arrival — but wants just three when Chelsea's season kicks off.

Meanwhile, Blues midfielder Moises Caicedo says Enzo Fernandez can handle the flak coming his way next season from England fans.

The Argentina ace cupped his ears after his leveller in the World Cup semi-final win over the Three Lions.

Asked whether Fernandez could cope with not being popular in England, Caicedo said: "Yes, 100 per cent. He is a strong player and has his own mentality."

CARRICK . . . Utd kit deal

Touts too smart for United

By SAMUEL LUCKHURST

MANCHESTER UNITED say ONE device gained access to 1,088 membership accounts to fuel a ticket touting operation.

United have been blasted by fans after thousands were locked out of their accounts amid apparent suspicious activity.

The club restricted accounts where login details were shared with more than six people in a bid to clamp down on touting.

SunSport revealed the most skilled touts had not been affected as they used innovative methods to bypass settings.

Fan groups were scathing in their assessment of the process and the Manchester United Supporters' Trust was "inundated" with complaints from supporters affected.

That prompted a 1,698-word update on the club website, in which they acknowledge its approach had caused "genuine upset and distress".

United did not offer an apology but vowed to share findings once their investigation was over and thanked fans for their "feedback and challenge".

The club said: "Our intention is to protect fair access to tickets for genuine United supporters and to tackle organised ticket touting and abuse of the ticketing system."

Meanwhile, Red Devils have given boss Michael Carrick a boost by striking a record £20million training kit deal with gambling firm Betway — the largest in world football.

And United are set to name ex-Hearts chief Eva Olid as women's manager.

PREM COUNTDOWN

16 DAYS TO GO

RIO NGUMOHA'S late strike for Liverpool at Newcastle last August *(left)* after 99 minutes and 44 seconds made him only the second 16-year-old to score a Premier League winner — after Wayne Rooney in 2002 for Everton v Arsenal.

PREMIER LEAGUE

GUIMARAES . . . exit

VINI

From Back Page

after completing a second day of pre-season training with the LaLiga giants.

He had an extended break following World Cup duty with Brazil.

Vinicius said: "The goal is to get match fit so we have few injuries and can rely on everyone all season. We've got to be ready."

Real have tried to tie down the winger to fresh terms for over a year.

Arsenal are ready to pounce if Vinicius refuses a new deal — and forces Bernabeu chiefs to sell.

He would become the best-paid player in Gunners history if he joins them.

Boss Mikel Arteta wants to sign a top attacker and Atletico Madrid star Julian Alvarez is another player being followed.

Club Brugge winger Christos Tzolis has joined and Newcastle midfielder Bruno Guimaraes looks set to be the next arrival.

Brazil ace Guimaraes, 28, is on standby to leave the Toon's training camp in La Manga for a medical ahead of an £80m deal.

Guimaraes arrived in Spain on Monday before the Gunners' opening £75m offer was rejected.

He told Toon chiefs — poised to unveil Matthias Jaissle, 38, as their new boss — of his wish to sign for Arteta's Prem champions last month.

Guimaraes was reluctant to damage his relationship with fans, so reported to camp as requested after a post-World Cup break.

CHRISTIAN NORGAARD is set for a medical at Everton ahead of sealing his £7m switch.

The midfielder has been in Spain with the Gunners but is not travelling to Dublin for tonight's game with Real Betis as he closes in on a move.

Mo's Turk deal twist

TRABZONSPOR claim they could seal a stunning move for Mo Salah today.

Liverpool legend Salah, 34, is available on a free transfer after the Egyptian King left Anfield at the end of last season.

Trabzonspor posted a video of pyramids with the caption 'Always believing' and a king emoji.

They added on X: "He will be at Istanbul Ataturk Airport on Wednesday.

"The player is scheduled to arrive in Trabzon on the same day in the evening."

Turkish rivals Besiktas were frontrunners to land Salah but that collapsed over the finances.

Trabzon is in north-east Turkey, 656 miles east of Istanbul.

MAX HEA

Saka 'n Noni's absence gives whizkid

Dowman space to lay down a marker

SPECIAL GUNN . . . scorer Dowman enjoys his goal against Girona

By **SIMON COLLINGS**

MAX DOWMAN has patiently been waiting in the wings for a chance to shine.

And the absence of Bukayo Saka and Noni Madueke for the start of Arsenal's pre-season is giving him the perfect opportunity to do so.

The England wingers are on holiday after their World Cup exploits – opening the door for 16-year-old academy sensation Dowman.

And on the evidence of last Saturday's 4-1 pre-season win over Girona, he does not need a second invitation.

Starting out on the right wing, Dowman caught the eye with a goal and an assist.

Boss Mikel Arteta was delighted with his all-round game and he looks set to keep his place tonight when the Gunners face Real Betis in Dublin.

Dowman should then get another chance to shine in Sunday's Emirates Cup clash with Borussia Dortmund.

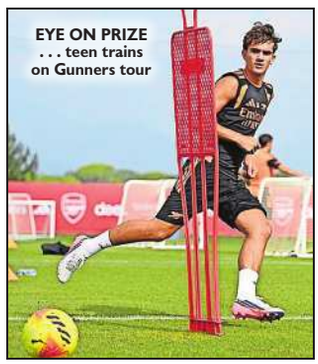
But he may already be looking ahead to the Community Shield against Manchester City a week on Sunday and a Prem opener at home to Coventry five days later.

Madueke and Saka are not due back in training until next week, so Dowman has a chance to make the right flank his own.

That brings with it a certain pressure – but Arteta is confident the teen star can handle that spotlight.

The Emirates chief said: "That's what we want when you play for Arsenal. The expectations should be high and we should expect really good things. We know what he's capable of doing.

"We now want him to be more consistent in terms of performance and the actions he can deliver."



EYE ON PRIZE . . . teen trains on Gunners tour

It is no coincidence Dowman looks ready to seize his pre-season chance as it is understood he worked on his fitness over the summer break.

Given he does not turn 17 until December, Dowman has not finished growing and Arsenal continue to carefully map out his training.

The winger trained with the first team when he was 14 but continued to play for the club's youth sides.

Dowman alternated between the Under-18s and Under-21s, and that careful development continued last season as he was integrated into the first-team squad.

He played 153 minutes in the Prem and became the competition's youngest scorer in March with his goal against Everton at 16 years and 73 days.

The sample size is small, yet the attacker showed in his cameos just why he is regarded as a top talent.

Per 90 minutes in the top flight last season, no Arsenal player created more chances from open play than Dowman.

The Gunners must be careful as they increase the teenager's minutes but, mentally, he has coped incredibly well with such a rapid rise. He has taken everything in his stride and continued to show the character traits from his time in the academy.

Arsenal U18s boss Adam Birchall had Dowman captain the side during the 2024-25 season – despite him playing three age groups up.

He, naturally, stood out and netted 15 goals in as many league games but his humility was noticeable, too.

After scoring a hat-trick in a 5-3 win over Leicester, Birchall recalls Dowman came into the dressing room and spoke about where the team – himself included – needed to improve.

He showed similar maturity when being targeted by defenders, who repeatedly tried to hack him down.

In one Uefa Youth League game two years ago, Sporting pinpointed Dowman and Arsenal U19s boss Max Porter made a point of raising it to match officials after the game.

The youngster, to his credit, stayed cool and there may be more rough treatment to come as Dowman's star continues to rise.

But if there is one player he can turn to for advice, then it is Saka.

The winger was routinely roughed up at the start of his career and has been happy to mentor Dowman whenever he wants advice.

The same goes for skipper Martin Odegaard, who knows better than anyone what life as a teen star is like after joining Real Madrid at 16.

Declan Rice is another player that has been a big support to Dowman – publicly championing his talent and acting like a big brother.

Marli Salmon, 16, is closest to Dowman in the squad and another teenager tipped for great things.

Now, Arteta must manage the hype around Dowman, who has already appeared in an adidas advert with Gunners legend Ian Wright.

His sponsorship work beyond that, though, has been minimal and it underlines a desire to focus on performances on the pitch.

Adidas – like Arsenal – clearly see the teenager as a future star and his advert earlier this year came with the tagline . . . chaos or control?

Given what we have seen so far, Dowman can certainly bring chaos to a Gunners attack that has been built to control.

YOUNGEST PREM SCORERS

Mar 2026	MAX DOWMAN v Everton	16y 73d
Apr 2005	James Vaughan v C Palace	16y 270d
Dec 2002	James Milner v Sunderland	16y 356d

YOUNGEST ARSENAL PREM SCORERS

Mar 2026	MAX DOWMAN v Everton	16y 73d
Aug 2004	Cesc Fabregas v Blackburn	17y 113d
Nov 2024	Ethan Nwaneri v Nottm Forest	17y 247d

YOUNGEST TO APPEAR IN PREM

Sep 2022	Ethan Nwaneri v Brentford	15y 181d
Aug 2025	MAX DOWMAN v Leeds	15y 235d
Apr 2025	Jeremy Monga v Newcastle	15y 271d

GUNNER'S TOUR JOY

DROOM

POSTER BOY... Dowman stars in adidas advert with Ian Wright

NOT LION ABOUT... Max (left) nets against Girona while Madueke and Saka are on holiday after World Cup duty

YOUNGEST PREM STARTERS

May 2026 v C Palace	MAX DOWMAN	16y 144d
Aug 2008 v West Brom	Jose Baxter	16y 198d
Apr 2015 v Arsenal	Reece Oxford	16y 236d

YOUNGEST ARSENAL PREM STARTERS

May 2026 v C Palace	MAX DOWMAN	16y 144d
Aug 2004 v Everton	Cesc Fabregas	17y 103d
Oct 2006 v Watford	Theo Walcott	17y 212d

Flor raiser

FLORENTINO LUIS has left Burnley to join Prem new-boys Ipswich on a five-year deal.

The Tractor Boys paid an initial £16million, with £3m in add-ons for the midfielder.

Portuguese Florentino, 26, joined Clarets on loan from Benfica last term before a permanent switch.

Cov Carl's for keeps

By JAKE SANDERS

COVENTRY completed the club-record £22.5million signing of Brighton goalkeeper Carl Rushworth.

He helped the Sky Blues win the Championship while on loan last term.

The fee tops the £20m they paid Burnley for winger Loum Tchaouna this summer.

Rushworth, 25, has penned a five-year contract with the Premier League new boys.

He said: "I can finally relax knowing it's done and I'm back with the boys at a club I loved being at.

"I can't wait to experience the atmosphere at our first home game after 25 years of waiting to play in the Premier League.

"It's going to be unbelievable."

Coventry boss Frank Lampard said: "He's a top professional, a great character and had a huge impact on the team to help us get promoted last season."

BACK... Rushworth

NEWS TICKER

HULL look to have beaten Rangers and Cardiff to land Tromso's Norway Under-21 midfielder Jens Hjerto-Dahl in an £8.5million deal.

Hjerto-Dahl, 20, has shone with seven goals in 14 Norwegian league games this season.

MIDDLESBROUGH are swooping for Manchester United reserve goalkeeper Radek Vitek, 22, after agreeing an upfront fee of around £6million.

And USA World Cup full-back Max Arfsten, 25, has signed a four-year deal at the Riverside after completing a £5.5m switch from Columbus Crew.

BRISTOL CITY forked out £5million to sign Leyton Orient striker Dom Ballard.

The 21-year-old links up with ex-Plymouth star Lorent Tolaj in a strikeforce that scored 41 goals combined in League One last season.

£1m Abdul 'no'

NATIONAL League Boreham Wood have turned down a stunning £1MILLION bid for star winger Abdul Abdulmalik from Swedes Djurgardens.

The eye-watering offer matched the non-League transfer record set when Fleetwood sold striker Jamie Vardy to Leicester in 2011.

Abdulmalik, 23, has become one of the most feared attacking players outside the EFL since signing for the Hertfordshire club in July 2024, having come through the ranks at Millwall.

INFANTINO . . . fallout

Infantino plot was 'blackmail'

By SIMON COLLINGS

GIANNI INFANTINO and Fifa have been accused of "blackmail" over the controversial plan to flog shares in the World Cup.

Disgraced Fifa president Infantino was forced to abandon his sell-off amid a global backlash.

The Swiss supremo is clinging to his job over the plot to sell stakes to private investors.

FA bigwigs are ready to withdraw support for Infantino's re-election next year, while today he faces crisis talks with senior Fifa staff in Morocco.

Jordan FA chief Prince Ali bin Hussein — who lost to Infantino in Fifa's 2016 presidential election — claims his rival and Fifa caused a situation that "amounts to blackmail".

Prince Ali outlined issues he had raised with Fifa.

These included fans getting into America, being taxed by the US government through Fifa for taking part and reward money for the Arab Cup.

And he posted on X: "It is clear the problem is with leadership. Fifa refused to help on any of these or other matters — until it was communicated to me during the World Cup that if I endorsed Infantino, it would go a long way to helping our FA out.

"The situation amounts to blackmail and we refuse to give in to that."

Fifa declined to respond to Prince Ali's remarks.

Meanwhile, Arsene Wenger believes it was "absolutely necessary" to scrap Infantino's plan.

The ex-Arsenal boss, now Fifa's chief of global football development, said he was blindsided by the controversial scheme.

Wenger, 76, said: "I was not involved in this plan and first became aware of it through media reports.

"The decision to withdraw the project was absolutely necessary as I believe in an independent Fifa that serves our game with commitment, transparency and integrity."

Fifa secretary general Mattias Grafstrom also hit out at Infantino's plan.

Grafstrom told staff in an internal memo — seen by the BBC — last week's "sad and reproachable" events were "difficult to comprehend and accept".

> I was not involved in this World Cup plan
> — ARSENE WENGER

PREMIER LEAGUE BOYHOOD

I PHIL IT'S MY DUTY TO LEAD CITY

Foden stepping up as senior player

PHIL FODEN knows the time has come for him to stand up as a leader at Manchester City.

From **MARTIN BLACKBURN** in SOUTH KOREA

The lifelong Blue, who joined them at Under-9 level, has always been viewed as a boy wonder coming through the ranks.

Yet after turning 26 in May and following plenty of upheaval at the Etihad over the past couple of years, he suddenly finds himself as the longest-serving player at the club.

This season will be Foden's tenth in the senior squad following his debut back in November 2017.

New boss Enzo Maresca is yet to disclose where he wants the England ace to play – after being tried in numerous different positions under Pep Guardiola. But what Italian Maresca has told him is he wants him to be an example for the young squad – starting right now during City's Far East pre-season tour.

Last year's skipper Bernardo Silva has joined Real Madrid and he could be followed to the Bernabeu by World Cup winner Rodri, who was also part of Pep's captaincy group.

That would leave only Ruben Dias and Erling Haaland from the committee that normally has as many as five senior players on it. Foden reckons he should be part of it after being around the first team for so long now – and winning 17 major trophies in that time.

He said: "I've been at the club for so long, I'm one of the longest here.

"This season I have to be one of the leaders, one of the captains.

"I'm looking forward to that new responsibility and trying to take leadership.

"We've not really had those discussions yet but he wants me to set a good example to the young lads on tour.

"That's what I've been trying to do."

As well as helping the youngsters, Foden was also filmed welcoming record-signing and Three Lions team-mate Elliot Anderson *(left)* to the Etihad last month.

He is looking forward to seeing how he can link up with the £116million former Nottingham Forest midfielder during the campaign ahead – City's first without Pep since the 2015-16 season.

Foden added: "I'm really excited to have Elliot at the club. I can't wait really.

"When I've watched him previously or played against him, he likes to find the

BLUE A ROLE MODEL

POINTS MAKE PRIZES . . . Phil Foden wants to be one of City's leaders and help get them back to the Prem summit

MAN CITY'S LONGEST-SERVING CURRENT PLAYERS

(City games in brackets)

	(From club debut)	DAYS
PHIL FODEN (369)	Nov 21, 2017	3,179
Rodri (298)	Aug 4, 2019	2,558
Ruben Dias (255)	Oct 3, 2020	2,132
Jack Grealish (157)	Aug 7, 2021	1,824
Erling Haaland (198)	July 30, 2022	1,467
Kalvin Phillips (32)	Aug 7, 2022	1,459
Rico Lewis (116)	Aug 13, 2022	1,453
Mateo Kovacic (97)	Aug 6, 2023	1,095
Josko Gvardiol (122)	Aug 11, 2023	1,090

LEADERS . . . Haaland (left) and Dias (right) are still in City's captaincy group but Rodri could follow Bernardo out of the club

No10 and wrap balls through the lines, so that suits me really well."

Many people are waiting to see how City will fare without Guardiola after the legendary boss brought the curtain down on his ten-year reign in May.

The former Barcelona and Bayern Munich chief is all Foden has ever known, having been given his break by the Spaniard as a sub in the 1-0 Champions League win over Feyenoord almost nine years ago.

But the Stockport lad says in many ways it has been business as usual under Maresca – who was Pep's assistant in their Treble-winning season of 2022-23.

Foden said: "It's very similar to how we play under Pep but there's obviously still things that are a little bit different.

"I don't want to give too much away but the defending is a little bit different, how we set up.

"We have different ideas of playing out from the back, a variety of things on the ball.

"There are different things but the lads are very comfortable because we want to build from the back and try to create.

"I've found it good. All I've known is Pep Guardiola, so to go to a new manager is just a fresh start.

"I'm enjoying it. I'm enjoying the coaching staff and the way we're playing and the things we're doing in training.

"I'm excited for the season and, hopefully, we're going to have a really good year."

Maresca's City will play two games here in South Korea, having flown in from Hong Kong yesterday.

Last time they were here, three years ago, Foden went on to become the Premier League's Player of the Season in the 2023-24 campaign.

And he was reminded of that achievement by a local reporter here in Seoul.

And after being snubbed by boss Thomas Tuchel for England's World Cup squad, Foden hopes it can have a similarly positive effect this term.

He added: "Now you've said that, hopefully it's the same and it's a good season. It's good to get these warm-up games for me because I haven't played for so long and I've had a long break.

"I took some time off and spent good time with the family and rested.

"I just want to have a really good year, help the team as much as possible and try to be one of the leaders and, hopefully, win titles as well. That's my aim.

"So these games are important for me to get minutes in the tank."

There are extreme heat warnings here for today's clash with the K-League All Stars but Maresca hopes Foden and the rest of his team are warming up nicely.

Foden said: "It's going to be hot so we might have to control the ball a bit more and play slower – but I'm looking forward to it."

NETO . . . City link

ENZ

From Back Page

the future. The vastly experienced trio of John Stones, Bernardo Silva and Nathan Ake have all left the Etihad this summer along with boss Pep Guardiola.

Director of football Hugo Viana and chief exec Ferran Soriano are with the squad in the Far East but there have been no breakthroughs with replacements so far.

New Etihad manager Maresca, 46, said: "Fortunately this is a squad that doesn't need to do many things.

"At the same time, the club lost important players in terms of experience like Bernardo, John and Nathan.

"For sure, there are things that we need to do.

"But Hugo is here, also Ferran is here, and we just try to speak day by day to see if we need to do something.

"We are in communication every day."

Talks are continuing for Lille's Moroccan midfield prospect Ayyoub Bouaddi but at just 18 he will hardly count as an old head if he does sign.

Maresca has been linked with raids on his former club Chelsea for French defender Malo Gusto, 23, and 26-year-old Portugal winger Pedro Neto.

> We lost important & experienced players
> — ENZO MARESCA

One deal that is expected to go through is the return of keeper Geronimo Rulli to the Etihad from Marseille.

The Argentine, 34, was on City's books for the 2016-17 season and he will be Gianluigi Donnarumma's understudy, allowing England's James Trafford to join Leeds.

Italian Maresca said: "There are no updates yet. James is still a City player and Rulli is still a Marseille player so we'll wait on the next days."

Talking about his fellow countryman Donnarumma, he said: "I know Gigio from years ago.

"He is one of the best keepers in the world so I'm very excited to work with Gigio."

Yesterday, the Cityzens moved from Hong Kong to South Korea and will play two games in the capital, starting today against the K-League All-Stars.

Young winger Ryan McAidoo, 18 — who caught the eye against Inter on Saturday — has been ruled out with a shoulder injury.

S1

thesun.co.uk/sport

Sun Sport

De Zerbi plots Jackson deal

By JACK ROSSER

SPURS are eyeing up a move for Chelsea striker Nicolas Jackson.

Italian boss Roberto De Zerbi has vowed to deliver another transfer "bomba" for Tottenham fans – having already spent £229.5million so far this summer.

Senegal World Cup star Jackson, 25, is on a pre-season tour with the Blues

Turn to Page 47

JACKSON . . . Spurs target

Favourite

Your No1 pullout FREE inside

MARESCA . . . wants old heads

Enzo's senior Cityzens call

From MARTIN BLACKBURN in South Korea

ENZO MARESCA says his squad needs more experience ahead of the new Premier League season.

Manchester City have smashed their transfer record to sign Elliot Anderson, 23, from Nottingham Forest for £116million – but 17-year-old Jeremy Monga, Pierce Charles, 21, and Mathys Detourbet, 19, are all ones for

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ARSENAL TRANSFER BLOW

VINI: JOSE WANTS ME REAL HAPPY

Star's Mourinho talks bad news for Gunners

MAD SKILLS . . . Vini Jr pulls off a flick in Real Madrid training yesterday as Arteta and Mourinho (below) battle for him

By SIMON COLLINGS

ARSENAL have been dealt a blow in their pursuit of Vinicius Jr – after he confirmed positive talks with new Real Madrid boss Jose Mourinho.

The Gunners are eyeing a stunning swoop for the Brazilian, whose future remains up in the air with his £400,000-a-week deal expiring next summer.

Reports in Spain say he is set to be offered almost a £4million pay rise on his whopping £15m Bernabeu salary – with contract talks planned this week.

Vini Jr, 26, said: "I am very well, getting to know the new manager, the new players and working really hard in training.

"Mourinho wants me to be as I've always been – happy, positive and playing my own style of football."

Vinicius spoke yesterday

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Wednesday, August 5, 2026

ZEUS THE DADDY

Karl says bring on Bow for the Deau

MIGHTY TARGET . . . Zeus Olympios is being lined up for the Prix Jacques le Marois at Deauville and a possible run-in with Bow Echo by trainer Karl Burke (*right*)

KARL BURKE has raised the prospect of Zeus bidding to strike Bow Echo down in the Jacques le Marois.

By GRAHAM CLARK

The Leyburn handler is keen to let big gun Zeus Olympios try to follow up his Summer Mile success at Ascot and secure a breakthrough Group 1 at Deauville on Sunday week.

However, after Bow Echo's win in the Sussex Stakes at Goodwood, it emerged that the mile race could be on the agenda for this year's 2,000 Guineas and St James's Palace winner.

And, although both are owned by exors of the late Sheikh Mohammed Obaid, Burke admits he would be willing to let his Night Of Thunder colt take on Flat racing's latest poster boy.

Burke said: "I've had a chat with Liam O'Rourke [bloodstock adviser to the owners] and there is every chance Zeus Olympios goes for it.

"Whether Bow Echo goes or not I'm keen to go as

Turn to Page 3

Ryan ban reduced

By PETER GOMM

ROSSA RYAN is clear to ride at this month's York Ebor meeting after his 28-day ban for easing his mount prematurely at Sandown last month was reduced.

At his appeal yesterday morning, the Arc-winning jockey's suspension was reduced to ten days.

The panel was not convinced Thunder Home WOULD necessarily have won if Ryan (*left*) had continued to ride him out. It decided only that he COULD have won, a distinction that leads to a lesser penalty under the rules.

The colt was beaten a nose in a 7f maiden by the Jamie Spencer-ridden Zero Error.

Ryan did not convince the panel that he "had never stopped riding" and should suffer no penalty at all.

His ban is due to begin tomorrow and will now finish before the Ebor meeting starts 13 days later.

Oli's Dr in Curr call

By PETER GOMM

OLI COLE is set to take his unbeaten juvenile Dr Rascal to the Curragh for the Vincent O'Brien National Stakes.

The colt made it three wins out of three in the Group 2 Vintage Stakes at Goodwood last week.

Cole (*below*) said: "It was very good and I'm very happy with him.

"It's the second time he's had to put up with a bit of adversity. He got loose at Ascot and then having to come through a gap that Kaiya [Fraser] was very entitled to go through and almost being checked and still winning.

"We've supplemented him for the National Stakes and that's where he'll head next."

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BRIGHTON

GOOD TO FIRM (GOOD)

TEMPLEGATE	TOM PEPPER
2.30....Cape Toronada	2.30....Havana Jag
3.00....Rovinia	3.00....River Wharfe
3.30....Sea Suite	3.30....Sea Suite
4.00....Buckland Belle	4.00....Buckland Belle
4.30....Havana Mojito	4.30....Havana Mojito
5.00....Kento (nb)	5.00....Coast

■TIC-TAC: L-H horseshoe-shaped course of 1m 4f, undulating and sharp. ■DRAW: In sprints low have advantage over five, high best six. ■LEADING TRAINERS (2021-2026): A Carroll 72-579, J Gallagher 19-143. THIS SEASON: A Carroll 5, James Owen 3. ■TOP JOCKEYS (2021-2026): J Doughty 20-134, W Carson 19-185. THIS SEASON: D Murphy 2. ■LONGEST TRAVELLER: Glen Nevis (3.30) & Port Darwin (4.00) trained at Middleham. Round trip 586 miles. ■TRAINERFAX: E J-Houghton won 3.30 in 2024, 2025. ■FIRST RUN SINCE WIND OP: Here I Bow (3.30). ■LIVE ON SKY SPORTS RACING

2.30 JENNINGSBET 200 SHOPS NATIONWIDE HANDICAP (Class 6); 3-y-o; winner £4,187; 6f. (5 runners)

1 (3) 1596303 **LOVE ALIVE 12** J Butler 9-9 ..... **Alistair Rawlinson 95**
2 (5) 5344423 **HAVANA JAG 13 (BF)** J Gallagher 9-7 ..... **Ashley Lewis (3) ●99**
3 (1) 0-64214 **CAPE TORONADA 44 (BF,CD)** A Carroll 9-7 ..... **William Carson 98**
4 (4) 8210624 **MISTER MOET 15 (D)** S Dixon 9-6 ..... **Christian Howarth (3) 94**
5 (2) 5854644 **BEACH PARTEE 21 (V;CD)** S Dixon 9-4 ..... **Tyler Heard 92**

BETTING: 9-4 Havana Jag, 11-4 Cape Toronada, 7-2 Love Alive, 9-2 Mister Moet
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

3.00 JENNINGSBET IN DEAL CLASSIFIED STAKES (6); value to the winner £4,187; 1m. (9 runners)

1 (1) -000665 **ASPIRE TO GLORY 3 (B)** D Cunha 5-9-9 ..... **Suraj Narredu 88**
2 (3) 7176990 **CELEBRATING ETHEL 30 (C)** A Carroll 7-9-9 ..... **William Carson 90**
3 (4) 2160540 **FIRST ENCOUNTER 18 (B;D)** J Gallagher 5-9-9 ..... **Ashley Lewis (3) 91**
4 (8) -635427 **RAINBOW SIGN 23 (CD)** M Pattinson 8-9-9 ..... **Pat Cosgrave 96**
5 (7) 1860685 **RIVER WHARFE 16 (CD)** A Carroll 8-9-9 ..... **Molly Gunn (5) 92**
6 (6) 7-98806 **ROCK MASTER 14** A Carroll 4-9-9 ..... **Cieren Fallon 87**
7 (5) 6589522 **ROVINIA 14 (BF)** R Teal 4-9-9 ..... **Owen Lewis (5) ●99**
8 (9) 004030- **SANGARA 305 (H)** S West 4-9-9 ..... **George Bass 84**
9 (2) 58-4567 **SKYQUARE 45** S Mullins 3-9-2 ..... **George Downing 88**

BETTING: Evens Rovinia, 9-2 River Wharfe, 6 Rainbow Sign, 7 Aspire To Glory
WHERE FAVOURITES FINISHED: 2 4 2 0
2025: Lunanova 3-9-2 Hollie Doyle 9-2 (Dr R Newland & J Insole) drawn 3, 14 ran.

3.30 SAPPORO BRIGHTON MILE CHALLENGE HCAP (4) winner £10,468; 1m (9 runners)

1 40141 SILCA BAY 18 (D) — (5) E J-Houghton 4-10-3 **Oliver Carmichael (7) ●99** — Runs: 20 Wins: 5 (F,3A,GS) Places: 4 £39,652
Yard does well here and won this last year, strong win latest, one to beat

2 341722 SEA SUITE 12 (V) — (8) J Owen 4-10-2 ..... **Cieren Fallon 97** — Runs: 16 Wins: 2 (F,A) Places: 5 £23,377
Handicapper been harsh but improving again, up to this with A-game

3 -51364 NEWFANGLED 23 (CD) — (2) J Portman 5-9-10 ..... **Rob Hornby 95** — Runs: 32 Wins: 7 (F,5A,G) Places: 8 £45,717
Won nicely on only visit here, on last winning mark, bang in mix again

4 652-70 HERE I BOW 86 — (1) O Rix 3-9-9 ..... **Jonny Peate 87** — Runs: 9 Wins: 1 (S) Places: 1 £18,122
Young stable going well, big prices so far since switch, market check

5 -23019 TEX 7 — (6) G Baker 5-9-7 ..... **Pat Cosgrave 93** — Runs: 13 Wins: 1 (F) Places: 3 £22,800
Better than bare result at Goodwood, back out quickly, not ruled out

6 -10805 NORTHERN EMPIRE 35 (BF) — (9) E Walker 3-9-5 ..... **Ashley Lewis (3) 91** — Runs: 7 Wins: 1 (A) Places: 1 £20,510
Backed for better race at Epsom, costly to follow so far, will pop up soon

7 2439 GLEN NEVIS 25 — (7) C Johnston 3-9-4 ..... **Jack Callan 90** — Runs: 4 Places: 2 £4,396
Calmer waters today, still early days, could have more to come, sniff

8 -34415 PLAY ME 27 (CD) — (3) J Boyle 4-9-0 ..... **Donagh Murphy (7) 95** — Runs: 21 Wins: 2 (2G) Places: 6 £19,954
Won here in June, only 2lb higher, tougher task but can't ignore here

9 024238 GIANT 11 (D) — (4) I Williams 6-8-13 ..... **Harry Davies 92** — Runs: 44 Wins: 3 (3A) Places: 12 £52,548
Shocker last time but previous form gives hope, canny yard, in mix

BETTING: 11-4 Silca Bay, 10-3 Sea Suite, 6 Tex, Play Me, 10 Northern Empire, Newfangled, 12 Giant, Glen Nevis, 33 Here I Bow
WHERE FAVOURITES FINISHED: 8 1 2 4 4
2025: Uncle Dick 7-8-9, O Carmichael 20-1 (E J-Houghton), drw 8, 12 ran.

Sunracing FORM

SILCA BAY (9-0) 3-1 fav in touch, waiting for room 1f out, ran on well final furlong, led towards finish, bt Astrazar (9-4) hd (6 ran) (Newmarket 1m hcap (4) £6,442 good to firm).
SEA SUITE (9-10) 13-2 in touch, closed 2f out, challenged 1f out, no impression final 100 yards, btn 3¾l by Swiped (9-4) (6 ran) (Sandown 1m hcap (4) £6,019 good to firm).
NEWFANGLED (9-12) 13-2 chased leaders, ridden and outpaced when hung left 1f out, one pace, 4th of 8 (btn 5l) to Bold Impact (9-9) (Windsor 1m hcap (4) £5,653 good to firm).
HERE I BOW (9-11) 50-1 in touch, ridden 3f out, weakened late, 11th of 12 (btn 12l) to Wild Thoughts (9-6) (Windsor 1m hcap (4) £5,653 good to firm).
TEX (9-4) 6-1 held up in rear, ridden 2f out, switched left 1f out, ran on final furlong, never nearer, 9th of 26 (2³/₄l) to French Affair (9-2) (Goodwood 6f hcap (4) £20,616 good to firm).
NORTHERN EMPIRE (9-0) 5-1 jt fav midfield, headway final furlong, not pace to challenge late, 5th of 10 (btn 4l) to Utmost Good Faith (9-10) (Epsom 7f hcap (4) £6,281 good).
GLEN NEVIS (8-9) 28-1 midfield, ridden 2f out, no threat, 9th of 11 (btn 5³/₄l) to Secret History (8-11) (Newmarket 7f hcap (3) £20,616 good to firm).
PLAY ME (9-0) 9-2 tracked leaders, pushed along over 2f out, soon ridden, faded over 1f out, 5th of 8 (btn 8³/₄l) to Swiped (9-5) (Epsom 1m hcap (5) £4,449 good to firm).
GIANT (9-2) 15-2 held up in rear, pushed along 2f out, ridden final furlong, weakened final 110yds, last of 8 (btn 15l) to Collecting Coin (10-2) (Chester 1m hcap (4) £7,731 good).

4.00 MONTY BENNETTS 18TH HANDICAP (6) winner £4,187; 1m 2f (6 runners)

1 544527 ANNEXATION 29 (D) — (4) A Carroll 10-9-10 ..... **Cieren Fallon 93** — Runs: 53 Wins: 6 (S,F,2A,GS,G) Places: 12 £68,826
Found to be lame when poor here last time, freshened up, in the mix

2 2879-1 IT'S LIFE 11 — (3) K Turner 4-9-7 ..... **Charlie Tucker (7) 95** — Runs: 11 Wins: 1 (F) Places: 1 £5,448
22-1 shock win at Salisbury last time, needs to prove no flash in pan

3 0053 WEST HILL ROSIE 45 — (5) S Mullins 4-9-5 ..... **George Downing 84** — Runs: 4 £860
Well beaten when 33-1 for hcap bow, has to take big step forwards

4 513221 BUCKLAND BELLE 14 — (2) O Sangster 3-9-4 ..... **Edward Greatrex ●99** — Runs: 12 Wins: 2 (2F) Places: 3 £13,436
Easy win in weak race at Leicester, 6lb higher, repeat and hard to stop

5 276155 PORT DARWIN 25 — (6) C Johnston 3-9-4 ..... **Rob Hornby 92** — Runs: 15 Wins: 2 (GS,G) Places: 1 £11,050
Solid, not sure track will suit, lacks a gear change, hard to weigh up

6 -46617 BERYL'S GIRL 32 (CD) — (1) E J-Houghton 3-9-4 ..... **Rhys Clutterbuck 98** — Runs: 8 Wins: 1 (F) Places: 1 £5,979
Won here last month, no show at Leicester after, better expected

BETTING: 11-8 Buckland Belle, 5-2 It's Life, 13-2 Port Darwin
WHERE FAVOURITES FINISHED: 6 4
2025: Gretna Dreams 3-9-2, P Cosgrave 5-1 (S Williams), drw 3, 7 ran.

4.30 JENNINGSBET 'LOVE BRIGHTON' HCAP (6) winner £4,187; 7f (9 runners)

1 59-689 REDREDROBIN 22 (P★;D) — (6) M Saunders 9-9-12 ..... **Edward Greatrex 83** — Runs: 49 Wins: 8 (S,4F,3G) Places: 10 £61,255
Form has fallen off a cliff, cheekpieces need to make sudden impact

2 -67245 THE ORGANISER 23 (C,D) — (9) M Pattinson 7-9-10 ..... **Pat Cosgrave 97** — Runs: 37 Wins: 4 (2S,A,G) Places: 3 £35,491
Hinting at return to winner's enclosure, consistent for the level, e-w

3 452222 HAVANA MOJITO 18 (B;CD) — (8) J Gallagher 5-9-9 ..... **Ashley Lewis (3) ●99** — Runs: 28 Wins: 3 (2F,G) Places: 8 £24,597
Course regular, form figures not inspiring confidence, in the shake-up

4 386260 BERNING HOT 13 (CD) — (1) M Attwater 4-9-8 ..... **Paddy Bradley 94** — Runs: 19 Wins: 1 (G) Places: 4 £11,214
Won quiet race only visit here, 2lb lower today, hints of promise lately

5 7586 KING CHERRY 12 — (3) S Williams 3-9-7 ..... **Rob Hornby 91** — Runs: 4
Was 6-1 on hcap debut in better heat at Sandown, interesting on that

6 17-609 QUITE SWEET 22 — (5) A Carroll 4-9-6 ..... **William Carson 87** — Runs: 9 Wins: 1 (A) £3,140
Yard loves winner here, form gone cold since Southwell win, watched

7 -30703 VIKING GLORY 21 (P★) — (7) J Owen 3-9-5 ..... **Cieren Fallon 98** — Runs: 8 Places: 1 £5,258
Better at Yarmouth, yard going well still, one of likelier types on paper

8 658374 DALEY T 30 (B) — (2) A Carroll 6-8-13 ..... **Jack Doughty 95** — Runs: 26 Places: 5 £7,834
Looks yard No1, best run came here in June, repeat of that and player

9 587649 MIRAFLORES 15 — (4) Cook & Bridger 4-8-12 **Ryan Kavanagh (3) 80** — Runs: 14 £957
Basement mark for a reason, out of weights and can't make case for

BETTING: 6-5 Havana Mojito, 10-3 Viking Glory, 11-2 The Organiser
WHERE FAVOURITES FINISHED: 2-3 2 3 1 5
2025: Oh So Audacious 6-9-5, K Fraser 4-1 (H Eustace), drw 8, 8 ran.

Sunracing FORM

REDREDROBIN (9-1) 28-1 towards rear, pushed along 4f out, always behind, last of 9 (btn 16l) to Tokyo Joe (9-8) (Ffos Las 7f hcap (5) £4,187 good).
THE ORGANISER (9-2) 11-1 midfield, not clear run 2f out, outpaced 1f out, stayed on late, nearest finish, 5th of 10 (btn 3¹/₄l) to Dannick (9-9) (Lingfield 7f hcap (6) £3,454 AW).
HAVANA MOJITO (8-10) 11-2 led, ridden 2f out, carried left and headed final 110yds, held finish, btn ³/₄l by Thapa VC (9-8) (8 ran) (Doncaster 7f hcap (6) £3,768 good to firm).
BERNING HOT (9-4) 33-1 midfield, ridden 2f out, kept on, 10th of 12 (10l) to Marsh Benham (9-13) (Sandown 1m hcap (5) £4,449 good to firm).
KING CHERRY (8-12) 6-1 led, headed 2f out, weakened final furlong, last of 6 (btn 10l) to Lyra Lea (9-9) (Sandown 7f hcap (5) £4,449 good to firm).
QUITE SWEET (9-6) 11-1 always behind, 9th of 10 (btn 11l) to On Key (9-4) (W'hampton 7f hcap (6) £4,711 AW).
VIKING GLORY (9-4) 9-1 prominent, led 2f out, headed 1f out, 3rd of 6 (btn 2¹/₄l) to Startled Lady (9-8) (Yarmouth 6f hcap (6) £3,768 good to firm).
DALEY T (9-3) 33-1 midfield, effort 2f out, no extra final furlong, 4th of 9 (btn 6¹/₄l) to South Shore (10-0) (W'hampton 5f hcap (6) £3,245 AW).
MIRAFLORES (10-0) 50-1 in rear, outpaced 3f out, well beaten, last of 10 (19l) to Amathus (10-13) (Salisbury 7f hcap (6) £3,725 good to firm).

5.00 FREE REPLAYS ATTHERACES HANDICAP (6) winner £4,187; 5f (7 runners)

1 21200- POP DANCER 339 (CD) — (4) A Carroll 9-9-12 ..... **Jack Doughty 94** — Runs: 70 Wins: 11 (2S,F,4A,GS,3G) Places: 13 £94,466
Three wins here, off for nearly a year, hard to weigh up, market check

2 351233 KENTO 29 (CD) — (3) A Carroll 5-9-10 ..... **William Carson ●99** — Runs: 34 Wins: 4 (F,3A) Places: 12 £33,191
Solid record here, always a player in this grade, drawn fine, in hunt

3 038715 SECRET HANDSHEIKH 21 (V;CD) — (7) J Gallagher 8-9-9 ..... **Cieren Fallon 95** — Runs: 84 Wins: 12 (S,3A,3F,5G) Places: 15 £84,078
Mixed bag of late, upgrade in the saddle, can figure from mark, threat

4 377262 FAUSTUS 29 (B;BF,CD) — (2) Cook & Bridger 8-9-8 **Ryan Kavanagh (3) 93** — Runs: 61 Wins: 7 (S,2F,2A,GS,G) Places: 13 £105,379
Behind runaway winner latest, gone well here in past, in the shake-up

5 435552 STARSONG 10 (CD) — (5) M Appleby 7-9-2 ..... **non-runner 98** — Runs: 63 Wins: 7 (F,5A,G) Places: 14 £57,149
Recent second some of strongest form on offer, ruled out yesterday

6 70-955 TITUS THOR 33 — (1) M Saunders 6-8-10 ..... **Edward Greatrex 87** — Runs: 7 £422
Not much to shout about yet, tiny bit better last twice, needs more

7 360536 COAST 21 (B) — (6) S Dixon 7-8-10 ..... **Christian Howarth (3) 92** — Runs: 90 Wins: 6 (F,4A,G) Places: 17 £50,684
Solid last two goes here but shocker last time, player with best but risky

BETTING: 11-8 Kento, 9-2 Secret Handsheikh, 6 Faustus
WHERE FAVOURITES FINISHED: 0
2025: Fancy Dancer 3-9-6, N Currie 14-1 (O Sangster), drw 7, 11 ran.

LONG SHOT — **NASCENT STAR (5.20 Kempton) looks the type to improve for this step up in distance and appears fairly handicapped on this first outing at this level.**

YARMOUTH

TEMPLEGATE	TOM PEPPER
5.40....Luminous Warrior	5.40....Luminous Warrior
6.10....Speed of Sound	6.10....Babzini (nb)
6.40....Dubai Charm	6.40....Dowman
7.10....Liberate	7.10....State Express
7.40....Highland Harvey	7.40....Highland Harvey
8.10....Banana	8.10....Cabeza De Llave

■TIC-TAC: Left-handed oval, flat, galloping track of 1m 4f, straight mile course. ■DRAW: High numbers best on the straight course, especially in large fields. ■LEADING TRAINERS WITH RUNNERS (2021-2026): W Haggas 36-136, G Boughey 26-147, M Bell 26-149, P McBride 18-93. THIS SEASON: J Fanshawe 7, G Boughey 5, D Cunha 4. ■TOP JOCKEYS WITH RIDES (2021-2026): B Loughnane 26-187, M Ghiani 26-168, T Marquand 26-152, D Muscutt 22-181. THIS SEASON: M Ghiani 10, B Loughnane 9, T Marquand 4. ■LONGEST TRAVELLER: Endowed (5.40) trained at Bridgend. Round trip of 614 miles. ■TRAINERFAX: W Haggas won the 6.10 in 2024 and 2025. ■FIRST RUN SINCE WIND OP: Angel Breeze (7.10). ■LIVE ON SKY SPORTS RACING

GOING: GOOD TO FIRM

5.40 GOLD & SILVER EXCHANGE AMATEUR JOCKEYS' HANDICAP (Class 6); winner £3,576; 6f. (7 runners)

1 (4) 0078621 **LUMINOUS WARRIOR 8 (C)** D Cunha 4-11-7(5ex) ..... **Mr F Yarham ●99**
2 (1) 8141183 **SHADES OF MAY 15** M Usher 6-11-1 ..... **Miss M Jordan 97**
3 (5) -570765 **ALAFDHAL 19 (V;CD)** P McEntee 8-11-0 ..... **Mr H Callan 89**
4 (3) 7-90422 **SO GRATEFUL 12 (D)** M & D Easterby 8-10-10 ..... **Miss S Brotherton 98**
5 (2) 1279-67 **ENDOWED 15 (D)** J & R Flint 9-10-9 ..... **Miss I Mathias (5) 85**
6 (6) 7880227 **INDY'S ANGEL 18 (D)** P Kirby 4-10-7 ..... **Mr J Loughnane (7) 93**
7 (7) 588-000 **COILED 10 (B★,T★)** M Rimell 4-10-7 ..... **Mr H Rimell (7) 81**

BETTING: 15-8 Luminous Warrior, 9-4 So Grateful, 3 Shades Of May, 8 Indy's Angel, 12 Alafdhal, 20 Endowed, 66 Coiled
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

6.10 BRITISH STALLION STUDS EBF MAIDEN FILLIES' STAKES (4); 2-y-o; winner £5,400; 6f. (10 runners)

1 (8) 58 **AVA LOUISE 8** P McBride 9-2 ..... **Hector Crouch 70**
2 (2) 36 **BABZINI 75** E J-Houghton 9-2 ..... **Charles Bishop 90**
3 (5) 9 **DIVINE CONCERTO 47** D Cunha 9-2 ..... **Stevie Donohoe 72**
4 (9) 7 **FOXSBRUSH 19** J Ryan 9-2 ..... **Liam Wright (5) 76**
5 (6) 6 **LADY OF HAY 19 (H★)** A Balding 9-2 ..... **David Probert 87**
6 (10) 95 **LILYWHITE HART 19** D Ivory 9-2 ..... **John Egan 81**
7 (1) 3 **MINKAAS 75** T Kent 9-2 ..... **Billy Loughnane 89**
8 (3) **PENSANDO A TE** M Botti 9-2 ..... **Marco Ghiani —**
9 (7) 0 **PURE MAJESTY 26** W Haggas 9-2 ..... **Tom Marquand 85**
10 (4) 32 **SPEED OF SOUND 12** R Spencer 9-2 ..... **Saffie Osborne ●99**

BETTING: 11-8 Speed of Sound, 6 Minkaas, Lilywhite Hart, 7 Babzini, 8 Lady Of Hay, Pure Majesty, 14 Pensando A Te, 25 Ava Louise
WHERE FAVOURITES FINISHED: 1 1 3 3 1
2025: Concert 9-2 Cieren Fallon 11-8 Fav (W Haggas) drawn 6, 7 ran.

6.40 STRAWBERRY FIELDS STUD NURSERY (4) 2-Y-O; winner £5,339; 5f (5 runners)

1 2301 DUBAI CHARM 28 (CD) — (5) R Hughes 9-9 ..... **Neil Callan 97** — Runs: 4 Wins: 1 (F) Places: 2 £8,200
C&D winner here on hcap debut, 7lb rise makes it harder, big player

2 4218 BEAUTY BOX 41 (H★) — (2) J Tate 9-4 ..... **Hector Crouch 93** — Runs: 4 Wins: 1 (G) Places: 1 £9,544
No show in Listed latest, needs more than earlier form, interesting

3 13878 WAIT GEORDIE 18 (D) — (1) H Palmer 9-4 ..... **David Probert 89** — Runs: 5 Wins: 1 (G) £16,476
Not kicked on from early promise, looks exposed, needs a turnaround

4 3085 TROUBLESOME GUEST 16 — (4) G Margarson 9-2 ..... **Tom Marquand 91** — Runs: 4 £5,166
Has been set tough tasks, calmer waters here, needs more than latest

5 221 DOWMAN 65 (D) — (3) G Boughey 9-0 ..... **Billy Loughnane ●99** — Runs: 3 Wins: 1 (F) Places: 2 £8,883
Steadily improving, could have more up sleeve now handicapping

BETTING: 7-4 Dubai Charm, 2 Dowman, 11-2 Wait Geordie, Beauty Box, 11 Troublesome Guest
WHERE FAVES FINISHED & 2025: No corresponding race.

7.10 ORIGIN AMENITY SOLUTIONS RESTRICTED NOVICE STAKES (4); winner £5,400; 1m 2f. (5 runners)

1 (1) 43 **LIBERATE 36** H Eustace 3-9-7 ..... **Pierre Jamin ●99**
2 (5) **0 SEIGNEUR 30 (H)** J Fanshawe 3-9-7 ..... **Daniel Muscutt 72**
3 (4) **STATE EXPRESS** S Woods 3-9-7 ..... **Tom Marquand —**
4 (3) **TIME THIEF** T Clover 3-9-7 ..... **Neil Callan —**
5 (2) **09- ANGEL BREEZE 252 (T★)** L Souza 3-9-0 ..... **Marco Ghiani 70**

BETTING: 8-11 Liberate, 4 Time Thief, State Express, 11 Seigneur, 25 Angel Breeze
WHERE FAVOURITES FINISHED & 2025: No corresponding race.

7.40 BRANDFORDS RESTAURANT & BARS HANDICAP (6); value to the winner £3,768; 1m 6f. (7 runners)

1 (7) **7-08180 LE ROUGE CHINOIS 104 (D)** M Appleby 6-9-9 ..... **Tom Marquand 92**
2 (6) **96-4433 URBAN WARRIOR 13 (P★;BF)** S Williams 4-9-8 ..... **Marco Ghiani ●99**
3 (2) **9-23521 HIGHLAND HARVEY 21 (C)** G Arnolda 4-9-6 ..... **Billy Loughnane 98**
4 (1) **9-92444 FORNIDO 131 (D)** M Attwater 4-9-4 ..... **Seamus Cronin (5) 93**
5 (4) **7-76834 REALLY BLONDE 19 (B;D)** B Case 7-9-3 ..... **Saffie Osborne 90**
6 (5) **1775226 SPACEAGE LOVE SONG 15** M Bell 4-9-2 ..... **Hector Crouch 91**
7 (3) **5-64548 CLOUDY ROSE 29** J Berry 8-9-1 ..... **David Probert 88**

BETTING: 5-4 Highland Harvey, 3 Urban Warrior, 13-2 Fornido, 10 Spaceage Love Song, 11 Le Rouge Chinois, Regally Blonde, 14 Cloudy Rose
WHERE FAVOURITES FINISHED & 2025: No corresponding race.

8.10 BET CENTRAL CLASSIFIED STAKES (6); value to the winner £3,454; 5f. (8 runners)

1 (3) **5042**0-2 **BANANA 33 (D)** S Dixon 7-9-9 ..... **Taryn Langley (5) ●99**
2 (2) **3625385 CABEZA DE LLAVE 15 (D)** M Attwater 7-9-9 ..... **Seamus Cronin (5) 92**
3 (8) **2836264 CHARGING BULL 13 (H)** M Keady 4-9-9 ..... **Tom Marquand 97**
4 (5) **3-08990 CHIEDOZIE 5 (V)** P McEntee 5-9-9 ..... **Grace McEntee 82**
5 (7) **3528806 SHE WENT WHOOSH 35 (D)** S Dixon 4-9-9 ..... **Mikkel Mortensen (5) 85**
6 (6) **8407 MAYFLOWER ROCK 34** D Cunha 3-9-6 ..... **Stevie Donohoe 93**
7 (1) **430 PURE PASSION 13** S Williams 3-9-6 ..... **Chloe Lyons (7) 91**
8 (4) 67-65 **SHINING GUEST 40** G Margarson 3-9-6 ..... **Marco Ghiani 84**

BETTING: 11-8 Banana, 7-2 Charging Bull, 4 Cabeza De Llave, 8 Mayflower Rock, 10 Shining Guest, Pure Passion, 25 She Went Whoosh, 66 Chiedozie
WHERE FAVOURITES FINISHED: 5 3 2 5
2025: Global Effort 5-9-9 Grace McEntee 7-1 (P McEntee) drawn 6, 7 ran.

PROBETS
EYECATCHER: HAVANA MOJITO (4.30 Brighton) was just denied at Donny on his latest outing.
EYECATCHER: ANGEL GABRIEL (8.20 Kempton) didn't get the run of the race at Newmarket last time and can do better here.
SUPER SPEED: V POWER (8.50 Kempton) clocked a good time when winning at Wolverhampton latest.
GAMBLED ON: CUFF IT (7.50 Kempton) was very well backed before getting the job done at Windsor last time out.

PONTE

2.45 HONDA WAKEFIELD SUPER-N HANDICAP (6); winner £3,22

1 (2) 9613-24 **MAX OF STARS 12** O Pears 6-11-2 .....
2 (7) 0744423 **SUNNY ORANGE 8** T Easterby 6-11-1 .....
3 (5) 429-207 **GLITTER CODE 40 (B)** E Bethell 4-11-0 .....
4 (6) 9538532 **STAR START 8 (BF,CD)** R Carr 6-10-11 .....
5 (3) 8571175 **ANIFICAS BEAUTY 17 (C)** P Winks 7-1 .....
6 (1) 7-09730 **QUIRKE ON PAROLE 13 (D)** M Walfor .....
7 (4) 4903U65 **THE PUG 8 (D)** O Murphy 6-10-1 .....

BETTING: 7-4 Star Start, 15-8 Sunny Orange, 6 Glitt Pug, 14 Anificas Beauty, 25 Quirke On Parole
WHERE FAVOURITES FINISHED: 4 1 1-4 8 2
2025: Star Start 5-10-5 Miss C Parker 15-2 (R Ca

3.15 JAYNE - ON COURSE LADY BO STAKES (4); 2-y-o; winner £5

1 (3) **BUGZY** T Clover 9-7 .....
2 (7) 9 **CHIEF MINISTER 18** E J-Houghton 9-7 .....
3 (4) 8 **LONGSHANKS LUKE 21 (B)** P Neville .....
4 (6) 0 **MUBEHIR 16** P Midgley 9-7 .....
5 (2) **OUR SON OSCAR** K Ryan 9-7 .....
6 (1) 523 **ROCK STEADY BEAT 46** K R Burke 9- .....
7 (8) **SANKHUM GALAXY** B Haslam 9-7 .....
8 (5) 7 **LADY HENSHAW 19** P Owens 9-2 .....

BETTING: 6-5 Rock Steady Beat, 5-2 Our Son Osca Chief Minister, 25 Sankhum Galaxy, 50 Longshanks
WHERE FAVOURITES FINISHED: 0 9 1 2 1
2025: Gold Queen Kindly 9-7 Clifford Lee 1-2 Fa

3.45 RIU HOTELS LADIES DA (5) winner £4,187; 1m

1 43-780 SPIRIT GENIE — (4) J Candlish 6-9-9 ... — Runs: 32 Wins: 5 (2S,GS,2G)
Well treated now but going the wrong

2 7-1867 ALESSIA FER — (5) D Carroll 6-9-6 .... — Runs: 28 Wins: 3 (A,GS)
Poor since Southwell win, still higher i

3 338542 GARDEN OAS — (3) T Easterby 11-9-6 .. — Runs: 85 Wins: 14 (7F,7G)
Knocking at door for while, best recen

4 42-000 NARMAR 54 (— (1) J Candlish 6-9-5. .. — Runs: 24 Wins: 2 (GS,G)
Barely beaten rival this season, form of

5 957664 COSMOS RAJ — (2) D O'Meara 8-8-13 .. — Runs: 73 Wins: 12 (S,2F,3A,3GS,3C
Veteran, good claimer on helps, not p

6 845506 SOAMES FOR — (6) M Herrington 7-8-11 — Runs: 54 Wins: 7 (5A,GS,G)
Small signs of encouragement lately,

BETTING: Evs Garden Oasis, 11-2 Aless Forsyte, 10 Spirit Genie, 14 Cosmos Raj, 25
WHERE FAVOURITES FINISHED: 3 1
2025: Garden Oasis 10-9-11, D Allan 10-3

Sunracing F

SPIRIT GENIE (10-13) 28-1 slowly away, in touch, ridden along over 2f out, soon beaten, 12th of 14 (btn 17l) to Double Parked (10-13) (York 1¹/₄m amat hcap (4) £12,222 good).
ALESSIA FERNANDA (10-0) 25-1 handy, driven 1f out, outpaced final furlong, weakened, 7th of 9 (btn 6l) to Porth Eilian (9-7) (Beverley 1m hcap (5) £8,191 good to firm).
GARDEN OASIS (9-10) 10-3 led, shaken up 3f out, kept on final furlong, headed post, just denied, btn hd by Farasi Lane (9-2) (7 ran) (Ripon 1m hcap
NARM alway
Say W
hcap
COSMC 2f ou
final
(btn 1
1¹/₄m
SOAME away
final
(2¹/₄l)
hcap

4.15 FBS CHARTERED ACCOUNTAN HANDICAP (5); winner £4,18

1 (5) 1129623 **BETWEENTHESTICKS 29 (CD)** R Car
2 (2) 20-4509 **LE BEAU GARCON 8 (D)** M & D Easte
3 (4) **33-4330 SPIRIT OF APPLAUSE 12 (B;D)** T Eas
4 (1) **-336958 SAM'S XPRESS 11 (D)** J & S Birkett 6-
5 (8) 3787153 **GREAT 4** S England 4-9-9 .....
6 (10) **3-03151 SEA HER EXCEL 16 (D)** I Furtado 3-9-
7 (6) **8-43876 RIFFA SPIRIT 11** D Carroll 3-9-7 .....
8 (9) **-045016 BIBENDUM 16 (V;D)** J Camacho 5-9-4
9 (7) 162310- **MISSMIMI 256 (CD)** T Jackson 6-9-4 ..
10 (3) 4121364 **THE TUNGUSKA EVENT 14 (V;BF)** J

BETTING: 3 Sea Her Excel, 4 Betweenthesticks, 9- Bibendum, 8 The Tunguska Event, 14 Missmimi, Sa
WHERE FAVOURITES FINISHED: 1 3 4 0 7
2025: Betweenthesticks 5-9-10 James Sullivan 3

Sunracing F

BETWEENTHESTICKS (10-0) 7-2 midfield, asked for effort 1f out, lost second, close home, 3rd of 7 (btn 1¹/₄l) to Hover On The Wind (10-2) (Pontefract 5f hcap (5) £4,187 good).
LE BEAU GARCON (9-13) 8-1 tracked leaders, not clear run and eased inside final furlong, last of 9 (btn 6³/₄l) to Azuinthejungle (9-10) (Beverley 5f hcap (5) £4,527 good to firm).
SPIRIT OF APPLAUSE (8-12) 25-1 raced far side, mid-division, ridden well over 1f out, no progress, 10th of 21 (btn 7¹/₄l) to Rajaking (9-6) (York 6f hcap (4) £12,885 good to firm).
RIFFA SPIRIT (9-8) 80-1 rear, outpaced 1f out, ridden final 110yds, kept on one pace towards finish, 6th of 11 (btn 3l) to Maharajas Express (9-8)
SAM'S XPRESS (9-12) 50-1 disputed lead, ridden inside final furlong, soon weakened, 8th (btn 3³/₄l) (11 ran) (Chester 5f hcap (5) £7,731 good).
GREAT (9-13) 7-2 in rear, headway 2f out and pushed along, ridden in fourth 1f out, kept on same pace,
3rd o
(Thirs
SEA HE
led a
final
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(Ayr 5
GREAT
out, h
run ir
of 10
BIBE
and n
8th (
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2f ou
11 (bt
(New
THE T
fav le
weak
4³/₄l)
hcap

S, FORM AND TIPS SEVEN DAYS A WEEK!

FRACT GOOD TO FIRM (GOOD)

AMATEUR JOCKEYS' 9; 1m 2f. (7 runners)

Miss C Brooks (5) 93
Mr T Easterby (3) 98
Miss N Biker (7) 94
Miss C Parker (5) ●99
Miss L Sanders (7) 89
d 4-10-5 ..... Miss A Cooke (5) 85
Miss J Stewart (7) 86
ler Code, 8 Max Of Stars, 12 The

rr) drawn 9, 8 ran.

OKMAKER EBF MAIDEN ,940; 6f. (8 runners)

Daniel Tudhope —
Jack Nicholls (3) 71
9-7 ..... Barry McHugh 75
David Nolan 70
Kevin Stott —
7 ..... Clifford Lee ●99
Andrew Mullen —
Connor Beasley 81
ar, 4 Bugzy, 10 Lady Henshaw, 14
s Luke, 66 Mubehir

v (K R Burke) drawn 5, 8 ran.

Y VETERANS' HCAP (6 runners)

39 (B★;D)
Jason Hart 90
Places: 4 £75,418
way, blinkers have to help, risky

NANDA 32 (D)
Zak Wheatley 91
Places: 4 £35,523
n weights, hard to trust of late

IS 18 (CD)
David Allan ●99
Places: 17 £133,979
t opportunity, repeat and wins

D)
Darragh Keenan 87
Places: 4 £27,765
f last season feels long time ago

4 (D)
Conor Whiteley (5) 89
G) Places: 21 £114,960
ut best foot forward for a while

SYTE 51 (D)
Dylan Hogan 93
Places: 9 £55,816
lipping down weights, sneaky
ia Fernanda, 15-2 Soames
Narmar
3 1 3
(T Easterby), drw 6, 7 ran.

FORM

(4) £7,731 good).
AR (9-2) 50-1 slowly away, s behind, last of 18 (well btn) to What You See (9-11) (York 1f ..m (4) £12,885 good).
OS RAJ (9-9) 7-1 midfield, ridden c, in touch with leaders entering furlong, soon faded, 4th of 6 l0l) to Mariner (8-13) (Doncaster hcap (6) £3,768 good to firm).
ES FORSYTE (9-9) 25-1 slowly , in rear, some headway inside furlong, kept on, 6th of 12 (btn to Hostility (9-7) (Carlisle 1m (6) £3,402 good).

TS CHAPLINS CLUB 7; 5f. (10 runners)

r 6-9-12 ..... James Sullivan 94
rby 7-9-11 ..... Joanna Mason 87
terby 6-9-11 ..... David Allan 98
9-10 ..... Dylan Hogan 84
Shane Gray 97
8 ..... Elle-May Croot (5) ●99
Zak Wheatley 90
Ryan Sexton 92
Warren Fentiman (3) 91
& S Quinn 3-9-4 ..... Jason Hart 96
-2 Great, 5 Spirit Of Applause, 6
m's Xpress, Riffa Spirit

3-1 (R Carr) drawn 6, 9 ran.

FORM

f 9 (btn 4l) to Maldevious (9-11) k 6f hcap (6) £3,140 good).
ER EXCEL (9-3) 7-2 prominent, fter 1f, ridden 2f out, kept on furlong, reduced advantage rds finish but always holding Golden Havana (9-8) 1¾l (6 ran) f hcap (6) £3,664 good to firm).
(9-9) 5-1 midfield, ridden 2f eadway final furlong, not clear nside final 110yds, unlucky, 5th (btn 1¼l) to Opal Storm (8-13)
NDUM (9-5) 9-2 in touch, ridden ot clear run 1f out, soon faded, btn 2½l) (10 ran) (Beverley 5f (6) £4,004 good to firm).
IMI (8-4) 16-1 mid-division, ed along and hung left over t, weakened 1f out, last of n 8¾l) to Dandy Magic (8-13) castle 6f hcap (5) £4,397 AW).
UNGUSKA EVENT (9-3) 11-4 d, ridden 2f out, headed 1f out, ened final furlong, 4th of 8 (btn o Crafty Blue (9-9) (Leicester 6f (6) £3,140 good to firm).

TEMPLEGATE

2.45 ..... Star Start
3.15 ..... Rock Steady Beat
3.45 ..... Garden Oasis
4.15 ..... Spirit Of Applause
4.45 ..... The Good Biscuit
5.15 ..... Something

TOM PEPPER

2.45 ..... Sunny Orange
3.15 ..... Our Son Oscar
3.45 GARDEN OASIS (nap)
4.15 ..... Great
4.45 ..... The Good Biscuit
5.15 ..... Something

TEMPLEGATE'S TRIO: Desert Belle (Kempton) and Kento (double, Brighton) with Speed of Sound (Yarmouth).
TOM PEPPER'S DOUBLE: Garden Oasis (Pontefract) and Babzini (Yarmouth).
SUNRATINGS' NAP: GARDEN OASIS (3.45 Pontefract).
THE JUDGE: UPPERCASE (4.45 Pontefract).

■TIC-TAC: Left-handed oval, undulating track of 2m, stiff 3f uphill climb to the finish. ■DRAW: Low numbers best in sprints. ■LEADING TRAINERS (2021-2026): T Easterby 35-356, K R Burke 22-110, D O'Meara 18-130, P Midgley 17-158. THIS SEASON: E Bethell 4, R Carr 4, I Furtado 4. ■TOP JOCKEYS (2021-2026): D Tudhope 30-156, J Hart 30-208, D Allan 21-194, Joanna Mason 18-127. THIS SEASON: J Hart 9, D Allan 4, Joanna Mason 4. ■LONGEST TRAVELLER: Chief Minister (3.15) & Anzac Day (5.15). Round trip of 350 miles. ■TRAINERFAX: K R Burke won the 3.15 in 2024 and 2025. T Easterby won the 3.45 in 2021 and 2025, and won the 4.15 in 2021 and 2024. ■FIRST RUN SINCE WIND OP: Missmimi (4.15). ■JACKPOT: Races 1-6. ■LIVE ON RACING TV

4.45 BET WITH JAYNE LOCAL BOOKMAKER HCAP (4) winner £5,234; 6f (9 runners)

1 284411 **THE GOOD BISCUIT 10 (CD)**
(1) R Carr 5-9-12(5lbex) .... **Joanna Mason ●99**
Runs: 33 Wins: 7 (2S,4F,G) Places: 6 £61,822
Cruised home here latest, this tougher but in flying form, one to beat

2 -68211 **ALFA WHITEBURD 19 (CD)**
(7) I Furtado 5-9-9 ..... **Jason Hart 98**
Runs: 29 Wins: 6 (F,4A,G) Places: 4 £51,955
Found feet in style again, up weights but goes well here, big player

3 035220 **ABERAMA GOLD 12 (V;D)**
(8) D O'Meara 9-9-6 ..... **Daniel Tudhope 94**
Runs: 121 Wins: 16 (4F,5S,4A,3G) Places: 25 £478,391
Stuffed at York but excuses, solid before that, wouldn't rule out here

4 7-9311 **UPPERCASE 20**
(3) H Eustace 4-9-6 ..... **Kaiya Fraser 97**
Runs: 9 Wins: 2 (F,GS) Places: 4 £16,025
Drops back from pair of 7f wins, different track, drawn to attack, threat

5 -10964 **MAE AMOR 7 (V;D)**
(5) R Menzies 4-9-6 ..... **David Allan 93**
Runs: 23 Wins: 4 (2A,2G) Places: 4 £46,455
Huge run at Goodwood at 50-1, repeat and can get involved, each-way

6 135624 **EMPEROR CARADOC 15 (C,D)**
(9) P Midgley 7-9-4 ..... **David Nolan 92**
Runs: 45 Wins: 6 (2S,3F,GS) Places: 11 £50,901
Solid without winning of late, drawn wide, needs more to get in hunt

7 703200 **MISTER SOX 12 (CD)**
(4) T Easterby 6-9-3 ..... **Sean Kirrane 90**
Runs: 47 Wins: 6 (S,GS,4G) Places: 11 £71,759
In too deep at York last twice, this more realistic, yard is a bit quiet

8 -87510 **SUGAR BABY 12 (D)**
(6) P Niven 8-9-0 ..... **Ethan Tindall (5) 89**
Runs: 48 Wins: 9 (5F,2A,2G) Places: 10 £53,530
Stuffed at York, claimer back on board, patchy profile, hard to trust

9 6553-4 **WILLOLARUPI 19 (D)**
(2) D Carroll 5-8-8 ..... **Zak Wheatley 88**
Runs: 29 Wins: 3 (2F,A) Places: 9 £28,351
Never landed blow latest, needs to be sharper, others better for now

BETTING: 2 Uppercase, 11-4 The Good Biscuit, 4 Alfa Whiteburd, 13-2 Mae Amor, 10 Emperor Caradoc, 16 Aberama Gold, 25 Sugar Baby, Mister Sox, 33 Willolarupi
WHERE FAVOURITES FINISHED: 1
2025: Novello Lad 4-9-4, D Nolan 4-1 Fav (P Midgley), drw 5, 10 ran.

Sunracing FORM

THE GOOD BISCUIT (9-7) evens fav tracked front pair, pushed along 2f out, kept on to lead 110yds out, bt Bell Shot (9-5) 1¾l (4 ran) (Pontefract 6f hcap (4) £5,234 good to firm).
ALFA WHITEBURD (9-13) 1-2 fav made all, ridden 1f out and edged right, stayed on well, never seriously challenged, bt Dorney Lake (9-4) 1¾l
WILLOLARUPI (9-7) 22-1 rear, never a threat, 4th (btn 9l) (6 ran) (Pontefract 6f hcap (5) £4,187 good to firm).
SUGAR BABY (9-1) 28-1 mid-division, ridden 2f out, soon beaten, 19th of 21 (btn 14l) to Rajaking (9-6) **ABERAMA GOLD** (9-2) 12-1 chased leaders, pushed along halfway, weakened 2f out, 20th (btn 18l) (21 ran) (York 6f hcap (4) £12,885 good to firm).
UPPERCASE (8-13) 5-2 prominent, ridden to lead 2f out, went clear, pushed out final furlong, bt Cherry Cobbler (9-5) 3¾l (5 ran) (Epsom 7f hcap (4) £6,281 good to firm).
MAE AMOR (9-9) 50-1 prominent, ridden 3f out, led 2f out, kept on final furlong, headed, 4th of 26 (btn 1¾l) to French Affair (9-2) (Goodwood 6f hcap (4) £20,616 good to firm).
EMPEROR CARADOC (10-0) 11-4 prominent, pushed along 2f out, weakened final 110yds, 4th of 8 (btn 2l) to Hoodie Hoo (9-13) (Nottingham 6f hcap (5) £4,187 good to firm).
MISTER SOX (9-4) 14-1 mid-division, ridden 2f out, no impression when not clear run 1f out, 14th of 18 (btn 12l) to Jonny Concrete (9-3) (York 7f hcap (4) £12,885 good to firm).

5.15 NAPOLEONS CASINO BRADFORD HCAP (4) winner £5,154; 2m 1f (3 runners)

1 D576-4 **ANZAC DAY 45**
(2) J & A O'Neill 5-10-2 ..... **Clifford Lee 95**
Runs: 7 Wins: 1 (S) £8,344
Slipping down weights at rate of knots, up-and-down form, risks here

2 831232 **SOMETHING 14**
(3) L Bailey 5-10-1 ..... **Billy Garritty ●99**
Runs: 26 Wins: 4 (2A,GS,G) Places: 4 £36,843
Big step up in trip, might be best suited by tactical race, not nailed on

3 112-15 **DIVISION DAY 25 (P★)**
(1) B Ellison 4-9-3 ..... **Connor Beasley 98**
Runs: 10 Wins: 3 (F,A,G) Places: 1 £15,115
Only 3lb higher than Donny win, cheekpieces go on, no shock if wins

BETTING: 8-11 Something, 2 Division Day, 5 Anzac Day
WHERE FAVOURITES FINISHED: 1 1 4
2025: Captain Potter 5-9-12, B Robinson 18-5 (B Ellison), drw 3, 7 ran.

EACH-WAY THIEF

BETWEENTHESTICKS (4.15 Pontefract) is consistent and has hit the post on his past two runs over this course and distance. Have an each-way double with ALFA WHITEBURD (4.45 Pontefract) who has won his past two nicely including at this tricky venue last time out.

ZEUS THE DADDY

From Page One

he seems in great form and he worked well yesterday.

"Bow Echo has won his Group 1s, and has stamped himself as a stallion, and this is an opportunity for Zeus Olympios to win his Group 1.

"If both horses turn up it could be an interesting race."

Closer to home, five-time Group 1 scorer Fallen Angel is on course to make her first start since May in the Listed Dick Hern Stakes at Haydock Park on Saturday.

Burke said: "As long as it is genuine good ground she will run. She has been crying out to run, but we made the decision not to run her on fast ground."

One horse who won't be appearing any time soon, however, is Commonwealth Cup winner Venetian Sun, who has been ruled out for the rest of the season with a tendon injury.

Burke said: "We have a feeling she may have initiated it at Newmarket [when second in the July Cup] but she came back from there with a nasty little cut and had been on antibiotics that we think may have masked it [the injury] to a degree."

Whether the three-year-old filly stays in training next year will be "a discussion for later on".

RACING RESULTS

CATTERICK

Going: Good to firm-good in places

2.15: 1 WAAKABB J Hart (7-4); **2 National Pride** (11-8 fav); **3 Breaking The Habit** (125-1). 6 ran. 1¼l; 8l. S & E Crisford. T: £2.49; £1.20, £1.10. Ex: £3.40. Trifecta: £43.90. CF: £3.40. NR: Palace Legacy. Palace Legacy| Rule 4 applies to All Bets, deduct 15p in the £.

2.45: 1 ICONIC TIMES S D Bowen (evens fav); **2 Without Delay** (10-1); **3 Rain Cap** (9-2). 7 ran. ns; 2½l. J Candlish. T: £2; £1.10, £2.80. Ex: £9.80. Trifecta: £34.60. CF: £11.92.

3.15: 1 FREE WORLD C Fallon (2-1 jtfav); **2 Star Of Jupiter** (14-1); **3 Fleur De Mer** (8-1). 9 ran (Slack Alice 2-1 jtfav). 7l; nk. I Williams. T: £3; £1.30, £3.40, £1.90. Ex: £29.80. Tricast: £194.03. Trifecta: £232.10. CF: £36.52.

3.45: 1 MISS RAINBOW C Beasley (5-2); **2 Captain Cess** (11-10 fav); **3 Battenburg Belle** (9-1). 8 ran. 1¼l; 3½l. T Waggott. T: £3.60; £1.20, £1.10, £1.90. Ex: £7.20. Tricast: £19.71. Trifecta: £35.20. CF: £5.80.

4.15: 1 HALIMEDE L Morris (9-4); **2 Hansteen** (8-11 fav); **3 Muhib** (7-1). 8 ran. 5l; 1¼l. Sir M Prescott. T: £4.10; £1.60, £1.20, £1.02. Ex: £5.90. Tricast: £7.93. Trifecta: £10.90. CF: £4.32.

4.45: 1 WITHOUT FLAW W Fentiman (3-1); **2 Gwen Tennyson** (13-2); **3 Doralee** (6-4 fav). 7 ran. 1l; 1l. Miss T Jackson. T: £4; £1.80, £3.40. Ex: £23.70. Trifecta: £64.10. CF: £23.22.
JACKPOT: £1,426.90
PLACEPOT: £12.10
QUADPOT: £11

FFOS LAS

Going: Good

2.30: 1 SAFARI DREAM O Murphy (11-4); **2 Diamondinthedark** (22-1); **3 The Coffee Pod** (11-4). 7 ran (Newsreader 5-2 fav). shd; 7½l. B Millman. T: £3.75; £1.50, £6.80. Ex: £30.60. Trifecta: £221.30. CF: £54.63.

3.00: 1 PERFECT NATION B Loughnane (13-8 fav); **2 George Cross** (9-2); **3 Artemis Star** (22-1). 7 ran. 1l; 1l. G Boughey. T: £2.63; £1.30, £2.10. Ex: £11.90. Trifecta: £56.50. CF: £9.34.

3.30: 1 LERWICK B Loughnane (10-1); **2 Cypriot Diaspora** (13-8 fav); **3 Grand Vista** (14-1). 9 ran. 2½l; 1½l. M Loughnane. T: £11; £2.80, £1.10, £3.70. Ex: £34.10. Tricast: £238.82. Trifecta: £252.10. CF: £26.77.

4.00: 1 KALEIDOSCOPE EYES R P Downey (3-1); **2 Piazza** (12-1); **3 Rosemary's Rose** (evens fav). 8 ran. 1¼l; 1l. B J Llewellyn & Robert Williams. T: £4; £1.10, £2.40, £1.10. Ex: £37.30. Tricast: £57.29. Trifecta: £64.40. CF: £35.56. NR: March Of Time.

4.30: 1 WOOTZ R Dawson (10-11 fav); **2 Mountain Of Light** (16-1); **3 Arbaawy** (13-8). 8 ran. 6½l; hd. R Varian. T: £1.91; £1.20, £2.70, £1.10. Ex: £17.30. Trifecta: £35. CF: £18.61.

5.00: 1 MYTHOLOGICAL STAR B Loughnane (4-6 fav); **2 Hurricane Laughter** (11-4); **3 Somethingintheair** (12-1). 5 ran. 1½l; 4l. D & C Kubler. T: £1.67; £1.10, £1.40. Ex: £2.80. Trifecta: £11.10. CF: £2.82.

5.30: 1 A DAUGHTERS LOVE Jack Doughty (10-1); **2 Grindleton** (5-1); **3 Praise Indeed** (7-1). 10 ran (Condotti 13-8 fav). 10l; 4l. D Flood. T: £11; £1.40, £1.70, £2.40. Ex: £84.20. Tricast: £381.53. Trifecta: £448.20. CF: £60.26.
PLACEPOT: £11.90. **QUADPOT:** £2.10

LINGFIELD

Going: Aw: standard; turf: good to firm

5.18: 1 MISTER MOJITO J Callan (9-4 fav); **2 Rogue Dynasty** (5-2); **3 Dandy Khan** (14-1). 11 ran. ¾l; 2l. T Kent. T: £3.25; £1.50, £1.20, £4.40. Ex: £8. Tricast: £65.18. Trifecta: £97.70. CF: £8.06.

5.48: 1 FORTUNATE O Carmichael (16-1); **2 Dun Eideann** (16-1); **3 Steamy Wonder** (18-1). 10 ran (Langdale Lass 4-6 fav). 1¼l; 1¾l. E J-Houghton. T: £17; £2.90, £4, £4.50. Ex: £229.40. Trifecta: £4722.30. CF: £250.88.

6.18: 1 POTTERS MARGOT R Havlin (25-1); **2 Minnal** (7-4); **3 Lushill** (10-1). 9 ran (Jazzy Blue 5-4 fav). 1l; ¾l. M Crawley. T: £30.10; £5, £1.10, £2.10. Ex: £105.50. Trifecta: £401.10. CF: £70.66.

6.48: 1 ELVETHAM J Gilligan (13-2); **2 Style King** (15-8 fav); **3 Just Jump** (3-1). 10 ran. ½l; 1½l. C Allen. T: £7.70; £3.50, £1.10, £1.40. Ex: £27.20. Tricast: £47.22. Trifecta: £109.40. CF: £19.31. NR: Master Dandy, Phoenix Moon.

7.18: 1 TABASKO Ashley Lewis (4-5 fav); **2 Scarlet Moon** (15-2); **3 Russian Rumour** (10-1). 4 ran. nk; ½l. E Walker. T: £1.80; Ex: £10. Trifecta: £18.10. CF: £7.16.

7.48: 1 HOPE RISING R Hornby (2-1); **2 Douglas Dc** (6-1); **3 Koko Blue** (11-8 fav). 7 ran. 5½l; 1½l. J Snowden. T: £3; £1.40, £2.60. Ex: £17.20. Trifecta: £34.20. CF: £15.08.

8.18: 1 OFFIAH'S BOY Taylor Fisher (5-6 fav); **2 Gert Lush** (9-2); **3 Monks Mead** (11-2). 6 ran. 2l; ½l. J Tickle. T: £1.84; £1.10, £2. Ex: £5.50. Trifecta: £10.90. CF: £5.19.
PLACEPOT: £746.40. **QUADPOT:** £14.70

ROSCOMMON

Going: Hurdle: yielding to soft-soft in places; chase: soft-yielding to soft in places

5.25: 1 TUMBLING IN G B Noonan (11-10 fav); **2 Casper Charlie** (33-1); **3 Goodmancon** (16-1); **4 Who's Going** (33-1). 16 ran. 9½l; 7l; 4½l. E McNamara. T: £2.10; £1.10, £6, £3.60. Ex: £51.70. Trifecta: £406.80. CF: £49.95. NR: Cool Native, Kalico Leader, Seven Towers.

6.00: 1 CLAY PIGEONS B Hayes (8-11 fav); **2 Goeasyonme** (125-1); **3 Chantilly Wings** (7-2). 13 ran. 3½l; 4½l. W P Mullins. T: £1.73; £1.10, £23.90, £1.10. Ex: £133.60. Trifecta: £2507.20. CF: £174.25. NR: Captain Hanley, Earthwatch, John Gun, Leva Deva, Speisialta, Whoyougonnacall.

6.30: 1 SHE'LL BE KEPT P T Enright (7-1); **2 Mavetherave** (11-2); **3 Its Not Over Yet** (12-1). 15 ran (Knocknagoran Lady 7-2 fav). 5½l; 8l. B McMahon. T: £8.60; £2.50, £2.60, £4.10. Ex: £84.30. Tricast: £489.69. Trifecta: £968. CF: £50.55. NR: Wild Mandate, Born Bright, Sallap, Western Model.

7.00: 1 HASHTAG PRETENDER S W Flanagan (5-4 fav); **2 Killeemore Lad** (13-2); **3 Piccolo Player** (4-1). 7 ran. 4½l; 11l. B Connell. T: £2.25; £1.40, £2.50. Ex: £9.70. Trifecta: £28.70. CF: £10.46.

7.30: 1 ANOTHER CHALLENGE P T Enright (8-1); **2 Ladies Well** (10-3 fav); **3 Full Noise** (9-2). 13 ran. 7l; 1½l. O McKiernan. T: £10.30; £2.90, £1.40, £2.80. Ex: £53.60. Tricast: £144.32. Trifecta: £567.40. CF: £39.86. NR: Backinabit, Charlie's Gift, Dunany Point, Firstupbestdressed, Not So Serious, Run For The Border.

8.00: 1 IL SILENZIO Conor Smithers (7-2 fav); **2 One Way Traffic** (6-1); **3 John Storey** (17-2); **4 Love Like This** (9-1). 16 ran. ½l; 13l; 2l. M Brassil. T: £4.50; £1.40, £2.20, £2.60, £2.10. Ex: €17. Tricast: €182.38. Trifecta: €226. CF: €26.35. NR: Kilashee, Thewaybackhome, True Harmony.

8.30: 1 LOLA O C Mr J L Gleeson (13-8 fav); **2 Mountain Sky** (9-2); **3 Iron Sword** (5-2). 13 ran. 2½l; 4l. H De Bromhead. T: £2.63; £1.20, £1.50, £1.10. Ex: £9.20. Trifecta: €17.10. CF: £9.24. NR: Georges Park, Hot Rock Harry, Inishtearaght, Mr Enigma.
PLACEPOT: €32.80

TEMPLEGATE

RACING'S NO1 TIPSTER STEVE MULLEN

DESERT BELLE can give the bookies hell (8.50 Kempton, nap).

You will never have got poor following Sir Mark Prescott handicappers as they go up in trip. That's what this Masar filly is doing this evening after back-to-back seconds over shorter.

She can improve for this first crack at 2m and cheekpieces are a new addition too.

KENTO can strike (5.00 Brighton, nb). He has been a model of consistency and rarely finishes off the podium. He didn't fire here last time but usually enjoys Brighton and can bounce straight back.

SPEED OF SOUND (6.10 Yarmouth, treble) can live up to her name. Both her runs have been good with a close third at Newmarket on debut followed by a cracking second at Ascot. This looks a slightly easier assignment and she can get off the mark.

Belle can have a ball

★ TEMPLEGATE NAP	★ TEMPLEGATE NB	★ TEMPLEGATE TREBLE
DESERT BELLE	**KENTO**	**SPEED OF SOUND**
8.50 Kempton	5.00 Brighton	6.10 Yarmouth
Improving filly who handles conditions and has a lot more to offer.	Usually goes well here and is very consistent at this level.	Went close in better race at Ascot last time and can strike here.

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KEMPTON TONIGHT
STANDARD TO SLOW

5.20 TRY UNIBET'S NEW IMPROVED ACCA BOOSTS NURSERY (Class 6); 2-y-o; £3,140; 6f. (12 runners)
1 (9) 71875 **PAGEANT GIRL 21 (B★;D)** J Owen 9-8 ..... **Luke Morris 89**
2 (1) 306 **KOCHELLA 21** H Dwyer (AUS) 9-8 ..... **David Egan 84**
3 (5) 44 **BEACH AHEAD 59** G & J Moore 9-8 ..... **Toby Moore (7) 93**
4 (7) 6531 **TALLAHASSEE LASSIE 22** J Fanshawe 9-8 ..... **Oisin Murphy ●99**
5 (4) 440 **NASCENT STAR 18** H Palmer 9-8 ..... **Robert Havlin 94**
6 (3) 445 **NAJMET MINZAAL 28 (BF)** J Channon 9-7 ..... **Callum Rodriguez 97**
7 (8) 34 **CROWNED 41** M Keady 9-6 ..... **Colin Keane 96**
8 (2) 805 **ITS A GINGER THING 11** R Hughes 9-6 ..... **Finley Marsh 83**
9 (6) 04956 **INVINCIBLE ISAAC 34 (V)** L Souza 9-5 ..... **Rossa Ryan 85**
10 (11) 867 **SECRET RIVAL 20** E Walker 9-5 ..... **Kieran Shoemark 92**
11 (10) 402 **TIME AND EFFORT 13** I Furtado 9-4 ..... **Silvestre De Sousa 94**
12 (12) 006 **TRUST YOURSELF 39** J Tate 9-4 ..... **James Doyle 91**
BETTING: 9-4 Tallahassee Lassie, 4 Crowned, 13-2 Najmet Minzaal, 10 Secret Rival
WHERE FAVOURITES FINISHED: 5 9 4
2025: Corniche Girl 9-5 Sean Levey 11-2 (R Hannon) drawn 1, 8 ran.

5.50 UNIBET/BRITISH STALLION STUDS EBF NOVICE STAKES (DIV 1) (3); 2-y-o; £7,020; 7f. (9 runners)
1 (9) **AHMADI** R Beckett 9-7 ..... **Oisin Murphy —**
2 (7) **CHYMBULAK** R Varian 9-7 ..... **Ray Dawson —**
3 (5) **GREENLANDER** S Williams 9-7 ..... **Kieran Shoemark —**
4 (6) 078 **MINZAAL TIME 22** R Hughes 9-7 ..... **Colin Keane 84**
5 (8) **MINZAZI** R Hannon 9-7 ..... **Sean Levey —**
6 (1) **NATIVE CHIEF** J Butler 9-7 ..... **David Egan —**
7 (3) 6 **OFF THE PEG 34** R Hughes 9-7 ..... **Finley Marsh ●99**
8 (2) 0 **THERE GOES MY HERO 30** Kieran Burke 9-7 ..... **non-runner 75**
9 (4) **VARDO (T★)** O Burrows 9-7 ..... **Callum Rodriguez —**
BETTING: 2 Ahmadi, 9-4 Chymbulak, 10-3 Minzazi, 10 Off The Peg, 14 Vardo, 16 Native Chief, Greenlander, 33 Minzaal Time
WHERE FAVOURITES FINISHED: 1 1 6 7 2
2025: Looka 9-7 Silvestre De Sousa 14-1 (M Botti) drawn 2, 12 ran.

6.20 UNIBET/BRITISH STALLION STUDS EBF NOVICE STAKES (DIV 2) (3); 2-y-o; £7,020; 7f. (9 runners)
1 (3) 7 **CLIVE THE WRITER 19** W Muir & C Grassick 9-7 **Silvestre De Sousa ●99**
2 (5) **DOVER STREET** R Hannon 9-7 ..... **David Egan —**
3 (9) **FULCRUM** J & T Gosden 9-7 ..... **non-runner —**
4 (6) **GHOST RAIDER** R Beckett 9-7 ..... **Rossa Ryan —**
5 (8) **GOLD ARMY** H Charlton 9-7 ..... **Lewis Edmunds —**
6 (1) **GREAT PLAINS** A King 9-7 ..... **Kieran Shoemark —**
7 (7) **MONTALBANO** A Balding 9-7 ..... **Oisin Murphy —**
8 (4) 0 **SAYID HARRY ANGEL 18** R Hughes 9-7 ..... **Colin Keane 76**
9 (2) 6 **MODA ROSA 13** B Meehan 9-2 ..... **Joe Leavy 80**
BETTING: 2 Dover Street, 9-4 Ghost Raider, 15-2 Montalbano, 8 Gold Army, 10 Great Plains, 14 Clive The Writer, 66 Sayid Harry Angel, Moda Rosa
WHERE FAVOURITES FINISHED: 1 1 6 7 2
2025: Looka 9-7 Silvestre De Sousa 14-1 (M Botti) drawn 2, 12 ran.

6.50 UNIBET 3 UNIBOOSTS A DAY NOVICE STAKES (4); value to the winner £5,400; 1m. (14 runners)
1 (13) 1 **CHARLIE'S CANNON 34 (H;C)** S Dow 3-9-11 ..... **Rossa Ryan 97**
2 (2) 41- **GAVRIEL 343 (CD)** J & T Gosden 3-9-11 ..... **Robert Havlin ●99**
3 (3) 51 **LUNAR TIDE 118 (D)** G Baker 3-9-11 ..... **Benoit Sayette 94**
4 (8) 1- **BLACK CHIFFON 307** A Balding 3-9-6 ..... **Oisin Murphy 98**
5 (9) **THAT'S ALL FOLKS J288 (H)** S Mullins 6-9-6 ..... **Josephine Gordon —**
6 (10) **CLASSY NIGHT** H Eustace 3-9-4 ..... **George Wood —**
7 (5) 3 **COLONNADE 23** S & E Crisford 3-9-4 ..... **Jack Mitchell 95**
8 (14) 72- **KAINDY 271** R Varian 3-9-4 ..... **Ray Dawson 96**
9 (6) **NAJIDI STORM** H Charlton 3-9-4 ..... **Colin Keane —**
10 (11) **TALKING BEAR** R Phillips 3-9-4 ..... **Callum Hutchinson —**
11 (4) **TATAFORTINO** G & J Moore 3-9-4 ..... **Luke Morris —**
12 (1) **VIRTUE KING** A Perrett 3-9-4 ..... **Callum Rodriguez —**
13 (12) 44 **KINO PLASMAT 36** E Walker 3-8-13 ..... **Kieran Shoemark 85**
14 (7) **LADY BLITZLE** J Channon 3-8-13 ..... **Rose Dawes (5) —**
BETTING: 10-3 Gavriel, 7-2 Kaindy, 9-2 Black Chiffon, 6 Najidi Storm, Colonnade, 15-2 Charlie's Cannon, 10 Lunar Tide, 25 Kino Plasmat, Lady Blitzle
WHERE FAVOURITES FINISHED: 2 1 1 1 1
2025: Raammee 3-9-4 Silvestre De Sousa 10-11 Fav (R Varian) drawn 3, 10 ran.

7.20 BECKY BURKE MEMORIAL NOVICE STAKES (DIV 1) (3); value to the winner £6,480; 1m 3f. (12 runners)
1 (8) 01 **PURPLE MOON 118** G Baker 4-10-6 ..... **Benoit Sayette 97**
2 (1) **ANCHOR J134** C Hobson 4-9-13 ..... **Gina Mangan —**
3 (4) **BARACHIEL J116** R Stephens 5-9-13 ..... **Luke Morris —**
4 (9) 94 **DIGGER ONE 37** Kieran Burke 5-9-13 ..... **Josephine Gordon 81**
5 (7) 5 **ARKLAN 37** E J-Houghton 3-9-4 ..... **Callum Hutchinson 85**
6 (6) 70 **BE HOPEFUL 65** D Menuisier 3-9-4 ..... **Sean Levey 80**
7 (2) 89 **CENTRUM 9** J & T Gosden 3-9-4 ..... **Colin Keane 89**
8 (3) 2 **DIALSTONE 36** R Beckett 3-9-4 ..... **Rossa Ryan ●99**
9 (11) **FORTITUDINE** C Appleby 3-9-4 ..... **James Doyle —**
10 (10) 58- **MID FLIGHT 271 (V★)** P Charalambous & J Clutterbuck 3-9-4 **Robert Havlin 91**
11 (5) 6 **TREBLE BASS 16** R Varian 3-9-4 ..... **Ray Dawson 92**
12 (12) 0- **WESTENDER 377** D Menuisier 3-9-4 ..... **Silvestre De Sousa 82**
BETTING: 5-6 Dialstone, 5-2 Fortitudine, 6 Purple Moon, 12 Treble Bass, 16 Arklan, Centrum, 25 Mid Flight, 33 Barachiel
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

7.50 BECKY BURKE MEMORIAL NOVICE STAKES (DIV 2) (3); value to the winner £6,480; 1m 3f. (11 runners)
1 (7) 62 **CLOUD FOREST 22** S bin Suroor 4-9-13 ..... **Oisin Murphy 98**
2 (10) **NO ORDINARY JOE J73** R Stephens 10-9-13 ..... **Luke Morris —**
3 (2) 51 **CUFF IT 58** R Spencer 3-9-11 ..... **George Wood 97**
4 (5) 7-033 **ATLAS MOUNTAIN 58** A King 3-9-4 ..... **Jack Mitchell 96**
5 (3) 53 **KUDOS TOO 22** W Muir & C Grassick 3-9-4 ..... **Lewis Edmunds 94**
6 (4) 4 **SHADOW ROAD 40** J Butler 3-9-4 ..... **David Egan 91**
7 (9) **WRECK IT RONNIE** C Pike 3-9-4 ..... **Thomas Greatrex —**
8 (8) 09- **ANGEL BREEZE 252** L Souza 3-8-13 ..... **non-runner 85**
9 (6) 3 **CHURCH WEDDING 203 (BF)** R Beckett 3-8-13 ..... **Rossa Ryan ●99**
10 (11) 9- **DOVE TALE 277** J & T Gosden 3-8-13 ..... **Robert Havlin 87**
11 (1) 75 **PERSIAN FLAW 56** D Menuisier 3-8-13 ..... **Sean Levey 84**
BETTING: 2 Cloud Forest, 3 Cuff It, 4 Atlas Mountain, 5 Church Wedding, 11 Kudos Too
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

TEMPLEGATE
5.20. Tallahassee Lassie
5.50 ..... Ahmadi
6.20 ..... Ghost Raider
6.50 ..... Black Chiffon
7.20 ..... Fortitudine
7.50 ..... Cloud Forest
8.20 ..... Victory Ace
8.50. DESERT BELLE (nap)

TOM PEPPER
5.20. Tallahassee Lassie
5.50 ..... Chymbulak
6.20 ..... Ghost Raider
6.50 ..... Black Chiffon
7.20 ..... Purple Moon
7.50 ..... Cloud Forest
8.20 ..... Jumeirah Sands
8.50 ..... Desert Belle

■TIC-TAC: Right-handed Polytrack all-weather course. 1m round with tight turns and a 3f run-in. ■DRAW: No advantage. ■LEADING TRAINERS (2021-2026): A Balding 98-618, C Appleby 83-233, J & T Gosden 70-339, R Varian 63-276. THIS SEASON: A Balding 14, J Butler 8. ■TOP JOCKEYS (2021-2026): O Murphy 131-571, Rossa Ryan 88-577, James Doyle 63-248, J Mitchell 60-427. THIS SEASON: O Murphy 15, Rossa Ryan 11. ■LONGEST TRAVELLER: Time And Effort (5.20) & Blakefell (8.20) trained at Easingwold. Round trip of 478 miles. ■TRAINERFAX: R Varian won the 6.50 in 2022 and 2025. Sir M Prescott won the 8.50 in 2024 and 2025. ■FIRST RUN SINCE WIND OP: Trust Yourself (5.20), That's All Folks (6.50), Angel Breeze (7.50). ■LIVE ON RACING TV

8.20 UNIBET SUPPORTING SAFER GAMBLING HCAP (4) 3-Y-O; £6,281; 7f (8 runners)
1 5-1124 **JUMEIRAH SANDS 22**
(6) I Mohammed & J Santos 9-10 **Kyle McHugh (7) 98**
Runs: 5 Wins: 2 (2A) Places: 1 £14,361
Consistent AW performer, not beaten far at Wolves latest, major claims

2 221-48 **ANGEL GABRIEL 26**
(3) R Beckett 9-9 ..... **Rossa Ryan 96**
Runs: 5 Wins: 1 (A) Places: 2 £13,178
Nov win at Lingfield in Dec, showed little in recent turf runs, place claims

3 23-165 **CAPTAIN FOX 27**
(8) R Hughes 9-8 ..... **Finley Marsh 93**
Runs: 6 Wins: 1 (A) Places: 2 £10,333
Easy novice winnner at Lingfield in Feb, hcap runs not so good, ignore

4 102- **PISCEAN STAR 321 (CD)**
(1) E Dunlop 9-6 ..... **Oisin Murphy 97**
Runs: 3 Wins: 1 (A) Places: 1 £7,905
Now gelded, C&D mdn win in Aug, debut hcp mark looks fair, big chance if fit

5 32-6 **QUADRILLION 56**
(2) H Charlton 9-4 ..... **Colin Keane 94**
Runs: 3 Places: 1 £3,491
Smart pedigree, mark could be generous for her hcp debut, shortlist

6 92-163 **BLAKEFELL 44 (BF,D)**
(4) I Furtado 9-4 ..... **Silvestre De Sousa 95**
Runs: 7 Wins: 1 (G) Places: 1 £26,796
Solid 3rd at Musselburgh in June, up in class and on AW now, needs more

7 -12651 **VICTORY ACE 11 (P★;D)**
(5) J Butler 9-4 ..... **Mikey Sheehy 96**
Runs: 8 Wins: 2 (2A) Places: 1 £12,838
Newcastle AW win last week, up only 2lb but this looks tougher, e-w shout

8 -26871 **DOODLING 53**
(7) E J-Houghton 8-11 . **Callum Hutchinson ●99**
Runs: 6 Wins: 1 (G) Places: 1 £7,616
Novice win at Bath in June, back up to 7f should be fine, major player

BETTING: 11-4 Doodling, 9-2 Jumeirah Sands, 6 Piscean Star, Quadrillion, 7 Blakefell, Victory Ace, 8 Angel Gabriel, 12 Captain Fox
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

Sunracing FORM
JUMEIRAH SANDS (8-12) 10-1 mid-division, ridden 1f out, ran on post, 4th of 10 (½l) to Jungle Drums (10-3) (W'hampton 6f hcap (4) £5,234 AW).
ANGEL GABRIEL (9-10) 22-1 midfield, effort 2f out, soon beaten, 8th of 11 (5½l) to Sierra Sands (9-11) (Newmarket 7f hcap (4) £12,885 good to firm).
CAPTAIN FOX (9-7) 16-1 in touch, outpaced 2f out, kept on, 5th of 12 (9½l) to Grizedale (10-9) (Newbury 1m hcap (4) £7,328 good to firm).
PISCEAN STAR (9-4) 4-1 led, ridden 2f out, headed final furlong, btn 2l by Rosa Inglesa (8-13) (11 ran) (Chelmsford 7f nov stks (5) £4,187 AW).
QUADRILLION (9-2) 3-1 mid-division, headway 1f out, faded, 6th of 11 (btn 3½l) to Shushu (9-2) (Yarmouth 7f mdn (4) £5,400 good to soft).
BLAKEFELL (9-5) 11-4f chased leaders, pushed along 2f out, ran on, 3rd of 6 (btn 1l) to Krissy (9-6) (Musselburgh 1m 1f hcap (5) £5,234 good).
VICTORY ACE (8-10) 14-1 in touch, shaken up 2f out, kept on well, bt Zatsgood (9-12) hd (14 ran) (Newcastle 1m hcap (4) £5,653 AW).
DOODLING (9-0) 3-1 mid-division, ridden 1f out, stayed on strongly, bt Velvet Goldmine (9-2) sh hd (11 ran) (Bath 6f (5) £4,320 good).

8.50 UNIBET MORE EXTRA PLACE RACES HANDICAP (5); value to the winner £4,187; 2m. (8 runners)
1 (7) -325211 **TUBA J47** F O'Brien 5-10-2 ..... **Gina Mangan 98**
2 (6) 259-517 **ROLAND GARROS J35** H Burton 5-10-1 ..... **Alexandra Egan (7) 87**
3 (8) 57/11-7 **EASTER ICON J56 (D)** G Brown 7-10-0 ..... **Finley Marsh 96**
4 (2) -634321 **CAPTAIN ROBERT 56 (B)** J Fanshawe 4-9-12 ..... **George Wood 97**
5 (3) 314-467 **GOLDEN GARDEN 61** W Greatrex 4-9-11 ..... **Silvestre De Sousa 89**
6 (1) 1861351 **V POWER 29** T Faulkner 6-9-10 ..... **Zoe Lewis (7) 95**
7 (4) 214322 **DESERT BELLE 9 (P★)** Sir M Prescott 3-9-2 ..... **Luke Morris ●99**
8 (5) 433/984 **INDIVIDUALISTE 38** B Lund 8-9-0 ..... **Rose Dawes (5) 82**
BETTING: 15-8 Captain Robert, 3 Tuba, 4 Desert Belle, 6 V Power, 8 Easter Icon, 20 Golden Garden, Roland Garros, 66 Individualiste
WHERE FAVOURITES FINISHED: 2-5 1
2025: Synergism 3-9-4 Luke Morris 4-9 Fav (Sir M Prescott) drawn 3, 6 ran.

SLIGO
GOING: GOOD (GOOD TO YIELDING)

EAMONN HAMES
5.30 ..... Avec Grand Plaisir
6.00 ..... Cornelienne
6.30 ..... The Green Helmet
7.00 ..... Hi Corbett Court
7.30 ..... Dubai Opulence
8.00 ..... PRIVATE LARRY (nap)
8.30 ..... Without Love (nb)

TOM PEPPER
5.30 ..... Shemiyka
6.00 ..... Spanish Temptress
6.30 ..... Lady Patrona
7.00 ..... Mr Montauk
7.30 ..... Beau Army
8.00 ..... Chicago Moon
8.30 ..... Deluca Chop

■TIC-TAC: A right handed sharp undulating circuit of 1m. ■LEADING TRAINERS (2021-2026): J P O'Brien 9-50, J Harrington 6-32, P Twomey 4-7, E & P Harty 4-13. THIS SEASON: P Twomey 2. ■TOP JOCKEYS (2021-2026): W J Lee 10-44, R P Whelan 7-43, G F Carroll 6-41, J M Sheridan 5-29. THIS SEASON: W J Lee 3. ■LONGEST TRAVELLER: Sophia Royale (7.00) & Private Larry (8.00). Round trip of 300 miles. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. ■LIVE ON RACING TV

5.30 CLAIMING STAKES; winner €6,000; 1m 2f 100yds. (14 runners)
1 (4) 70-3 **GLITTERING GEM 22** D Weld 4-10-2 ..... **S Coen (5)**
2 (14) 95-3 **SHEMIYKA 5 (V)** M O'Callaghan 4-10-2 ..... **S Davis**
3 (11) 8622 **TAJ CROWN 16 (V)** K Condon 4-9-13 ..... **W Lee**
4 (2) 310- **CAPITAL THEORY 288 (D)** H McGuigan 7-9-10 **P McGettigan (5)**
5 (9) 0-95 **CONCERT PARTY 16 (D)** D Hogan 4-9-8 **J Sheridan**
6 (1) 9412 **TIMANDI 21** J Barrett 4-9-8 ..... **L McAteer**
7 (3) -753 **AVEC GRAND PLAISIR 52** J Fahey 3-9-7. **R Whelan**
8 (16) 0008 **DARK SUMMIT 8** D Hogan 4-9-7 ..... **C Hayes**
9 (5) 806- **PRINCESS ROSIE 317** P Cluskey 3-9-7 **M De Souza-Wearen (10)**
10 (10) -008 **SHAY'S DREAM 16** J O'Brien 3-9-7 ... **D McMonagle**
11 (8) 3409 **CHOPSTICKS 24 (C)** J McConnell 6-9-6 **R Holohan (7)**
12 (13) 0-05 **EASTERN BLUE BIRD J13 (V)** P Fahy 5-9-6 **J Cleary (5)**
13 (7) 6108 **MISS AUSTRALIE 44** A McGuinness 5-9-6 .. **G Ryan**
14 (12) 9429 **BORORA AURA 12** M Mulvany 3-8-9 .... **W Joyce (3)**
15 (15) 9-50 **MULLACURRY MAID 27** D Kinsella 4-10-2 **RESERVE**
16 (6) 680- **MONEY SHUFFLER J84 (B★)** W Roper 6-10-2 **RESERVE**
Capital Theory ●99, Taj Crown 98, Timandi 97.
5-2 Timandi, 11-4 Taj Crown, 4 Shemiyka, 13-2 Glittering Gem, 8 Capital Theory, Avec Grand Plaisir, 20 Concert Party

6.00 FILLIES HANDICAP; winner €18,000; 1m 2f 100yds. (6 runners)
1 (2) 149- **ALICE MONET 313 (D)** D Weld 4-10-0 ..... **C Hayes**
2 (4) 4310 **CHICA GUERRERA 5 (D)** M Fahey 4-9-11 **R Holohan (7)**
3 (6) 2/0- **CORNELIENNE J203 (D)** J O'Brien 5-9-10 **D McMonagle**
4 (5) 2412 **SPANISH TEMPTRESS 22** R O'Brien 4-9-6 ... **W Lee**
5 (1) 0512 **THATWILLDOSO 4 (D)** K Coleman 5-8-10 .. **R Cleary**
6 (3) -305 **EASTERN PEACE 13** R O'Sullivan 4-8-7 **P McGettigan (5)**
Spanish Temptress ●99, Thatwilldoso 98, Chica Guerrera 97.
9-4 Thatwilldoso, 11-4 Spanish Temptress, 9-2 Eastern Peace, 5 Alice Monet, 7 Chica Guerrera, 8 Cornelienne

Sun FORM
ALICE MONET (8-10) 12-1 rear of mid-division, ridden 1f out, no impression final furlong, 9th of 13 (btn 13l) to Phantom Flight (9-10) (Dundalk 1m 3f Listed (1) €27,000 AW).
CHICA GUERRERA (9-0) 20-1 rear of mid-division, ridden 2f out, no impression, 14th of 18 (btn 9¼l) to Thread Of Gold (9-0) (Galway 1½m hcap €66,000 yielding to soft).
CORNELIENNE (10-4) 8-1 tracked leaders, pulled hard, ridden in 4th entering straight, weakened, 11th of 13 (btn 11l) to Bryant (9-4) (Dundalk 2m hcap €12,000 AW).
SPANISH TEMPTRESS (10-0) 10-1 prominent, ridden 1f out, no impression, kept on one pace, btn 1¾l by Saga Gaga (9-5) (9 ran) (Killarney 1m 3f hcap €14,400 good).
THATWILLDOSO (9-12) 13-2 tracked leaders, ridden 1f out, led final 100 yards, headed, btn nk by Sir Jeremy (9-1) (16 ran) (Galway 1½m hcap €10,800 yielding to soft).
EASTERN PEACE (8-4) 10-1 in rear, ridden and no impression 1f out, never a factor, 5th of 8 (btn 3¼l) to Dark Viper (9-2) (Leopardstown 1m 1f hcap €15,000 good).

6.30 MAIDEN AUCTION STAKES; 2-y-o; winner €15,000; 6f. (13 runners)
1 (9) 0 **CLOSED LOOP 14** S Davis 9-5 ..... **L McAteer**
2 (11) 0 **MATAVAI BAY 11** K Coleman 9-2 ..... **R Cleary**
3 (8) 08 **ELYATTA 36** N Meade 9-1 ..... **D McMonagle**
4 (5) **EMOTIONAL HEDGING** G Cromwell 9-1 .... **G Carroll**
5 (13) 7 **THE GREEN HELMET 25** A Slattery 9-1 ... **A Slattery**
6 (4) 58 **CLOUGHLEAGH BRIDGE 34** P Murphy 9-0 **R Whelan**
7 (10) 0 **CANDLE GLOW 25 (H)** K Condon 8-12. **R Holohan (7)**
8 (3) 67 **ROEILLAUN 12** N Meade 8-12 ..... **C Hayes**
9 (12) 244 **LADY PATRONA 42** J Harrington 8-10. **K Kennedy (5)**
10 (1) 0 **ARIZONANEARGALWAY 27** D Hogan 8-8 **M Sheridan (7)**
11 (6) 0768 **LUCY'S PROMISE 17** A McGuinness 8-8 **S Rutledge**
12 (2) **OUTSIDE SUN** K Smith 8-8 ..... **W Joyce (3)**
13 (7) 6 **TANGO CLUB 12** J Fahey 8-8 ..... **L Roche**
Tango Club ●99, Lady Patrona 98, The Green Helmet 97.
7-4 Lady Patrona, 7-2 The Green Helmet, 9-2 Tango Club, 13-2 Emotional Hedging, 10 Roeillaun, Lucy's Promise, 12 Candle Glow

7.00 NURSERY HANDICAP; 2-y-o; winner €7,200; 6f. (13 runners)
1 (11) 3761 **TATIANNA 19** J Halley 10-3 ..... **J Cleary (5)**
2 (1) 305 **HI CORBETT COURT 12** P Twomey 9-13 ..... **W Lee**
3 (4) 856 **TWO BRIGADE 33 (P★)** M O'Callaghan 9-12 **J Powell**
4 (5) 6969 **THE DRAMBLING MAN 17** K Coleman 9-7 **R Cleary**
5 (6) 000 **FINE LINE 8** D Hogan 9-6 ..... **J Sheridan**
6 (7) 600 **NO TIME FAULTS 12** K Coleman 9-6 ..... **L Roche**
7 (2) 4675 **WOODLAWN LILY 17** J Murtagh 9-5 **P McGettigan (5)**
8 (8) 5703 **MR MONTAUK 19** J O'Brien 9-2 ..... **D McMonagle**
9 (13) 988 **STELLAR PATH 17 (P★)** K Cotter 8-13 ..... **G Ryan**
10 (9) 700 **EXCHANGE STUDENT 14** J Stack 8-12 ... **A Slattery**
11 (3) 790 **BALLYMACKNEY 13 (B★)** N Meade 8-10 .. **C Hayes**
12 (10) 800 **LITTLEPACER 14** J Murtagh 8-9 ..... **J Maye (7)**
13 (12) 070 **SOPHIA ROYALE 47** A McIntyre 8-7. **R Mulligan (5)**
Tatianna ●99, Mr Montauk 98, Hi Corbett Court 97.
15-8 Tatianna, 3 Mr Montauk, 7-2 Hi Corbett Court, 8 Woodlawn Lily, 12 Two Brigade, 20 Exchange Student, Ballymackney

7.30 HANDICAP; 3-y-o; winner €6,000; 6f. (14 runners)
1 (13) 6000 **MAGNA KOTCHA 21** N Meade 10-2.. **D McMonagle**
2 (1) 8657 **APOTHIC RED 54 (V★)** T McCourt 10-1 ..... **J Ryan**
3 (4) 750- **QUINN'S CHARM 334** M Mulvany 9-13. **T Casey (7)**
4 (8) 5100 **UNFAMILIAR 3** K Smith 9-12 ..... **R Mulligan (5)**
5 (11) 0316 **GLEN BREEZE 11** P Magee 9-11 ..... **J Sheridan**
6 (14) 0046 **DUBAI OPULENCE 12** N Lupini 9-7 ..... **W Lee**
7 (3) 0-05 **COUNTERTOP 16** M Mulvany 9-6 ..... **W Joyce (3)**
8 (10) 3097 **JAMPA LING 12 (D)** K Cotter 9-6 ..... **P Harnett (5)**
9 (6) 0005 **THE LOVE MACHINE 47 (D)** S Davis 9-5 ..... **S Davis**
10 (9) 5708 **LUMINESSA 2 (V★)** J Davison 9-0 ..... **R Whearty**
11 (5) 0058 **SHE'S ON THE BALL 35** L Hourigan 9-0.. **R Colgan**
12 (7) 0539 **BEAU ARMY 11 (D)** A McGuinness 8-11 **R Holohan (7)**
13 (12) 9006 **WINDSOR LILY 25 (B)** J Murphy 8-11 ..... **G Carroll**
14 (2) 7700 **SAND ART 25 (B★)** K Coleman 8-10. **J Pietropaolo (7)**
Dubai Opulence ●99, Glen Breeze 98, Windsor Lily 96.
4 Glen Breeze, 9-2 Dubai Opulence, 8 Windsor Lily, She's On The Ball, Apothic Red, 10 Jampa Ling, Beau Army, 12 Unfamiliar

8.00 HANDICAP; 3-y-o; winner €7,200; 1m 5f. (11 runners)
1 (1) 3751 **CHICAGO MOON 23** H Bromhead 10-0 ..... **W Lee**
2 (8) 8594 **MARE CRISIUM 16** K Condon 9-11 ..... **M Popan (10)**
3 (6) 0881 **PRIVATE LARRY J19 (H)** A McIntyre 9-11 ..... **G Ryan**
4 (3) -447 **SONNY CORLEONE 24 (B★)** G Elliott 9-11 **C Hayes**
5 (11) 0409 **CASCADE CANYON 47 (P★)** K Coleman 9-9 **D McMonagle**
6 (7) -633 **QUEEN OF ASTOLAT 40** D Hogan 9-8 .. **J Sheridan**
7 (5) -060 **GREY INTENTIONS 68 (B★)** E & P Harty 9-5. **J Powell**
8 (4) 0-00 **ELLENS BAY 36** C Murphy 9-2 ..... **L McAteer**
9 (10) 500 **ELZAAM EXPRESS 61 (P★)** G Cromwell 8-9. **N Crosse**
10 (9) 0095 **CURIOUS JANE 16** C Murphy 8-7 ...... **R Mulligan (5)**
11 (2) 6625 **CANON LAW 12** B Duke 8-7 ..... **R Cleary**
Private Larry ●99, Chicago Moon 98, Mare Crisium 97.
7-4 Chicago Moon, 9-2 Private Larry, 6 Mare Crisium, 8 Canon Law, 10 Sonny Corleone, Curious Jane, 12 Queen Of Astolat

8.30 HANDICAP; winner €6,000; 1m 5f. (14 runners)
1 (7) 515- **CHARLIE BROW'N J181 (BF)** T O'Mara 6-10-2. **N Crosse**
2 (13) 0/01 **REFLECTIONIST 16 (D)** M Fahey 9-10-2.. **J Harnett (7)**
3 (17) 7037 **YOUNG CHURCHILL 21** R O'Brien 5-10-2 **A Grant (7)**
4 (4) 6-09 **GOD THE HIGHNESS 59** J Harrington 4-10-0 **D O'Sullivan (7)**
5 (9) 6286 **EASTERN WIND J22** T McCourt 7-9-10 **S Tormey (7)**
6 (3) 8057 **THINK ABOUT IT 86** T McGettigan 4-9-10 **R Holohan (7)**
7 (11) 3211 **DELUCA CHOP 46 (V;D)** S Duffy 7-9-8 **P McGettigan (5)**
8 (15) 4022 **WITHOUT LOVE 25 (BF)** C Hughes 4-9-8. **R Colgan**
9 (16) 9658 **MAXWELL SMART J24 (D)** T McCourt 5-9-6 **J Ryan**
10 (1) 7553 **MYSTIC ROSE 24** P Magee 4-9-6 ...... **R Mulligan (5)**
11 (5) 0/9- **WUNGUDI 273 (T★)** D Budds 5-9-6. **A Browne-Souza (7)**
12 (12) 0-08 **ANIGHTAWAY 128 (T★)** S Davis 5-9-4.. **J Dalton (7)**
13 (10) -005 **PIATRA NEAMT 79** S Duffy 5-9-1 ..... **N Burns (5)**
14 (6) 0-78 **PLUS OR MINUS J13** P Fahy 4-8-10 ...... **W Joyce (3)**
15 (8) 0009 **AUTOCRAT 16 (B)** P Sweeney 6-9-0 ..... **RESERVE**
16 (2) 8000 **KINGS GESTURE 16 (T★)** M Ryan 5-9-6. **RESERVE**
17 (14) 7-06 **PREPARATIONS 16** A Slattery 5-9-12 ..... **RESERVE**
Reflectionist ●99, Charlie Brow'n 98, Deluca Chop 97.
11-4 Reflectionist, 4 Without Love, Deluca Chop, 8 Young Churchill, Charlie Brow'n, 10 Mystic Rose, 12 Piatra Neamt

DOG TIPS AND RETURNS

SELECTIONS
■MONMORE: 11.03 Swift Jess (1-5-6) 11.19 Velvet Fernando (4-2-3) 11.36 Crafty Techno (nap) (5-4-3) 11.52 Aero Greatest (3-2-4) 12.09 Tommys Grace (3-6-2) 12.26 Bangon Erika (4-6-3) 12.42 Longrange Comet (nb) (1-5-6) 12.59 Bloos Ladysandra (5-6-1) 1.16 Sadele (6-1-4) 1.31 Magical Motion (1-4-3) 1.46 Vixons Vanilla (2-4-6) 2.04 Whyaye Dubai (5-3-1)
■NOTTINGHAM: 11.25 Fairest Point (nap) (5-1-3) 11.41 Coin Box (2-1-4) 11.58 Rockhouse Woody (2-5-6) 12.14 Vale Bluebell (nb) (1-6-5) 12.31 Basic Instinct (3-5-2) 12.48 Jades Catch (1-5-6) 1.06 Kelva Brie (1-6-3) 1.21 Sonic Reindeer (4-6-5) 1.36 Alwaysoptimistic (3-6-2) 1.52 Hotshot Molly (5-1-3) 2.09 Swift Lama (2-4-3)
■TOWCESTER: 11.14 Eagles Kraken (nap) (4-5-3) 11.30 Salacres Prodigy (4-5-6) 11.46 Stratton Girl (2-1-3) 12.03 Chelms Jacob (nb) (6-1-4) 12.20 Essex Abbie (6-4-1) 12.37 Ernie Webb Mate (1-5-6) 12.53 Salacres Pip (1-2-4) 1.11 Grayroy Duke (1-4-2) 1.26 Tolpuddleduchess (6-3-1) 1.41 Maireads Duchess (5-6-4) 1.58 Salacresgovernor (5-2-6) 2.14 Deerland Flyer (6-2-4)
■HOVE: 2.23 Hopes Candy (1-6-3) 2.41 Bonoandutoo (4-6-2) 3.01 Forever Tender (nap) (6-3-1) 3.19 Curtin Raiser (6-2-4) 3.38 Fastlane Blu (nb) (5-1-2) 3.57 Roanna Zara (1-2-5) 4.16 Bluestar Gunner (1-4-3) 4.34 Spot On Amethyst (1-3-2) 4.53 Ballymac Humilis (2-6-3) 5.12 Adamant Star (3-5-1) 5.31 Pawsome Bullet (1-6-4) 5.49 Droopys Prospect (3-4-2)

RETURNS
■SHEFFIELD: 11.01 Golden Lion 6-4f (6-3-1 BAGS F £4.79). 11.18 Dingle Bottom 9-2 (5-6-1 £23.07). 11.34 Gwladys Queen 6-4f (1-2-5 £10.09). 11.52 Russanda Bertha 5-2 (1-2-3 £26.18 TC £46.85). 12.09 Drumdoit Onana 8-11f (6-4-3 £3.32). 12.26 Priceless Juliet 7-2 (6-2-5 £14.17). 12.42 Windgap Frost 5-1 (5-6-1 £25.46). 12.59 Stormy Daisy 13-8 (3-1-4 £16.15). 1.17 Calgray Deva 6-4jt (3-2-4 £4.18). 1.33 Sunline Eabha 7-1 (6-1-3 £32.19). 1.51 Da Safety Net 9-4 (3-5-1 £7.52). 2.07 A Kiss For Luck 7-4 (1-2-3 £14.61).
■NEWCASTLE: 11.09 Canny Smiler 3-1 (3-2-1 BAGS F £28.80). 11.27 Alnwick Betty 6-1 (3-2-5 £33.48 TC £74.73). 11.43 Munoz Onthe Kop 15-8f (4-6-5 £8.72 TC £15.64). 12.01 Five Alley Luna 8-1 (3-5-4 £100.64 TC £204.41). 12.18 Eileens Larue 11-4f (4-2-3 £20.07 TC £56.32). 12.34 Santas Hurricane 5-6f (3-4-6 £3.12 TC £5.99). 12.51 Droopys Renee 3-1 (4-3-6 £16.04). 1.08 Ballymac Neems 8-1 (1-3-6 £33.56). 1.26 Proud One 9-2 (3-5-4 £9.44). 1.42 A Bit of Trudy 7-4f (3-5-1 £6.80). 1.59 Ballinderry Faye 5-4f (4-2-3 £11.80). 2.14 Coppice Sioux 7-2 (4-3-6 £16.55).